

06 March 2021

Eastern Cycling Club Newsletter

Duty Roster

Saturday 13 March

GSR, Dunlop Rd, 1:30 pm

Tony Curulli (R), Ray Russo (TC), Craig Stannard (TC), Kevin King (TC), Rob Birch, Harry Hibgame, Mark Armour, Grant Farr, Anthony Gullace, Andre Weber, Anthony Cox, Neville Williamson, Peter Ransome, Ian McGeogh

Saturday 20 March

Snooze Nunawading Handicap, Semour, 1:30 pm

Nick Tapp (R), Andrew Buchanan (TC), Steve White, Tony Dalton, Phil Cavaleri, Craig Oliver, Bernie Evans, Nathan White, Sam Bruzzese

If rostered for duty, you must be there at least 1 hour prior to start time. If unable to do your duty, it's your responsibility to find a replacement, then advise Andrew Buchanan.
tiptop2@optusnet.com.au

Editor: Peter Morris
pmoz@ozemail.com.au

Casey Fields was the venue for last Saturday's graded scratch race. Blue skies and light but strengthening winds saw 52 riders battle it out for podium honours. See race reports below.

A post-race BBQ was held to thank Peter Gray, Nick Tapp and Andrew Buchanan for their great and selfless service to our club over many years.

Last Wednesday was the club's Annual General Meeting and, in the News section, there is a message from our incoming President, Dean Niclasen. Huge thanks goes out to all last years committee members for their tireless efforts in make our club what it is today.

See the Eastern CC Events section for details on the fast approaching Snooze Nunawading Handicap at Seymour (March 20). There is \$2,000 prize money up for grabs for the first 10 places plus some bling for 1st, 2nd and 3rd, fastest female and fastest overall. In the News section there are details of a couple of other rides coming up.

Next week the crits continue with graded scratch races at Dunlop Road. Racing begins for grades B,D and F at 1:30 pm and 3:00 pm for grades A, C and E.



Line up for Dunlop Road this Saturday (Photo: Pete Morris, 2017 Dunlop Charity Day)

Casey Fields, GSR, 06 March

Grade	1st	2nd	3rd
A Grade (10)	Max Kornhoffer	Rob Amos	Kevin King
B Grade (15)	Ross Clark	Paul Firth	Walter Savini
C Grade (13)	Tony Curulli	John William	Justin van Tol
D Grade (8)	Damien Ohara	Peter Shanahan	Max Michelson
E Grade (6)	Harry Hibgame	Philip Johns	Martin Deeley (SMCC)

B Grade (1)

By Pete Morris

For a flat circuit Casey sure knows how to turn a pleasant afternoon on a treddly into a desperate fight for survival. Fifteen of us lined up in B grade. A few newly promoted C graders were in the mix (Paul James, Rob Lackey, Dean Tune, Haydn Chapman and Ken Saxton). A couple of recently (and rightfully) demoted A graders also fronted up (myself and Ross Clark).

Conditions were near perfect at the start with only the hint of a sea breeze being felt. The neutral lap was spent at a sedentary pace while we caught up on each other's gossip. Then it wound up steadily before the first of a barrage of surges and attacks were thrown forth that set the theme of the day's proceedings. The ferocity of attacks inspired the sea breeze to fortify itself into the blustering torrent that Casey is renowned for.

There were no shortage of antagonists, with Ross Clark, Walter 'I'm still trying to find my race legs' Savini, Paul Firth, Mark Edwards and Darren Woolhouse being at the forefront of inflicting as much hurt as possible onto the rest of us. Nature had its revenge on Walter though. In the midst of what probably would have been the decisive break of the day with

Walter and Ross up the road, a bee swooped on the errant duo and stung Walter. This distracted him just long enough to loose Ross's wheel and then all the other B grade wheels. Does he take a lap out to assess the damage? No, I don't know what the bee was packing in that sting but I want some! Before we knew it, Walter's tempo'd his way back onto the group and is organising more sorties off the front!

The rubber band was stretched to its limit with several of us being discarded out the back of the pack. I was one of these but just managed to drag myself back onto the bunch. Rob Lackey suffered similarly but also found it within himself to get back on. Great effort Rob! There were a few others who weren't so lucky and were never seen again.

