astern Cycling Club

Duty Roster

Saturday 27 November Club Championships Road Race Yarra Glen 2:00 pm

Tony Curulli (R), Glenn Newnham (F), Hylton Preece (TC), Rob Lackey (TC), Damien O'Hara, Peter Ransome, Phillip Johns, Paul James, Andreas Weber, Jason McCoy, Alex Randall, Anthony Gullace.

Saturday 04 December ECC Graded Scratch Races Casey Fields 2:00 pm John Thomson (R), Tim Crowe, Corey Williams.

If rostered for duty, you must be there at least 1 hour prior to start time. If unable to do your duty, it's your responsibility to find a replacement, then advise Justin van Tol: <u>mincka82@gmail.com</u> Editor: Peter Morris

pmoz@ozemail.com.au



The Dave Ryan Memorial Race was run and won decisively by ECC. An excellent turnout saw 72 riders from Eastern and Northern thrash it out in honour of a beloved member and friend to both clubs. Some excellent photos were taken on the day by Mark Edwards and Pat Ruys. These can be viewed here: <u>Pat's Pix</u> and here: <u>Mark's Pix</u>.



Mad Sec getting serious

Photo: Mark Edwards

This Weekend is the ECC Club Championship Road Race at Yarra Glen. Racing starts at 2:00 pm.



Dunlop Rd, Dave Ryan Memorial Race, 20 November

| Grade | 1st | 2nd | 3 rd | 4 th | 5 th |
|--------------|-----------|--------------|-----------------|-----------------|-----------------|
| A Grade (10) | R Newnham | S Bone | JP Leclercq | - | - |
| B Grade (22) | M Clarke | P Peters | C Williams | M Edele | D Rooke |
| C Grade (24) | D Tune | J Short | D O'Hara | A Weber | - |
| D Grade (10) | J McCoy | N Williamson | M Deans | G Harvey | P Taylor |
| E Grade (6) | P Johns | D Drew | D van Tol | - | - |

B-Grade

By Corey Williams

This week's B Grade was, again, action packed. With many of the regular superstars having a fresh shave of the legs to find a couple of extra watts, in the hope of etching their name on the prestigious Dave Ryan Memorial trophy.

Northern submitted their star sprinter to do another number on the Eastern gang. But a Nick Nomikos is just an Aliexpress version of a Matty Clarke. And we had one of them.

We saw a few nervous cats playing games at the front of the bunch for the first 15 or 20. But the strength of Craig Stannard eliminated any chance of a northern breakaway forming. Meanwhile Perry Peters, Craig Oliver and myself proceeded to sit mid bunch and do almost nothing for about 50 minutes. Mighty Matty Clarke hit the front for a little breakaway of his own at the 20 minute mark, which I wasn't happy with. I was happy chillin and chatting mid-bunch at like, 70 watts. I didn't need that in my life, thanks Matty. And just as we reeled Matt in, Colin Blackley had a dip and almost rode out of sight. He's got a tasty line of form at the moment. Smashing all the younger lads down at Carnegie Crits of a Tuesday.

The bunch tightened back up towards the end of the race with a few northern lads getting a bit vocal and excited around the front. As the race got towards the final laps, the usual suspects all suddenly appeared in the middle of the bunch, licking their lips for a bit of bell lap action.

Paul Webster stalked Nick Nomikos around the track like a crazy ex-girlfriend, for the entire hour (which was helpful, thanks mate). Coming up to the bell lap, a few weaker Northern riders tried to make their way to the front. But they were more or less just fodder, for the sprint gang sitting in the middle of the pack.

Running into the home straight, there wasn't heaps of movement. Just the aggressive clicking of rear derailleurs.

We all sat and waited for someone to move. Matt Clarke, Perry and myself decided to wind up, 150m from home.

Unfortunately, I lost my pedal and my chain with 100m to go, as the 2 Eastern Stars took charge and sailed away. But..... I managed to





find my pedal, get my chain back on and finish. And because the Northern Sprinters were looking a bit soft, I figured I'd have another dip and regained a spot on the podium anyway.

We ended up with an Eastern 1-2-3, which was a killer result.

And disappointing the Northern, who in the end, couldn't beat a bloke without a chain, to get a single spot on the podium.

There were a few excuses and disappointed faces from the lads at Northern after the race. But I think we can all assume; they'll be dropping a few riders down from A-Grade for our next interclub event. haha

Thanks to all the legends who put in the hard work and chased all the breakaways to give us a podium clean sweep! And specifically, to Craig Oliver who did some real sketchy sh*t on the last corner to get in the middle of a Northern sprint lead out.

B-Grade

By Rob Suter

We had the numbers, coz' it was a Saturday afternoon.

