astern Cycling Club

Duty Roster

Saturday 01 May ECC Womens Grand Prix, Casey Fields,10:00 am with GSR following at 2:00 pm Morning: John Williams (R), Peter Shanahan, Justin Van Tol Afternoon: Andrew Buchanan (R), Hadyn Chapman, Alan Cunneen

Saturday 08 May

Greyere, Kermesse 1:30 pm Mark Edwards (R), Neil Cartledge (TC), Rob Lackey (TC), Max Michelson (TC), Jason McCoy, Paul Webster, Rob Birch, Phil Taylor, Shane Dwyer, Keith Wade Trevor Rim.

If rostered for duty, you must be there at least 1 hour prior to start time. If unable to do your duty, it's your responsibility to find a replacement, then advise Andrew Buchanan. tiptop2@optusnet.com.au

Editor: Peter Morris pmoz@ozemail.com.au



Last weekend was highlighted by another rain affected Dunlop Road, and Northern's Benghazi Handicap on Anzac Day. Saturday saw the early starters escape the Dunlop Deluge, however not so for the others with a shortened, greasy finish for those who persisted. The saving grace was the presentations and refreshments at the new Slicks Burger Bar which is within a quick dash from the start/finish line. Mark and Steve captured the day's action and photos can be found here: <u>Dunlop Photos</u>

Five Eastern riders made their way out to Lancefield to contest the Benghazi, with four of them raiding the Northern Coffers. See below for John Williams (sub edited by Kym Petersen) and Alison Skene's reports.

This Saturday is the Women's GP at Casey, followed by a GSR for all.



A grade presentation at Slicks, Glenn, Russ and Kev.

Photo: Mark Edwards



Dunlop Rd, GSR, 24 April

Grade	1st	2nd	3 rd
A Grade (16)	Glenn Newnham	Russel Newnham	Kevin King
B Grade (23)	Colin Blackley	Paul Webster	Brendan Wain
C Grade (19)	Franc Tomsic	Dave Brown	Andre Weber
D Grade (14)	Chris Norbury	Justin Van Tol	Ken Bone
E Grade (3)	Harry Hibgame	Danielle Van Tol	John Wilson
F Grade (3)	John Eddy	Neil Cartledge	-

B Grade

By Craig Stannard

It's good to be back! After my little incident way back in January I couldn't believe how much I was looking forward to getting back into the racing again. Cleared by the Orthopedist, & the wife, to return to racing and I enter early on Entry Boss and can see there are only about 8 other riders entered by late in the week, suits me better. Turn up at the start and there are now 23 riders. That's going to make it hard for me! See a few new faces, lots of ex 'A' graders (you know who you are!) & the rest of us lowly ex 'C' graders. We all start off smoothly and the pace picks up nicely. All the usual suspects are out the front doing big turns and attacks (Walter, the two Paul's, Doug P, Ross C, Darren W, Colin B the KOS dude, to name a few.) I try a few myself and also, try to jump on a few to cause a break, but with a big bunch nobody is going to get away that easily and they only last for half a lap. A few cars that don't know how to park outside the Shoe Sale factory and a semi-trailer reversing into another factory up the top add some interest to the middle of the race. Last lap and I try one last time on the back straight to try and catch a bit of indecision from the bunch, but no one is letting that happen. On to the top straight, everyone is back on and I

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CYCLING CLUB

get out of the way to let all 22 pesky sprinters pass on by and I cruise on over the line in last place, but with a smile. It's good to be back! 1st Colin Blackley, 2nd Paul Webster, 3rd Ross Clark

Thanks again to everyone in the club for their support over the last three months (all the help on the night - phone calls – text & Facebook messages - the get-well card - offers of spare trainers, etc.) really appreciated everything, and it also really impressed the wife as well on what a great club ECC is!

One last thing, make sure you have ambulance cover, as without it, a trip from Sandown to the Alfred would have cost me \$1245!!



Craig Stannard, assuming the position. Welcome Back! Photo: Steve Ross



By Steve White

The two main reasons for joining Eastern are: Mark Edwards Race reports and Waffle Fries (not necessarily in that order).

So, when the Godfather pushed his fries aside and looked around the table to say- "you blokes better write some race reports". I wasn't sure if that was a subtle request, or if I could expect to find a horse's head under my doona...

Dunlop road -B Grade- Forecast- Rain.

The racing was played out in the usual format. Straight, left, straight, left. Paul F on the front for most of the race (except the last 50m, Paul W on the back- except the last 50m)

Straight, left, straight, left. A big bunch of 20 plus in B. I felt ok, but still returning to form after a flat spot over Easter.

Colin Blackley made a couple of attacks but couldn't get away, he looked like the one to watch.

Straight, left, straight, left.

Shoe sales were a popular diversion and Glenn showed us the Red flag - "Aisle three- 50% off"- I thought I heard him yell.

Twice we went through the same manoeuvre- red flag, everyone slows, chaos and confusion, attacks, more confusion. Straight, left, straight, left.