So the hour came around but no bell was heard. Our referee of the day (John Thompson) must have thought that we were having too much fun and left us out there for a few more circuits. Finally the bell rang and we settled in for the inevitable bunch sprint. I was sitting about third wheel into final bend but didn't have a draft as such. Ross lead us into the corner with Paul Firth tucked in nicely. I opened up prior to the corner but not soon enough and couldn't get a jump on the two in front. With about fifty metres from the line I



had settled for third behind Ross and Paul. Then the juiced up Savini appeared alongside and had the nerve to (successfully) challenge me for podium rights. About five metres from the line I begrudgingly decided to settle for fourth.

It was a great ride by all, especially the recently promoted C graders. That was one tough race. Strava tells me that it was the second toughest Casey ride I've attempted – the toughest being an A grade effort a couple of years ago. Some of us turned ourselves inside-out in that one while others just turned their knicks inside out (Edwards).

Thanks as always to all who made today happen.

B Grade (2)

By Ross Clark

I had a sense of trepidation as I drove down to Casey (I'm in Essendon) that today wasn't going to go as planned. Ten minutes in and the sense of "I've forgotten something" quickly set in. A light load due to the fantastic weather had lulled me into a false sense of security. Damn, I'd forgotten the chamois cream!!! Never mind, press on, too late to go back.

Warming up didn't allay my fears, the legs were heavy after a long to/from ride for a Thursday night Crit and a spritely velodrome training session on Friday morning (hello Paul James and Peter Gray).

Initially the pace was moderate enough to have a chat on the front with Pete Morris, the race speed soon picked up and the attacks began.

Darren Woolhouse and Walter Savini were particularly keen to get away with Paul Firth and I equally keen to not for that not to happen, all the while happy to be part of a breakaway if the opportunity presented itself. Walter was incredibly unlucky with an attack which I joined him in only to be stung by a bee

over the back of the course which threatened to end his race but he was soon back in the mix and never let up. Respect!

After numerous attempts to make something stick the inevitable bunch scenario resumed. By now the legs were feeling much better. A bit of cat and mouse activity ensued towards the end when the other grades began to finish. Everyone was waiting for the bell, except for Mark Edwards who attacked with what ended up being two to go which required a considerable effort to shut down. You can't keep a good man down even if his knicks were on inside out. LOL.

So onto the bell lap and I find myself on the front which I ordinarily hate, waiting for the inevitable jump from any number of likely sprint candidates or someone willing to go long into the breeze.

I employed my track knowledge and sat in the gutter along the back fence all the time looking back for the attack which was a long time coming. I wound up the pace gradually to negate the accelerations and finally with about fifty metres to the corner it lit up.

I countered with my sprint and as soon as I was into the finishing straight, went full gas with a high cadence all the way to the line and knew never to look back, unsure of who was there or how far away they were.

As it turned out Paul Firth came in second and Walter Savini third, a fitting result for both considering the amount of work they did during the race. No disrespect to the other unplaced riders who worked equally as hard.

I'm always grateful for the open welcome and racing opportunities afforded to me by ECC as a non-member (I need to rectify that with the new AusCycling membership arrangements) and also to Mr Handicapper Sir who dutifully welcomed me to A grade for next week at Dunlop Rd.





C Grade (1)

By John Williams

How many times have we seen riders lead into the finish straight, only to be overhauled by the 'patient' sprinters that strike in the last 100m to sweep the glory. We all know that it is an overwhelming advantage to have the sit, so when occasionally the dice falls the other way, let's celebrate that as well.

I recall a Gruyere finish years ago when I was bunny on the front from the top of the hill, with several guys saving their legs for the final wind up. Approaching the line, I was toast, until a tractor and horse trailer appeared from the other direction, leaving us less than 1/3rd of the road width in which to sprint. With no space for the faster guys to get past, I took the top step of the podium much to the consternation of the lower steps.

Saturday's C grade finish was made 'interesting' by the presence of the B grade bunch occupying half the finishing straight. Easy to blame the Ref, but the green hats were nowhere in sight when the bell tolled 2Kms earlier. It added another dimension to the sprint; road position mattered just as much as fresh legs!

