

20 March 2021

# Eastern Cycling Club Newsletter

## Duty Roster

**Sunday 28 March**

**GSR, Rocco Drv, 10:00 am**

Mark Edwards (R), Ray Watts(TC), Walter Savini (TC), Pamela Vandersluys, Dave Brown, Veronica Vandenbroeck, Peter Ransome, Justin Deeley, Andrew Wedderburn

**Saturday 03 April.**

**GSR, Casey Fields, 2:00 pm**

TBA (R), Tim Crowe, J.P LeClerc

*If rostered for duty, you must be there at least 1 hour prior to start time. If unable to do your duty, it's your responsibility to find a replacement, then advise Andrew Buchanan.*

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The Snooze Nunawading Handicap was hotly contested and Eastern were well represented in the top 10. Special thanks goes out to Ron Gillies, Snooze Nunawading and Tempur Bedding for their generous support of this flagship ECC event. See below for a message from Ron and a race report, of sorts, from John Williams.

Weather caused the cancellation of both mid-week races. Conditions are looking better for this Sunday's GSR. We are back at Rocco Drive with a 10:00 am start followed by presentation, drinks and nibbles at the Beach Hut Brewery.

With Easter fast approaching there is no shortage of ride options. Johnny Williams is organising the 'SuperCrucifix' for Good Friday, and then there is the Benghazi Handicap on the Sunday. Details below.



Snooze Nunawading Handicap winners: 1st Nick Davis (Cobram Bahrooha cc), 2nd Jeff Hibberd (Seymour cc), 3rd Martin Sala (Seymour cc), 4th Perry Peters (ECC), 5th Paul Webster (ECC), 6th Nick Nomikos (Northern cc), 7th Peter Varley (Alpine cc), 8th Paul Firth (ECC), 9th Walter Savini (ECC), 10th Alan Lim (Hawthorn cc), Fastest time Brodie Sims (Seymour cc), Fastest woman Trudy Stevenson (Echuca cc) TBC.



## Seymour Snooze Nunawading Handicap, 20 March

Place	
1 <sup>st</sup>	Nick Davis (Cobram Bahrooha cc) Limit
2 <sup>nd</sup>	Jeff Hibberd (Seymour cc) 10 mins
3 <sup>rd</sup>	Martin Sala (Seymour cc) 10 mins
4 <sup>th</sup>	Perry Peters (ECC) 26 mins
5 <sup>th</sup>	Paul Webster (ECC) 26 mins
6 <sup>th</sup>	Nick Nomikos (Northern cc) 26 mins
7 <sup>th</sup>	Peter Varley (Alpine cc) 28 mins
8 <sup>th</sup>	Paul Firth (ECC) 26 mins
9 <sup>th</sup>	Walter Savini (ECC) 23:30 mins
10 <sup>th</sup>	Alan Lim (Hawthorn cc) 28 mins
Fastest Time	Brodie Sims (Seymour cc) Scratch
Fastest Female	Trudy Stevenson (Echuca cc) TBC 18 mins

### Message from Ron Gillies, Snooze Nunawading

We were delighted to be able support Eastern Cycling with the handicap event on Saturday. Perhaps being a sponsor for the first time I couldn't help but notice and appreciate the work that goes into a cycling event and especially outside the more local locations. The club officials and volunteers do a fantastic job.

Tempur Bedding were first on the phone Monday morning to find out how the event went and how their show bags were received. Its positives all round for us and we hope to participate again in the future.

### 23:30 mins / Purple Hats

*By John Williams*

All I can say is, you don't need to be smart to ride a bike! Great ride Dodgy Back 😊😊😊

## Croydon Cycleworks Summer Twilight Crit Series, METEC, 24 March - CANCELLED

Grade	1st	2nd	3rd	4th
A Grade (-)	-	-	-	-
B Grade (-)	-	-	-	-
C Grade (-)	-	-	-	-
D Grade (-)	-	-	-	-
E Grade (-)	-	-	-	-





## Wednesday GSR, Teardrop Criterium Track, 24 March - CANCELLED

Grade	1st	2nd	3rd
A Grade (-)	-	-	-
B Grade (-)	-	-	-
C Grade (-)	-	-	-
D Grade (-)	-	-	-
E Grade (-)	-	-	-