We get the bell and I realise I am about 15 places further back than I should be, so I try to move up. Home straight and Edwards goes early, I chase. Then I decide to sit on Webster's wheel but it's gone before I can find it and just like that it's all over bar the Waffle Fries – and as the waiter told me "heaps better than normal."



Steve White, leading out B grade in the race for Waffle Fries. Photo: Steve Ross





Benghazi Handicap

Place	Mark	Name	Club
1 st	22 min	Bruce Halket	MMtBCC
2 nd	22 min	Terry Hodges	NCC
3 rd	26 min	Alison Skene	ECC
4 th	22 min	Meredith Clark	StKCC
5 th	22 min	Noel Said	NCC
6 th	26 min	John Williams	ECC
7 th	26 min	Mark Edele	NCC
8 th	26 min	Michelle Easton	SMCC
9 th	26 min	Liam Oliver	NCC
10 th	22 min	Sharon Boyd	EurekaCC
11 th	26 min	lan Baker	SeyCC
12 th	22 min	John Short	NCC
Fastest Time	Scratch	Brendan Schultz	B&DCC
1 st Unplaced Female	22 min	Kym Petersen	ECC
First Unplaced Rider Over 65	31 min	George Goodrope	NCC
Encouragement Award	35 min	Paula McGovern	ECC

26 Min

By John Williams

ANZAC Day - Benghazi, Lancefield -Clean Skene leads the Eastern raiders

Northern Cycling's classic ANZAC Day Handicap was fully subscribed two weeks ago. With big prize money (\$800 for the winner), 120 riders lined up on a cold but clear afternoon to tackle the 77 kilometre Torture-fest. Just five Eastern riders lined up. Four would leave with an envelope full of cash, with JP uncharacteristically being the one that missed out. Much was made pre-race of the favourable handicap of John Williams, but in the event he was pulled back from the 31 minute group to the bigger 26 minute pack. This group now had 14 riders featuring Alison Skene and Greg Foster and set off at a solid pace. Four minutes back the 22 Minute group, with previous winner Kym Petersen, was going a bit harder, and at around 45 kilometres the two packs joined together to form a super-group of around 30 riders - many contributing to the pace, if at times the riding was



a bit ugly. By now we had reeled in all the early starters and were following the lead car home. My money was on the five minute group of 14 riders, featuring JP LeClercq, Trevor Coulter and Garfield winner Anthony Netkow. Despite their undoubted talent, today they could not pull back twenty odd minutes on the big leading group. The finish was fast! Very fast! Aided by the gradient and tailwind we averaged 48KPH for the last 4K with 30 riders still jockeying for position. Bruce Halket from Mansfield made an early break and was never quite caught. In the big field with a tailwind finish, the early sprint was the way to go. As they tired towards the line, spread across the road, there was no gaps for the faster guys behind to get through. Kym was thus stymied, while John managed to pick his way through to pass Noel Said on the line for 5th, although the electronic timing system gave the nod to Noel in a controversial hometown decision. Still, \$150 for 6th is most welcome!

Alison Skene was the star of the day taking out \$300 and a bronze medal.

At the results ceremony, Paula McGovern took a \$50 envelope for being last to finish (lantern rouge), an encouragement award that was generously offered by the sponsor Nick Nomikos. While Kym was teasing her about her 'participation prize', with both of them laughing heartily, Kym's name was called out for \$50 for first unplaced female. Ahem, is that a participation prize Kym?

26 Min

By Alison Skene

Quotes from the peloton (and a few from inside my head):

'120 starters, wow, thanks AusCycling' '25 clubs represented...handicapper's nightmare!'

'Those 22 and 26-minute bunches look good, I bet they come together'

'Have I got time for a last-minute pee?' 'Let's go, keep it smooth' 'We're rolling the wrong way, should be going up the road!' 'Close those gaps!' 'Call the next rider through!' 'Hold your line!' What do you mean ease up?' 'Am I yelling too much?' 'Left turn coming up!' 'Riders coming through!' 'First lap done, let's pick it up!' 'Left turn!' 'Bunch coming! ... get ready to jump' 'Aaaargh, go go go!' 'Keep rolling through!' 'Who here wants to win?' 'We'll never hold them off at this rate!' 'Keep rolling or go to the back!' 'Step on it!' 'It's downhill all the way from here!' 'Watch out for that Alison, she's a handy sprinter' (said no one, ever) 'Far out, unbelievable, I just passed a bunch of guys in a sprint' 'I'll have two sausage rolls, a party pie, 3 sandwiches, and an Anzac biscuit please, actually make that two Anzac biscuits, and a Tim Tam while you're at it'

'Lest we forget'

I was in the 26-minute bunch. We caught the limit groups at about the end of the first lap. We joined with the 22-minuters to form a mega-bunch which took out all the placings. I did plenty of work, and a lot of encouraging yelling. I have been fortunate to be in the winning bunch the last 3 times. This time I sprinted for third. Compared to the last one, I rode the same watts, but 2kph faster and 8 minutes quicker. It was magic.

Heartfelt thanks and congratulations to Northern Cycling, sponsors, organisers, handicappers, volunteers, place-getters and all my fellow riders for a ripper day out.