Unfortunately, Doug Page, who made the race, missed out. His solo break lasted for 3.6 kilometres, but fizzled out just 100m short of the finish line - great effort Doug! The only reason it failed was the massive chase of Justin Van Tol, dragging the field up to Doug for the entire last lap, and still with enough zip in his legs to snare 3rd place. Having the sit on Justin for that last lap, I resolved that I would not steal the honour from either him or Doug in the last 100m. Tony Curulli, a sprinter through and through, had no such scruples, and found his way to the line. At which point, my own moral compass wavered as I burst past Justin to snatch 2nd.

During the race, most of the 12 starters had an attempt off the front at one point or another, but nothing stuck for more than a lap or so. A serious danger at around 45 minutes was another Dougie surge, with Tim Crowe and Tony Curulli in his draft. Late to see the danger I attempted to bridge. Justin passed me like I was standing still, that left me chasing 4 for an entire lap. As I connected, I realised Andreas Weber has chased down me with the rest of the bunch on his wheel. So we were all back together, but I needed a few minutes and lots of deep breaths before I was ready for another go.

Kirsty Johnson-Cox was the only female in the bunch, but she certainly earned the respect of the guys. She was strong, and had an aversion riding slow. If the pace dropped she was soon to find the front, inflicting pain on gentlemen behind her.

Thanks as always to Ref and Marshalls for another safe race.

C Grade (2)

By Justin van Tol

The weather was perfect for racing; Sunny with some cloud and as little wind as Casey gets. Twelve riders lined up to contest C Grade and for the first half hour of the race, very little happened. The bunch stayed together and simply enjoyed that we were out and able to race. There were a few surges from Tim and a power turn on front from Kirsty.

The racing heated up at the 33 minute mark. Seemingly out of nowhere, Doug launched the first of his three attacks. He gained a quick 100 metres but was pulled back by the collective work of the group. At the 46 minute mark, Doug fortified himself and attacked again. Three riders were able to jump on his tail, organise themselves and worked well as a team pulling turns. An extremely powerful Andre worked himself and 2 other riders back





to the front four and eventually, the group reformed with all riders managing to make their way through.

Halfway through the penultimate lap, Doug made his third and final attack. Utilising his combined strength and mental fortitude, he was able to gain advantage over the group.

The group were slow to react which Doug was able to use to his advantage and headed into the final lap with a significant lead.

No one seemed to want to chase. I decided to throw caution to the wind and give it a go. Coming into the back straight, Doug was catching up to B Grade however the gap had reduced.

Doug was fading in to the final bend. B Grade were taking up the left side of the track leaving limited space to sprint.

I led up the hill with John and Tony C on my wheel.

Andre was coming through like a rocket however was unable to get through the limited track space. Tony C thrust his wheel over the line first followed by John and then myself.

There were a few people venting their frustration at the finish due to their perceptions that people possibly had not held their sprinting line. Given the chaos at the finish line with B Grade mixed in, this was hard to avoid. It's important that we all remember that racing is for our enjoyment; people make mistakes, and remember we're not professionals.

Overall, it was an excellent day to be out racing with our mates.

D Grade (1)

By Damien O'Hara

It was good to see the weatherman paid attention to last week's Rocco Drive race report, and served up sunny days for the

event. Saturday's race conditions looked superb. I hadn't been to Casey Fields before, so the concept of racing on flat road without potholes was a novelty.

The race started with a sense of reluctance, D-graders need a few reminders to get out and get moving. Perhaps resting in the shade was just too pleasant. A pack quickly formed, and the early laps were pleasant, until the South westerly wind hit you like a sandbag. I made a note to self to avoid taking the lead when heading sou-west.

Coxy took the lead early on, and set a good pace. Riding behind the big guy made for a pleasant draft. The legs ticked over, but minimal effort was required by the rest of the pack, as Coxy ploughed along like a steam train. Max stepped up early on and took the lead more often than he should. He also insisted on doing the hard yards, riding on the outside as well.

After a few laps of Coxy, and Max doing all the work, guilt kicked in, and I pulled in front, and tried to shake things up, increasing the speed and intending to lose stragglers. After a decent dash, and wobbly legs, I looked behind, hoping for reduced numbers, but sadly - they were all sticking together like a daisy chain of yellow ducks. It took some effort to convince Peter Shanahan to have a try in front, and he did, thankfully, giving the rest of us a well needed break. But not for long. Like Rocky Balboa in the ring, Max kept charging up front, and setting a decent pace. If there were points for the amount of time in front, Max would win.

