



Eastern Cycling Club Newsletter

Edition 9 March 2022

Rocco drive, the scene of many a failed dream and the odd excessive pint- played host to Saturday's extravaganza.

Plenty to enjoy in this newsletter- Cuddles from Corey, some Curry for Sam and good luck to the Mansfield Team.!

Your contributions are a critical part of the newsletter, so please send in your race reports, news, gossip and slander, no matter how brief (or accurate) to newsletter@easterncycling.com

ECC Covid Safety - Dale Walton

In undertaking a periodic review of the current ECC vaccination policy, the committee has voted to retain the requirement to be fully vaccinated to attend all ECC events.

No Vax No Race No Exemptions.

- Positive Covid test reporting – Members are requested to advise ECC if they or a family member tests positive to Covid-19. Private & confidential notification to Dale Walton by email at covidsafety@easterncycling.com
- Symptoms – DO NOT attend ECC events if feeling unwell or displaying any flu-like symptoms.
- Please respect that some members may or may not be as comfortable around large groups at this time, but still wish to race in a 'safe as possible environment', so please continue to social distance when not racing.



Safety Notice- Rob Lackey

Over the coming weeks, we will draft and communicate updated procedures on the pre-race procedures. This will relate to the Event and Traffic Marshalls along with the Race Referee. The emphasis will be on safety, setting up a safe race circuit, race start procedures and ending the race along with the circuit closure and pack-up.

It is likely that there will be some changes to the pre-determined arrival times for the Marshals on the day. Noting of course, like you, the people that are drafting these procedures are volunteers and are certainly aware of other commitments outside of the race day event.

It is important that we do update what we are doing now to ensure that we maintain a safe culture which is compliant with best practice and legal requirements.

In addition to the upcoming alterations to the pre-race procedures, the Traffic Marshals will have access to new industry standard High Vis Vests and flashing amber beacons for use. I will hopefully be at the next few races to take you through the new items as a Traffic Marshal.

As always, please let me know if you have any questions.

Stay safe and keep upright!





Rocco Drive Sun 13th Mar

The sun was shining, the beer was flowing, must be Munich in the Springtime? -No Rocco drive!
As the airlines say- an operational issue led to a delay in the start, but Steve Ross saved the day with a dash to collect the trailer.



Second	First	Third
Kevin King	Matthew Sherwin	Glenn Newnham



Second	First	Third
Angelo Gasparini	Corey Williams	Paul Firth





Second	First	Third
Andrew Buchanan	Walter Savini	Michael Lillycrapp



Second	First	Third
Keith Wade	Daniel Ives	Greg Harvey



Second	First	Third
Danielle van Tol	Alan Cunneen	Nick Hainal





B Grade Race Report- Corey Williams

After a long week of riding, I rocked up fairly cooked.

Which was not too bad. Given that the trailer hadn't arrived, so I was given an extra 30 minutes to recover before racing started.

Rocco always makes for a great day of racing.... Until the last 5 or 10 laps... At which at that point it becomes absolute garbage and possibly the worst track to race on, in history.

I considered riding in A Grade. But the absolute hiding I copped on Tuesday was still fresh in my mind. So I chucked myself in B Grade.

A few of the regular B Grade stars queued up outside the brewery.

Colin Blackley was heard muttering "I'll just sit at the back today and save energy". Which turned out to be a big fat lie.

Firthy downplayed his chances of a podium. But no one was really fooled.

Steve Ross said he was only in attendance for post-race frothies. But we all knew he was really just frothing for a second win for the week.

No more than 40 seconds into the ride, Mark Edwards dodgy Aliexpress inner tubes burst out the side of one of his wheels. But since we're all such great people, we let him have a long rest and sleep in his car before he fixed his wheel and jumped back into the bunch.

At 8mins 43seconds in..... I'm thinking I should've taken the day off. Colin's attempted 8 breakaways already, my KFC diet is failing me, and the hill just appears to keep getting longer and longer. But, I hung on. Because my other option to racing was going home and looking after my kids. And to be honest, I'd rather do 200 laps up the hill at Rocco Drive.

Almost everyone in the bunch had a dip at a cheeky breakaway. With a couple almost being successful. Craig Oliver put in some massive efforts to tame anyone thinking about getting away on the front.

Running into the last 10 minutes, Northern superstar Angelo Gasparini starts blasting around the track, sending that 50kg frame up the hill like a monster.

There were plenty of tired faces. Darren Woolhouse was putting in his best work to win the academy award for his 'tired rider' performance for the second half of the race.





Running into the last lap, Gasparini hit the GASSSSSSSSSS. And for whatever reason, no one else expected it. I jumped on his wheel and let him tow me around for half a lap. Coming down the hill, he proposed we work together to get to the finish line. I obliged and towed him around the rest of the way.

But..... If he wanted to..... He could've smoked me on the hill. But he was an absolute lad and kept his word.

Chalked up another sneaky Rocco win in the absence of Perry.

So all-in-all was pretty happy with how the cards fell.

And the cuddles afterwards were superb.

C Grade Race Report- Sam Curry

"That was harder than the Melbourne to Warrnambool" cried Matt Sherwin following his win in A grade. Having watched many a "Melbourne to Warny" from my lounge room it was hard to disagree 😊

Riders had the choice of an extended warm as proceedings were delayed 30min to wait for the club van to arrive due to a communication mix up.