Northen Cycling's 41st Benghazi Top Tech Panels Masters 77 km Handicap, Lancefield

Anzac Day 2021



Congrats to all our Eastern riders who competed in the Benghazi Handicap. Taking home winnings are: Alison Skene (3rd), John Williams (5th or 6th depending on who you talk to…), Kym Petersen (Fastest unplaced female) and Paula McGovern (Encouragement Award/Lanterne Rouge).

Photos: Kym Petersen



Wednesday GSR, Teardrop Criterium Track, 28 April

Grade	1 st	2 nd	3 rd
A Grade (8)	Russell Newnham CCCC	Troy Jordan (NC)	Aaron Christianson (NC)
B Grade (17)	Grant Farr / Ray Russo	David Rooke (NC)	Dale Walton
C Grade (11)	Tony Curulli	Mel Humphries-Grey (PresCC)	Harald Hapke (HawCC)
D Grade (8)	Tanya Simpson	Anthony Martin (BruCC)	Kerry Gigante (BruCC)
E Grade (3)	Paul Griffiths (NC)	Alan Cunneen	-



All smiles at the Loop on Wednesday with perfect racing conditions. Photo: Peter Morris More photos here: Pete's Loop Snaps





News etc.

Women's GP this Saturday 1 May at Casey Fields - catering

I just wanted to extend a big thank you to everyone for their kind offers to bring a plate this Saturday.

It is going to be quite the spread indeed!

I may be racing and not able to provide directions, so hoping this suffices.

I will have the food table set up in the enclosed room where Pete sits for registration.

If you could please place your contribution on this table, it would be appreciated.

There will be a mesh covering, so place it under this please.

If you are able to arrive no later than 12.30pm, that would be great.We will then need to move the table into position under our marquee, ready for the hungry entrants when they finish their racing.

Again, thank you for your support it is really appreciated.

Kym. P.

Eastern Cycling Club Kit – Update

After an unscheduled visit to Perth, the new club kit samples have arrived, and they're looking ripper!

Colours, logos, sizing all as expected, so we will be placing all orders on Sunday night, hoping for delivery in early June.

If you are still considering, best get you order in this weekend.

We will have samples on display at Casey this Saturday, and an opportunity to try on for sizing. Any queries, ring Doug Reynolds on 0418 382 330 on John Williams 0419 713 087.

Here's the link and password for online orders: <u>https://www.bikegearnow.com/eastern-cycling-club</u> The Password for the website is: eastern2021.

Covid Safe QR Code

We now have a QR Code that needs to be scanned by all non-riding attendees/spectators on race days. Riders entered for race do not need to scan.

<u>Wanted</u>

Second hand 56cm men`s road/race bike. Potentially a bike that you have upgraded from. Doesn`t have to be flash, just suitable for a young rider getting into crit racing. Please contact Dale Walton on: 0409 943 663 OR <u>dale@designeq.com.au</u>

Thanks, Dale Walton





Rostering

It seems all clubs have experienced reduced membership in recent years. This means that we churn through the duty roster faster. In past years a member would be rostered for marshalling maybe twice a year. This year, for us to hold a full winter road season, your rostered duty is more likely to come up every four months or so. It is important that we all fulfill our duty obligations, or arrange a replacement if you cannot (see procedure below). The frequency of duty for our traffic controllers and referees is even greater, so spare a thought for them.

Duty Roster

A friendly reminder to all club members. If, for some reason you are unable to fulfil your roster responsibilities, it is your responsibility to find a replacement marshal to swap with AND then notify the duty co-ordinator (Andrew Buchanan) preferably within 72 hours of your scheduled duty. If members need the phone number of a potential swap, contact Andrew Buchanan.

Call for Additional Race Day Facilitators

The role involves directing the marshals to their pre-determined (road course) locations 1 hour prior to the race. With this role you can still race on the day. Contact the duty co-ordinator (Andrew Buchanan) if interested in helping.

ECC on Instagram 🙆

Eastern Cycling Club has cast its social media net further and now has an Instagram page. Be sure to follow your club to access photos, news etc

Future events

Eastern CC events

Please refer to page 1 of this newsletter, or go to <u>https://easterncycling.com/event-calendar/</u>

Note: Graded scratch race entries are accepted ahead of time on Entry Boss <u>https://entryboss.cc/calendar/ecc</u>. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap must pay the entry fee regardless of whether they participate. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

Wednesday racing at the Teardrop/Loop is still cash on the day with registration closing at 10:00 am and a start time of 10:15 am. Cost is \$4 in coins or a \$5 note. No change is offered due to ECC Covid-Safe procedures.





Eastern Grand Prix Women's Race

Saturday 1st May is the ECC Womans Grand Prix at Casey Fields. This is a multi race womens only event. So mark this in your diary and spread the word. If you're female, 30+ years of age and would like to give this road racing a try, get yourself an Australian Cycling license and come along. Casey Fields is a closed circuit so is a safe place to learn the art of cycling!





Northern CC events

For details, go to <u>northerncycling.com.au</u>. Please note that Northern road races start at 10 am on Sunday; start time for criterium races at National Boulevard is 9 am.

ECC Sponsors





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