Right on time, the bell rang for the final lap, and we all took off. The rest is a blur, except for bit where we had to pass A grade who seemed to be taking time for out for milk and cookies. I should pay more attention to the final lap, however there wasn't much blood flowing upstairs. Note to self, drafting A Grade on the final leg is a great way to pull ahead,





without too much effort. Well done to Pete Shanahan for coming a strategic second, and Max Michelson powering home for third.

To everyone in D Grade last Saturday, thanks for making it a great race on a cracking afternoon, and thanks to the referee, marshals and officials for keeping us safe.

D Grade (2)

By Peter Gray

For Pete's Sake!

(1/2 the D grade race report by Peter Gray)

Here we are again, happy as can be
All good friends and jolly good company
Riding 'round the fields, out upon a spree
All good friends and jolly good company
Never mind the language, never mind the pain
Now were back together, whoops (s)he goes again
La de dah dee dah
La de dah dee dee
All good friends and jolly good company.
(Apologies to author Raymond Wallace 1931,
for my mischievous editing)

Yes, a rather strange introduction to a race report I might add, but considering it was my first Saturday race in 12 months, perhaps it is understandable.

The D grade bunch departed rather unceremoniously for their, "Wait for us!!" neutral lap of Casey. The pace was fairly sedate and harmonious for the first 10 or 15 minutes, with higher grades overtaking us at regular intervals.

Damien O'Hara was the first to put 'metal to the pedal' to ring out the legs. Everyone managed to survive this first attack.

Damien's attacks were complimented by surges from Anthony Cox and (Mad) Max Michelson which kept the pace high enough to discourage further attempts from O'Hara.

The remainder of us pretty much behaved ourselves, content (voluntarily or otherwise) to preserve our energies for the later part of the race.

Surprisingly, it was Nick Hainal and Geoff Miller among the first to lose contact with the main bunch.

Having just overtaken E grade with Max on the front of our five man lead group, I found myself second wheel and obliged to run the gauntlet for a lap, to avoid shouts of "Get a BCF'n move on!" by the following E grade bunch.

Well, the lack of training (leg miles) found me wanting, unable to respond to subsequent surges from the others.

Race over for this little Vegemite. Certainly put a rose in every cheek.

So relieved that I hadn't worn my knicks inside-out. (Red Chamois!)

Which reminds me;

Many thanks to Mark Edwards, for his kind words of encouragement as B grade rode on by. I think he mistakenly thought I'd ridden off the front of D grade.

The following 20 minutes found me steadily losing ground to the Fab Four, however Geoff made up some ground to keep me company for a short time, until I decided to call it quits and start the BBQ.

I didn't witness the remainder of the race but it appears that Damien lived up to expectation, taking out the final lap ahead of an improving Peter (Shenanigans) Shanahan and Maxi in





third place.

It was good to see so many riders attend Casey Fields, given the many other distractions of a long weekend.

Hope everyone enjoyed the BBQ.

Max 'kneads' to be congratulated for his contributions to the day, especially the quantity of bread he managed to supply.

Cheers, and see you all at Dunlop Rd.

Croydon Cycleworks Summer Twilight Crit Series, METEC, 9 March

Grade	1st	2nd	3rd	4th
A Grade (17)	Steve Martin (BBN)	Vaughan Bowman (BBN)	J.P Leclercq	Max Kornhoffer
B Grade (13)	Matt Clarke	Darren Woolhouse	Craig Oliver	Dean Niclasen
C Grade (11)	Peter Ransome	Damien O'Hara	Dave Brown	Kristopher Masters
D Grade (12)	Anthony Cox	Ron Gillies	Peter Brann	Paige Hartley (SMCC)

Aggregate Prizes: With over \$2500 worth of value spread over the top six places, the CCW Summer Twilight Crit Series will no doubt be hotly contested. David and the CCW team have been sponsoring this series for over 15 years. Thanks as always for your support. Please make sure you support CCW with your custom.

Wednesday GSR, Teardrop Criterium Track, 10 March

Grade	1st	2nd	3rd
A Grade (8)	Russel Newnham (CCCC)	Peter Varley (AlpCC)	Emilio Romano (NCI)
B Grade (14)	Nick Tapp	Peter Morris	Ray Russo
C Grade (8)	Andreas Weber	Mel Humphries-Grey (PresCC)	Trevor Rim (PGMTI)
D Grade (6)	Ken Allan	Philip Curtis	David Drew (NCI)
E Grade (5)	Mark Armour	Alan Cunneen	Shane Dwyer



Message from your new President – Dean Niclasen

The club AGM was held last night with a new club committee in place. Firstly I would like to thank Adam Dymond for the huge amount of work he has done for the club over the last four years as president, along with the other members who have stood down from their involvement in the last few months.