## News etc.

### Roster Adjustments in April

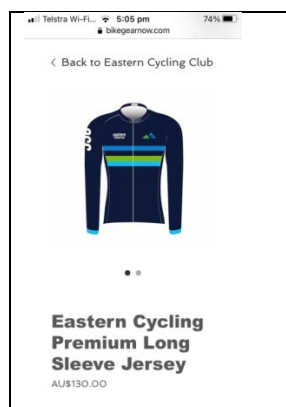
Due to some alterations to the racing program, some changes have been made to the roster in April. Please refer to the Roster page on the website.

### Order Your ECC Club Kit – Update

An order has been placed for several ‘test’ kits so we can examine the colours, logos, text etc, just to be sure, to be sure.

These should be available by early April. Once we are satisfied all is well the main order will be placed, and we will expect to take delivery 6 - 8 weeks later. The cut-off date is 10 April. If you have placed your order by then yours will be part of the first delivery (end of May/early June).

**STOP PRESS:** Long sleeve jerseys have been added to the range with a choice of light-weight lycra or warmer fleece-lined jerseys.





You can now order your new Eastern CC kit at <https://www.bikegearnow.com/eastern-cycling-club>

The Password for the website is: eastern2021.

The design has changed minimally (cuff colours), but we believe the quality is even better, and the price is around 20% less (\$229 for Jersey/Knicks). The range includes long and short sleeve jerseys, bib and non-bib Knicks, wind vests, arm warmers, single piece speed suits, and caps.

Sizing - John Williams has samples of the kit in men's sizing from XS to XXXL (in Blackburn CC colours). He will bring them to races for members to inspect and try for size. We would prefer women to discuss their specific sizing needs with Doug Reynolds on 0418 382 330 so we can get the size just right.

We have the first kit on order as a trial to ensure the production matches expectations. We are hoping to have that in our hands by end of April. In the meantime the website is open for orders, but the production order will not be placed on the factory until we are happy with that first sample. From there we expect a 6 week lead time, meaning first delivery in July.

VeloEx, run by ECC member Doug Reynolds, provided the club with great versatility with small orders (most suppliers insist minimum order of 50), a great website and competitive pricing. In addition, if you wreck your kit in a fall, VeloEx will replace it at 40% discount.

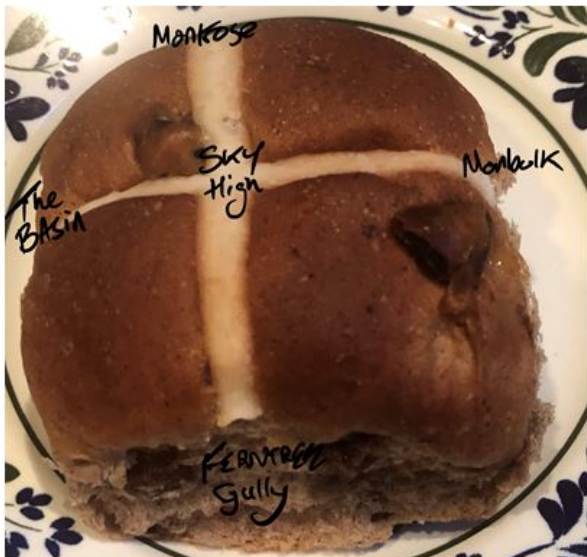
So let's get it on!

<p>VELDEX ECC DESIGN V12 BikeGearNow.com</p>  <p>Colours ■ Pantone 2725 C ■ PMS2190 ■ Pantone 376 C ■ PMS2195 ■ Pantone 289 C</p>	<p>BikeGearNow.com VELDEX ECC Cycling Socks Design V01 Minimum 100 pairs</p>  <p>Back Center Cuff Heel</p>
<p>New ECC Kit by VeloEx / BikeGearNow</p>	<p>Stop Press. Socks will also be available</p>



## Good Friday SuperCrucifix – hosted by Johnny Williams

As Easter approaches, the thoughts of the more spiritual amongst us naturally become preoccupied with Hot Cross Buns.