We had Walter, resplendent in Dave Ryan tribute colours.

We had the diesels: read Big Steve and Big Craig.

We had the terriers, worrying the hell out of the northerners (read said Steve and Craig, lesser Craig, and assorted others).

We had the lead-out train: read Big Steve.

And we had the 'finisseurs' in Perry, Paul and Merry (not in that order, but 1, 2 & 3, nonetheless; and apologies to the American folk trio of the sixties, and the gentlemen who did the job!) What I didn't understand was the willingness to close gaps into the wind in the finishing straight at 45kmh, when the back straight was a more cruisey trip, often at 35, with a tail wind???

C-Grade

By Sam Curry

One of the goals for summer is to get to as many courses I can which I haven't yet raced. What goes with the territory is that its always your first time on what route to drive there, where to park and where to find the registration tent.

Leaving myself plenty of time before the 3pm scheduled start time it was a case of what could go wrong did go wrong. I won't depress you with the details but just when I thought I had pulled a rabbit out of a hat to get to the start line I realised I had yet to pin my bib on nor place my blue cap on my helmet. C grade off without me while I still was getting organised.

Joining in on the second lap it appeared we would face a headwind on the front straight and that largely dictated proceedings. A couple of attacks off the front but nothing stuck until almost half way a group of seven formed and the group had split. I used a Northern rider to jump across which had the effect of pulling everyone behind us. The front group eased up on the front straight and it was one big bunch again.

Nearing the finish, you could feel the fatigue in the peloton and, not being a sprinter, I took a couple of laps at the front in hope that some riders would gamble on letting me go in the hope I wouldn't stay away. Not to be as each club nullified attacks and it would be a sprint again.





They rang the bell for the last lap and the pace quickened as we made the left hand turn up the small rise. Nearing the end of the back straight a lot of riders, content with their days work, let those whom thought they were a chance to fight it out. I got stuck on the inside behind Damien O'Hara who was moving well as was Dean Tune on the far right. With 200m till the finish we began to move through the field as Dean took line honours and Damien was third. 45km/hr + into a head wind was not too shabby.

The hospitality at Slicks after the race was the perfect warm down and it was good to chat to a few riders on their summations post-race.

Thanks to all the officials for making the day possible and a shout out to Peter Webb who had minor surgery only the Thursday before but still raced.

C-Grade

By Damien O'Hara

It was a cracking day for a race. The sun was out. There were more than twenty riders in Cgrade, with a few looking strong and confident. This would be my first race after lock-down, first time racing on the Dunlop Rd course and so, lots of butterflies.

The race started without much fanfare, and no warm-up lap. The first 15 minutes were calm, and orderly. The pace was consistent, and riders cruising around in a happy bunch. I needed a long warm up, and happy to sit at the back, and remember how to ride safely. After 30 minutes, things became interesting. Northern broke away, along with a few Eastern riders, and stayed ahead. A small bunch of Eastern riders took chase including myself, and John Short from Northern, and rolled a few turns, slowly dragging the breakaway riders back to the bunch. The solitary female rider (Raelene) was strong. She headed the bunch for much of the last half of the race, with the occasional breakaway that didn't last.

Riders were buffeted from the wind along the course. The two legs leading to the finish line were gusty and encouraged everyone to bunch up and take shelter. The back leg of the course was protected and allowed riders to attempt breakaways. As we approached the fifty-minute mark, everyone settled down. Riders were back in a bunch and pacing themselves for a big finish. Dean Tune had been lurking near the front for a while and looked dangerous. I sat behind Franc Tomsic who was cruising with the noisiest rear hub.

The final lap was called, and heartrates quickened. The second last leg saw all the riders bunch up again, and I found myself midpack. Raelene was again out in front. Rounding the final corner, everyone tucked in low and stayed tight. I found myself behind Andreas Weber, which was fortunate. He ploughed through the pack, leaving a wide wake. Raelene remained in front. I followed Andreas' line, and we were close to the front. Andreas found a gap, and darted to the right of a lead rider, I looked to follow, and saw a huge hole on the left. At that point, I decided to have a crack. I moved left, saw a clear path ahead, protected from the wind. A few strong turns, and I passed Raelene, and looked like I might win this. On my right, Dean and John Short showed perfect timing, powering to the front, and kept going. I got out of the saddle, attempting a strong finish but didn't have anything. Northern showed leadership and strength throughout the race. It was fast (for me) with





an average of 36.6 kph, and a peak of 53 kph. A solid victory for Dean, and John.

Thanks to Eastern and Northern for coming together for the Dave Ryan Memorial race, a

timely reminder for me to complete the bowel cancer test.