Last year was a huge challenge for everybody individually, but also for clubs and organisations. At times I was worried that by the time we were able to recommence our race program we would find that many members had found other things to do with their time, and combined with the loss of their normal weekly schedule that included cycling, the club would face much lower levels of participation at our races.

Thankfully I was wrong and instead the enforced break seemed to energise many members, with the result being that we had an increase in race attendance prior to the end of 2020. With the move to AusCycling at the end of the year, attendance has grown even further with most races now attracting visitors from other clubs, as well as the continuation of a great turnout by our own members.

The result of this is that I think it is a really exciting time to be involved with Eastern Cycling, and judging by the number of people who put their hand up to take on committee positions at our AGM there are plenty of other members who agree with me. Thank you to everyone who was willing to commit to give up their time in order to assist our club to continue to run what I think is the best race program of any cycling club in Melbourne. In addition I believe we also have a well-deserved reputation for being a friendly, welcoming club. This was borne out the other day when a visitor at Rocco Drive commented to me how welcome he was made to feel by at least 10 people, proving that it is part of our club culture and not just one or two individuals who make the club what it is today. With the increasing number of people from other clubs attending our races this is a real strength that we should be proud of and also aim to build upon. The fact that we stay around after a race to socialise is a large part of what defines us as a club.

I hope to see everyone at one of our races soon, and am always keen to discuss any ideas people may have as to how to make our club even better as we move forward.

Dean Niclasen

The club committee for 2021

President: Dean Niclasen

Vice President: Rob Lackey

Secretary: Susan Williams

Treasurer: Dean Tune

Assistant Treasurer: Juanita Cadd

Club Captain: Max

Club Vice Captain: Glenn Newnham

Handicapper: Peter Mackie

Assistant Handicapper: Hylton Preece, Paul Webster

Newsletter Editor: Peter Morris

Facebook/Social Media Reporter: Mark Edwards

Roster Coordinator: **vacant**

Race Committee: Chair (**vacant**), Brendan Wain, Peter Mackie, Neil Cartledge





Order Your ECC Club Kit

You can now order your new Eastern CC kit at <https://www.bikegearnow.com/eastern-cycling-club>

The Password for the website is: **eastern2021**.

The design has changed minimally (cuff colours), but we believe the quality is even better, and the price is around 20% less (\$229 for Jersey/Knicks). The range includes long and short sleeve jerseys, bib and non-bib Knicks, wind vests, arm warmers, single piece speed suits, and caps.

Sizing - John Williams has samples of the kit in men's sizing from XS to XXXL (in Blackburn CC colours). He will bring them to races for members to inspect and try for size. We would prefer women to discuss their specific sizing needs with Doug Reynolds on 0418 382 330 so we can get the size just right.

We have the first kit on order as a trial to ensure the production matches expectations. We are hoping to have that in our hands by end of April. In the meantime the website is open for orders, but the production order will not be placed on the factory until we are happy with that first sample. From there we expect a 6 week lead time, meaning first delivery in July.

VeloEx, run by ECC member Doug Reynolds, have provided the club with great versatility with small orders (most suppliers insist minimum order of 50), a great website and competitive pricing. In addition, if you wreck your kit in a fall, VeloEx will replace it at 40% discount.

So let's get it on!

VELOEX ECC DESIGN V12 BikeGearNow.com

Colours
■ Pantone 2725 C
■ PMS2190
■ Pantone 376 C
■ PMS2195
■ Pantone 289 C

BikeGearNow.com VELOEX
ECC Cycling Socks Design V01
Minimum 100 pairs

Back Center
Cuff
Heel
Left side
Right side

New ECC Kit by VeloEx / BikeGearNow

Stop Press. Socks will also be available



CVV Major Handicap - 27th March

The Central Vic Vets are conducting a veteran's race on March 27th to celebrate the 90th birthday of the legendary Jack Corry. Jack has been a major figure in Victorian bike racing for over 70 years and his family are providing generous sponsorship as well as post-race refreshments at the Newbridge Hotel for this event.