Good Friday, for the devout, starts at The Basin at 7:30AM. An easy ascent of the 1 in 20 is extended up to Sky High and the first group photo. On with the wind vest and arm warmers for the descent to Olinda and the Tourist Route all the way past Devil's Elbow, and down to Burwood Highway near Upper Ferntree Gully. Back to Sky High, but with a diversion to One Tree Hill, and another Group photo. Out of Sky High this time we head north, and then descend the vertiginous Inverness Rd all the way down to York Rd, Montrose, before an about turn back up to Sky High, for a third snap shot. For this climb, bring your granny gear - Inverness tops out at 20+%.

The final descent takes us down The Wall to Monbulk, and, of course, what goes down must go up - back

up The Wall to Sky High, for a final digital exposure. By now we have also stopped for a caffeine fix and carbo load, and all that's left is an easy descent back to The Basin. That's just about 93 km of riding, including around 2550m ascent/descent.

This is not a no drop ride. Everyone gets dropped on either ascents or descents, but we always regroup at the top and bottom of every climb so we can all go at a comfortable pace.

Let me know if you're joining us: (0419 713 087). Don't plan too much with the family for the afternoon!

JohnnyBGood



Elevation profile

6 h 10 0 m 0 m 0 m







## Eureka Cycling and South Pacific Championships / Easter Carnival

Eureka Cycling Club is pleased to announce the details for the TWO day 2021 MASTERS Easter Carnival to be staged at Ballarat and Learmonth.

Eureka has committed to resurrecting the South Pacific Cycling Championships in the form of criterium racing. We hope to grow these championships in the future as the replacement "veterans" Championships for Victoria. Maybe we will be able to bring the Time Trial back in 2022?

Eureka is also pleased to announce that we have split our Open into separate MASTERS Women and MASTERS Men races. Each event will be contested on the same 55 Kilometre course and they both carry the same prizes and prize money.

We hope that our Opens will complement the major Open races and Women's events that our sister "vets" and Masters clubs are staging during autumn.

Full details can be found here: <http://evcc.org.au/easter-carnival-2021-2-days/>

**EASTER CARNIVAL**  **SUNDAY APRIL 4**  
**MONDAY APRIL 5**

**SOUTH PACIFIC CYCLING CHAMPIONSHIPS**  
CRITERIUMS

**EUREKA WOMENS OPEN**  
ROAD RACE

**MASTERS EUREKA 2021**

**EUREKA MENS OPEN**  
ROAD RACE

**MASTERS GRADED CRITERIUMS @ VICTORIA PARK, BALLARAT - 4/4/21**  
**EUREKA WOMENS + MENS OPEN HANDICAP ROAD RACES @ LEARMONTH - 5/4/21**  
**EUREKACYCLING.ORG.AU**

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## Ride for Rotary – Celebrating 100 years in Australia

The Rotary club of Lilydale are organising a charity bike ride along the Warby Trail. It's a \$5 entry fee with proceeds going to Rotary Ride for Research.



### LILLYDALE LAKE - WARBY TRAIL RIDE

**SUNDAY 11TH APRIL, 2021**  
**STARTING FROM 8AM**

Join our bike ride from Lillydale Lake up the Warby Trail  
and back to Celebrate 100 years of Rotary in Australia

- Water stations provided along the Trail
- BBQ and bottled water at the Lake after the ride.
- Ride is 80km (40km each way) or choose a shorter ride at <https://www.dotheyarravalley.com.au/warburton-rail-trail-yarra-valley>
- Registration and BBQ - grassed area at Lillydale Lake near Community House.

**ENTRY FEE \$5**  
(donated to Rotary Ride for Research)

FOR REGISTRATIONS AND QUERIES  
PLEASE CONTACT LYNN WHELAN,  
ROTARY CLUB OF LILLYDALE, MOB 0409 938 694,  
EMAIL: [lynnwhelanevents@hotmail.com](mailto:lynnwhelanevents@hotmail.com)







## Member update - 80YO+ members

Greetings members, please be advised that there is no requirement under AusCycling for members over 80 years old to provide a medical certificate to race.