Once we assembled outside the Beach Hut for race briefing and being preoccupied entertaining my son I missed a vital point of communication that would prove my race undoing. Riders were allowed to pass higher grades given the wide stretch of road that the 950m course provides.

After another frustrating slow start I put the hammer down to get things going. No one seemed much interested in taking up the slack, so I pressed on with plans to back off after 20min. Slowing into the left hand turn after the decent B grade went past and so did a bunch of C graders.

Expecting those who had made a gap to slow up and allow B grade some tarmac ahead I was gravely mistaken as a group of five C grader and a big B grade bunch traded the lead for the next few laps. I tried desperately to close the gap, but it was futile. Nic Panou feeling the effects of his win at Metec earlier in the week pulled off and when I caught up to Peter Webb he decided his day was done too.

David Brown pulled up to me to provide some company for a few laps but he also threw in the white flag as those that had spent too many pennies early were coming off like nine pins despite there being a long long way to go.

Matt Sherwin lapped past again having dropped some quality riders as he chased Chris Hughson course record en route to a win in A grade. Stephen Barnard was doing his fair share of the work at the front in an effort to get on the C grade podium but it was not to be as Walter Savini, Andrew Buchanan and Michael Lilycrapp went one, two and three.

A large contingent stayed on at the Beach Hut and enjoyed post race nibbles and drinks.





Tuesday Summer Series- 15th March

The Croydon Works Summer series is drawing to a close and the leader board look solid for 1 and 2, but the gaps between the rest are narrow.

 www.croydoncycleworks.com.au				Ttl	Avg	Ent	
				Pts	Pts	Races	
Kickr Core	\$1,249	1		110	6.9	16	Daniel Bishop
CCW Kit	\$350	2		76	4.8	16	Jean-Philippe Leclercq
Shimano RC5	\$250	3		69	4.9	14	Peter Ransome
100% Sunglasses	\$220	4		67	4.5	15	Corey Williams
Pirelli Tyre Pack	\$200	5		62	4.8	13	Perry Peters
CCW Free Service	\$150	6		58	3.9	15	Leigh Johansen
Muc-off cleaning pack	\$100	7		57	4.4	13	David Brown
Road Tube Pack	\$60	8		54	3.4	16	Dean Niclasen
CCW Gift Voucher	\$50	9		53	3.5	15	Max Kornhofer
CCW Gift Voucher	\$25	10		52	3.1	17	Anthony Cox





Second	First	Third
Max Kornhofer	Daniel Bishop	Jean-Philippe Leclercq

Eastern Cycling Club

Croydon Cycle Works Summer Series Crits at METEC

Tuesday, March 15, 2022

A

A GRADE



Second	First	Third
Craig Stannard	Colin Blackley	Perry Peters

Eastern Cycling Club

Croydon Cycle Works Summer Series Crits at METEC

Tuesday, March 15, 2022

B

B GRADE



Second	First	Third
Kieran Lewis	Haydn Chapman	Peter Ransome

Eastern Cycling Club

Croydon Cycle Works Summer Series Crits at METEC

Tuesday, March 15, 2022

C

C GRADE



Second	First	Third
Neil Cartledge	John C Wilson	#N/A

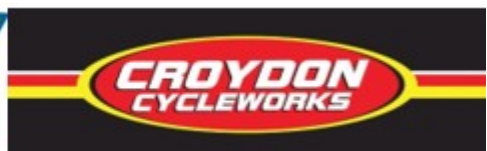
Eastern Cycling Club

Croydon Cycle Works Summer Series Crits at METEC

Tuesday, March 15, 2022

E

E GRADE





Wednesday at the Loop- 16th March

Wednesday at the Loop -results

<table><tr><th>A</th><th>A GRADE</th><th></th><th></th></tr><tr><td></td><td>Iain Clark</td><td>NCI</td><td>1</td></tr><tr><td></td><td>Clark Livingston</td><td>Unk</td><td>2</td></tr><tr><td></td><td>Fraser Short</td><td>Unk</td><td>3</td></tr></table>	A	A GRADE				Iain Clark	NCI	1		Clark Livingston	Unk	2		Fraser Short	Unk	3	<table><tr><th>B</th><th>B GRADE</th><th></th><th></th></tr><tr><td></td><td>Ross Clark</td><td>ECC</td><td>1</td></tr><tr><td></td><td>Michael Hartman</td><td>NCI</td><td>2</td></tr><tr><td></td><td>Tom McDonough</td><td>NCI</td><td>3</td></tr></table>	B	B GRADE				Ross Clark	ECC	1		Michael Hartman	NCI	2		Tom McDonough	NCI	3				
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Future events

The 2021 Mansfield Hotel Tour



Good luck to all the Eastern Riders competing in the **Mansfield Tour** on the weekend.

Paula McGovern, Kym Petersen and Ivana Cichelli.

A bit of Local Knowledge

If you want to catch Robbie McEwan (and many others) try GCN Plus.

The App is terrible to navigate, but the coverage is good

GCN+ Subscription Race Pass costs **\$USD8.99/month or \$USD49.99 annually**

One Month until Paris Roubaix! Nine Months until Tour Down Under!