METEC, CCW Summer Series, 23 November

| Grade | 1st | 2nd | 3 rd | 4 th |
|--------------|-------------|------------|-----------------|-----------------|
| A Grade (13) | D Bishop | R Abel | A Adams | JP Leclercq |
| B Grade (11) | M Sontag | C Williams | T Maffey | - |
| C Grade (17) | L Johansen | D O'Hara | D Brown | S Curry |
| D Grade (7) | P Brann | G Harvey | K Bone | - |
| E Grade (2) | N Cartledge | E Smith | - | - |

Wednesday criterium at the Loop, Yarra Boulevard, 24 November

| Grade | 1st | 2nd | 3 rd | 4 th |
|--------------|-----------|-----------|-----------------|-----------------|
| A Grade (6) | R Newnham | A Adams | P Southey | - |
| B Grade (11) | D Rooke | D Walton | R Clark | - |
| C Grade (13) | R Suran | L Venn | A Weber | - |
| D Grade (5) | P Curtis | K Gigante | M Armour | - |





News etc.

Downed Riders

It has been a bad couple of weeks for Eastern Riders. Currently we have Steve Ross and Franc Tomsic warming beds at the Alfred after coming croppers on training rides. Heal quick gents and hopefully we'll see you back in the bunch soon. Meanwhile, may the rest of us stay safe when out and about, so as we don't end up occupying more highly sort-after real estate at our ED's.







Advertise your Business

Have you a business? Would you like to dramatically increase your marketing for free? If so, this is for you. ECC is starting a members business directory in the newsletter. Send in your business details with maybe a short description of your services and we'll get you awesome exposure within our cycling community. At this stage the format is flexible. Maybe a scan of a business card, a preformatted ad or just text and a logo.

*******Call for Traffic Controllers******

We need more traffic controllers to run open road races. Without TCs we can not safely and legally race on open roads. If you are interested in completing a TC course please contact Andrew Buchanan <u>tiptop2@optusnet.com.au</u>

EntryBoss – Reminder for Members

This is a reminder for clubs using EntryBoss – please make sure members are changing their Membership details from any previous legacy membership number (that is not in use). To their AusCycling (AC) membership number. If a member is having trouble changing their details in EntryBoss they can contact support@entryboss.cc

Members can find their membership number:

In their confirmation email on the top right hand side.

Once a member downloads their digital membership cards.





Croydon Cycleworks Summer Series

Here's the prize list. Thanks Dave and CCW for your generous support!

| | CROYDC | |
|------|-------------------------|---------|
| | Summer Series Prize L | .ist |
| 1st | Kickr Core | \$1,249 |
| 2nd | CCW kit | \$350 |
| 3rd | Shimano RC5 | \$250 |
| 4th | 100% Sunglasses | \$220 |
| 5th | Pirelli Tyre Pack | \$200 |
| 6th | CCW Free Service | \$150 |
| 7th | Muc-off cleaning pack | \$100 |
| 8th | Road Tube Pack | \$60 |
| 9th | CCW Gift Voucher | \$50 |
| 10th | CCW Gift Voucher | \$25 |
| 10th | CCW Gift Voucher | |





ECC YouTube Channel

Thanks to Mark Edwards, your club now has a YouTube channel. We are looking for usable footage from members to upload, on or off the bike, old or new.

- * Please subscribe, we need 100 subscribers to get our own channel name
- * Channel link is: <u>voutube.com/channel/UCaBg6iyx_22APIW3tiEG_BQ</u>
- * Looking for volunteers to help Mark Edwards, to create some member videos for keepsake

Future events

Eastern CC events

Please refer to page 1 of this newsletter, or go to https://easterncycling.com/event-calendar/

Note: Graded scratch race entries are accepted ahead of time on Entry Boss <u>https://entryboss.cc/calendar/ecc</u>. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap *must* pay the entry fee regardless of whether they participate. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

Wednesday racing at the Teardrop/Loop is still cash on the day with registration closing at 10:00 am and a start time of 10:15 am. Cost is \$4 in coins or a \$5 note. No change is offered due to ECC Covid-Safe procedures.

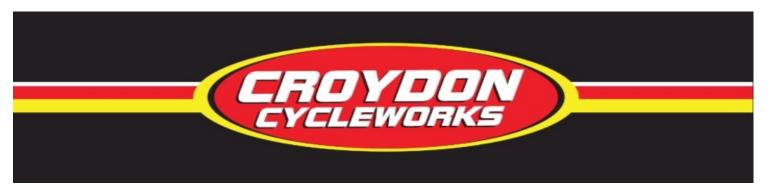
Northern CC events

For details, go to <u>northerncycling.com.au</u>. Please note that Northern road races start at 10 am on Sunday; start time for criterium races at National Boulevard is 9 am.





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