The ECC committee ask that all members regardless of their age have an onus on themselves to ensure they are fit to ride. If you are unsure, please take it upon yourself to seek medical advice.

## Sunday Club Ride

No club ride this week due to Sunday GSR at Rocco Drive.

## Duty Roster

A friendly reminder to all club members. If, for some reason you are unable to fulfil your roster responsibilities, it is your responsibility to find a replacement marshal to swap with AND then notify the duty co-ordinator (Andrew Buchanan) preferably within 72 hours of your scheduled duty. If members need the phone number of a potential swap, contact Andrew Buchanan.

## Call for Additional Race Day Facilitators

The role involves directing the marshals to their pre-determined (road course) locations 1 hour prior to the race. With this role you can still race on the day. Contact the duty co-ordinator (Andrew Buchanan) if interested in helping.

## Race Entries

Race entries for Tuesday night and Saturday are online via Entry Boss .

## ECC on Instagram

Eastern Cycling Club has cast its social media net further and now has an Instagram page. Be sure to follow your club to access photos, news etc

## Future events

### Eastern CC events

Please refer to page 1 of this newsletter, or go to <https://easterncycling.com/event-calendar/>

Note: Graded scratch race entries are accepted ahead of time on Entry Boss <https://entryboss.cc/calendar/ecc>. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap *must* pay the entry fee regardless of whether they participate. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

Wednesday racing at the Teardrop/Loop is still cash on the day with registration closing at 10:00 am and a start time of 10:15 am. Cost is \$4 in coins or a \$5 note. No change is offered due to ECC Covid-Safe procedures.







## Eastern Grand Prix Women's Race

Saturday 1 May is the ECC Womans Grand Prix at Casey Fields. This is a multi race womens only event with more details to follow. So mark this in your diary and spread the word. If you're female, 30+ years of age and would like to give this road racing a try, get yourself an Australian Cycling license and come along. Casey Fields is a closed circuit so is a safe place to learn the art of cycling!



**eastern  
CYCLING CLUB**

# Womens Only Racing

3 Races in 1 Day

Saturday  
1st May  
2021

Grades  
A - D

2.2km  
Circuit

Hot Lap,  
Elimination  
& Criterium

Casey Fields, Cranbourne

Entries & Info: <https://easterncycling.com/>  
Riders will need a current AusCycling licence.

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**CROYDON  
CYCLEWORKS**  
[www.croydoncyclegear.com.au](http://www.croydoncyclegear.com.au)





## Northern CC events

For details, go to [northerncycling.com.au](http://northerncycling.com.au). Please note that Northern road races start at 10 am on Sunday; start time for criterium races at National Boulevard is 9 am.

## Benghazi Handicap

Our northern friends have their Benghazi Handicap fast approaching. Entries are capped at 120 so get in early. Details below.



### 2021 Benghazi - Top Tech Panels Masters Handicap 77km

**Anzac Day, Sunday 25 April 2021 Race start at 1pm**

Entry fee \$25 Transponder Hire \$5  
\$15 discount entry fee for 2020 Northern Cycling members

Entries are open to all masters members from any affiliated  
AusCycling Club

Online entries via Entry Boss  
[www.northerncycling.com.au](http://www.northerncycling.com.au) (Events)


Entries will close on Tuesday 20<sup>th</sup> of April at 11:59pm or earlier if the  
entry cap of 120 competitors is reached

Northern Cycling is a masters racing club for men and women aged 30+

Registration at the Lancefield Park Recreation Reserve, Woodend-  
Lancefield Road, Lancefield, Victoria

**\$3050 Prize Pool - Winner \$800 + Trophy**  
**Proudly sponsored by Top Tech Panels**

At a Northern Veterans club meeting in 1979, it was agreed to stage a handicap race on Anzac Day. It was also agreed that the race carry the name 'Benghazi' inspired by the battles for the Libyan city of Benghazi during World War II. The race celebrates the ANZAC spirit and it is in their memory that veteran riders from across the state converge on Lancefield to contest this monumental race.



**Presentation and refreshments will be at the pavilion after the race.**

## ECC Sponsors





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