

22 May 2021

Eastern Cycling Club

Newsletter

Duty Roster

Saturday 29 May
Toughen Up Series, Race 4,
Gruyere, **Cancelled**

Saturday 05 June
GSR, Casey Fields, 2:00 pm
Susan Williams (R), Graham
Nicolson, Daniel Hulbert

*If rostered for duty, you must be there
at least 1 hour prior to start time. If
unable to do your duty, it's your
responsibility to find a replacement,
then advise Andrew Buchanan.
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Approximately 90 riders fronted up at Yarra Glen for the third race of the Toybricks Toughen Up Series and excellent conditions saw some spirited battles throughout the five grades. This course is hilly enough for the whippets to strut their stuff but just flat enough to make it difficult for them to shake all the sprinters. ECC played host to many riders from other clubs, all of which appeared to enjoy the day. Photos can be viewed or downloaded [Here](#)

Due to the latest Covid19 outbreak **racing at Gruyere this weekend is Cancelled**. When racing resumes Covid protocols will be strictly adhered to. See Dale Walton's message below in the News Section regarding spectators and QR Codes.



No complaints about the weather this week at Race 3, Toybricks Toughen Up Series..

Yarra Glen, Kermese, 22 May

Grade	1st	2nd	3 rd
A Grade (21)	Jay Philpotts (Port Fairy)	Trevor Wood (Haw)	Alan Adams
B Grade (18)	Paul Webster	Paul Firth	Peter Dean
C Grade (22)	Kym Petersen	Andre Weber	Dean Tune
D Grade (21)	Tony Renehan	Justin Van Tol	Peter Brann
E Grade (9)	Robyn Baker	Danielle Van Tol	Keth Simpson

A-Grade

By Andrew Hull

I thought Alan Adams' race report (from the podium) on the day was excellent. Here is what I know for A grade from the post-ride debrief.

With the headwind climb, the opening laps were pretty subdued with a few digs but nobody committing enough to split the field. On lap 5 or 6, Stefan Filonzi (Peak Racing) went **BANG** up the climb, Mark Adams (Cycle House) followed this move and initiated the first key split of the day with 7 riders away. Photo 1 attached.

With about 3 laps to go, Trevor Wood and Jay Phillpotts got away from the break of 7 and Alan Adams was able to bridge across on the climb. With teammates of Trevor and Jay in the chase group happy to leave them up the road, the winning break of 3 was away. Trevor Wood launched early in the tailwind sprint but Jay Phillpotts was able to get over him for the win.

The chase group was caught by the main bunch just before the final kick to make the

sprint for 4th interesting with Mark Adams taking it.

Whatever the outcome, you can't beat riding in summer kit bathed in sunshine around Yarra Glen on a Saturday afternoon with mates. Thanks so much to ECC for having us. Awesome afternoon.



Mark Adams (Cycle House) follows the move to form the first break of the day in A Grade.

A-Grade

By Mark Adams





Strong group of 22 starters in A grade, a few small teams included (three from Cycle House, two from Peaks Cycles). Stefan Filonzi and Mark Adams initiated the main breakaway up the climb on lap 6. That became a group of 7 riders. Trevor Wood and Jay Philpotts pushed off the front of the break with about 3 laps to go. Then Alan Adams bridged across. That left Stef, Mark, Glenn Newnham, another of Jay's Croydon teammates racing for 4th. In the end Jay got across first ahead of Woody and then Alan.

Our second bunch was messing around in the last couple of laps, assuming we had the rest of the bunch covered, but they caught us by surprise on the final straight. Thankfully as they caught on we started our sprint, with Mark being too strong for the rest, and poor Stef ending up mowing some grass on the side of the road trying to avoid Glenn's rear wheel. It was another great event for the 4 race Toughen Up series.

Thanks Eastern Cycling Club for hosting!



A Grade Sprint

Photo: P Morris

B-Grade

By Nick Tapp

Tough is right. Though, unlike the previous week at Jindivick, which was epic, it was a beautiful day, which brought out 90 riders – our biggest turnout in ages. The hills, and the calibre of A grade, sent several regular A-graders to the handicapper to plead, successfully, for a green hat. (Think I might ask for a blue one next week.) Plus there were several strong visitors again. And then the usual strong B-graders! All the patience in the world might not be enough today.

Thanks in part to the sizeable A grade contingent (Rob, Steve, Gooch, Cav) the pace was consistent and solid. Strava tells a story. A PR for 1 lap (7:09 on lap 10) and only one lap slower than 8:00 (usually in B grade several, sometimes nearly all, are over 8:00). A PR for the descent of King St (1:04) and only one slower than 1:15. PRs are blowing in the wind, often, but the consistency struck me.

No breaks got away. With all those extra watts in the group, and the long descent on King St always favouring the chase, a little guy wasn't likely to escape. There were solid efforts on the front that might have been an attack. I got up the road once with Anthony Gullace, and once with Rob Amos, but more just to make sure I was there if a break did form. Which it didn't.

Through attrition, 18 starters came down to maybe a dozen at the bell. It was on from the bottom corner, and I had to sprint from much further out than I wanted. Paul Webster gave a shout as he went past on the tail of Peter Dean, who won at Gruyere and who Paul had been marking all day. Paul Firth responded. I was on his wheel and went hard too, but it was way too far out for me. In the end it was





Webster, Firth, Dean across the line, then Phil Cavaleri and someone else, and I rolled in for (I think) 6th.

Well done, Paul W, and thanks for depositing me near the front late in proceedings. Well done, Paul F – now sitting on top of the TU table, and deservedly so.

One more race in the series, back at Gruyere next week. Hoping the weather gods and the pandemic demons look the other way.



Nick leans it into the bottom corner

Photo: P Morris

C-Grade

By Peter Webb

What a perfect day for racing, relatively warm, light northerly wind and sunshine. With about 23 starters in C grade it was going to be very interesting on the opening laps. Yarra Glen doesn't favour the climbers or the sprinters, sure the climbers can go up the hill but the bigger people can easily catch up down the hill and around the corner. With the North wind being in your face as we went up the hill it was decided by me to try and sit in behind anyone who wanted to be near the front. This was a good ploy as I was able to jump on any

attacks up the hill and get a bit of a tow behind the big boys down the hill. Rob Sutter was looking after me up the hill by riding a little out to the right and I could sit just to the left and behind him (thanks Rob). There were a few attacks, notably Paul Anderson, Dave McCormack and Tim Crowe. Thank goodness the lap counters who were Peter Howard assisted by Tony Curulli, got it right and the bell rang at the start of the ninth lap. As we went up the hill for the last time all those that were still in with a chance moved forward. Kym, Veronica and Kirsty looked comfortable, in all there was about 13 of us left as we headed down King St. I noticed that Andre Weber had made it up the hill and given that he is a prodigious sprinter I slotted onto his wheel. We turned onto the finish straight and the pace increased, John Williams had made his move down the hill and was well positioned, Kym was a bit boxed in and Andre was just waiting. As we got to the business end Veronica gave up and Kirsty was on the outside and slowing. Andre took advantage of that gap and we moved up a few places, John Williams moved a bit to take the lead, this let Kym out and she took full advantage. Andre started to accelerate and he was too quick for me. He was catching Kym quickly but she managed to keep in front of him all the way to the line and Dean Tune rolled in for a well deserved third place. Thanks to everyone for a great day's racing.





Webby looking the goods

Photo: P Morris

Wednesday GSR, Teardrop Criterium Track, 26 May

Grade	1 st	2 nd	3 rd
A Grade (8)	Mark Adams (HawCC)	Matthew Shewin (CCCC)	Mark Seddon
B Grade (10)	Grant Farr	David Rooke (NC)	Val Usatoff (CCCC)
C Grade (2)	Doug Reynolds	Geoff Forbes (Unk)	N/A
D Grade (2)	Kerry Gigante (BruCC)	Peter Shanahan	N/A
E Grade (1)	N/A	N/A	N/A

News etc.

Covid Protocols. Message from your Covid Officer

Spectators & Covid-19. Members are reminded that it is the clubs intention to discourage spectators from attending race meets wherever possible in particular when locally acquired cases of Covid-19 are being reported. If you do require spectators to attend, please ensure they use the QR Code provided, or have their details recorded at the race entry desk.





Doug Page

The editor received an email from Doug during the week:

“Altitude Training Camp. Well actually it's Low Altitude Training camp. Started in Perth and now about 1,100 Km into our 2600 Km ride heading to Adelaide and the pic tells the rest of the story.

See you next month”.



Well at least he won't be scraping pedals for a while. Good luck and stay safe Doug!

Covid Safe QR Code

We now have a QR Code that needs to be scanned by all non-riding attendees/spectators on race days. Riders entered for race do not need to scan.

Rostering

It seems all clubs have experienced reduced membership in recent years. This means that we churn through the duty roster faster. In past years a member would be rostered for marshalling maybe twice a year. This year, for us to hold a full winter road season, your rostered duty is more likely to come up every four months or so. It is important that we all fulfill our duty obligations, or arrange a replacement if you cannot (see procedure below). The frequency of duty for our traffic controllers and referees is even greater, so spare a thought for them.





Duty Roster

A friendly reminder to all club members. If, for some reason you are unable to fulfil your roster responsibilities, it is your responsibility to find a replacement marshal to swap with AND then notify the duty co-ordinator (Andrew Buchanan) preferably within 72 hours of your scheduled duty. If members need the phone number of a potential swap, contact Andrew Buchanan.

Call for Additional Race Day Facilitators

The role involves directing the marshals to their pre-determined (road course) locations 1 hour prior to the race. With this role you can still race on the day. Contact the duty co-ordinator (Andrew Buchanan) if interested in helping.

Future events

Eastern CC events

Please refer to page 1 of this newsletter, or go to <https://easterncycling.com/event-calendar/>

Note: Graded scratch race entries are accepted ahead of time on Entry Boss

<https://entryboss.cc/calendar/ecc>. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap *must* pay the entry fee regardless of whether they participate. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

Wednesday racing at the Teardrop/Loop is still cash on the day with registration closing at 10:00 am and a start time of 10:15 am. Cost is \$4 in coins or a \$5 note. No change is offered due to ECC Covid-Safe procedures.

Northern CC events

For details, go to northerncycling.com.au. Please note that Northern road races start at 10 am on Sunday; start time for criterium races at National Boulevard is 9 am.





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