Central Vic Vets would love to see as many of Jack's old racing buddies as possible to celebrate this major milestone with Jack and the family. Newbridge is west of Bendigo about a 2 hour drive from Melbourne CBD, make a weekend of it!



Corry Newbridge Classic

Date: Saturday March 27th

Prize money: \$2,000

Place; Newbridge

Start time: 2:00 p.m. Sign on before 1:30 p.m.

Entries: via EntryBoss close March 25th.

Open to Auscycling licence holders.

MASTERS ONLY

Entry fee: \$30.00 plus \$5 transponder fee.

\$20 late entry fee on the day if field limit of 120 is not reached by cutoff date.



Ride for Rotary – Celebrating 100 years in Australia

The Rotary club of Lilydale are organising a charity bike ride along the Warby Trail. It's a \$5 entry fee with proceeds going to Rotary Ride for Research.



LILLYDALE LAKE - WARBY TRAIL RIDE

SUNDAY 11TH APRIL, 2021
STARTING FROM 8AM

Join our bike ride from Lillydale Lake up the Warby Trail
and back to Celebrate 100 years of Rotary in Australia

- Water stations provided along the Trail
- BBQ and bottled water at the Lake after the ride.
- Ride is 80km (40km each way) or choose a shorter ride at <https://www.dotheyarravalley.com.au/warburton-rail-trail-yarra-valley>
- Registration and BBQ - grassed area at Lillydale Lake near Community House.

ENTRY FEE \$5
(donated to Rotary Ride for Research)

FOR REGISTRATIONS AND QUERIES
PLEASE CONTACT LYNN WHELAN,
ROTARY CLUB OF LILLYDALE, MOB 0409 938 694,
EMAIL: lynnwhelanevents@hotmail.com





Johnny Socks

Some of you may have noticed the crazy socks I was wearing on Sunday. A few even mentioned them. These socks 'so *don't go with anything*', that you can in fact wear them with everything. I should know - I'm an amateur fashion consultant. When was the last time you saw me looking uncool?*

More importantly, all profits from the sale of these socks go to suicide prevention charities. If you are interested go to: <https://www.inspirednunder.com/shop>

Johnny B Good (Williams)



* Note from the Editor: If you would like to enter the 'Johnny B Good looking uncool competition' send your photos to Newsletter Editor, Pete Morris.

**Second note from Editor: Inspire Downunder will be manufacturing the ECC Kit socks, so that is yet another reason to order some!



Member update - 80YO+ members

Greetings members, please be advised that there is no requirement under AusCycling for members over 80 years old to provide a medical certificate to race.

The ECC committee ask that all members regardless of their age have an onus on themselves to ensure they are fit to ride. If you are unsure, please take it upon yourself to seek medical advice.

Sunday Club Ride

The Sunday ECC club ride this back on. Meet at Basin shops this Sunday 14 March at 07:30 am. There should be two groups (hot and mild) as per previous rides. Don't forget to wear your ECC kit if you have one.

Duty Roster

A friendly reminder to all club members. If, for some reason you are unable to fulfil your roster responsibilities, it is your responsibility to find a replacement marshal to swap with AND then notify the duty co-ordinator (Andrew Buchanan) preferably within 72 hours of your scheduled duty. If members need the phone number of a potential swap, contact Andrew Buchanan.

Call for Additional Race Day Facilitators

The role involves directing the marshals to their pre-determined (road course) locations 1 hour prior to the race. With this role you can still race on the day. Contact the duty co-ordinator (Andrew Buchanan) if interested in helping.

Race Entries

Race entries for Tuesday night and Saturday are online via Entry Boss .

ECC on Instagram

Eastern Cycling Club has cast its social media net further and now has an Instagram page. Be sure to follow your club to access photos, news etc

Future events

Eastern CC events

Please refer to page 1 of this newsletter, or go to <https://easterncycling.com/event-calendar/>

Note: Graded scratch race entries are accepted ahead of time on Entry Boss <https://entryboss.cc/calendar/ecc>. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap *must* pay the entry fee regardless of whether they participate. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

Wednesday racing at the Teardrop/Loop is still cash on the day with registration closing at 10:00 am



and a start time of 10:15 am. Cost is \$4 in coins or a \$5 note. No change is offered due to ECC Covid-Safe procedures.

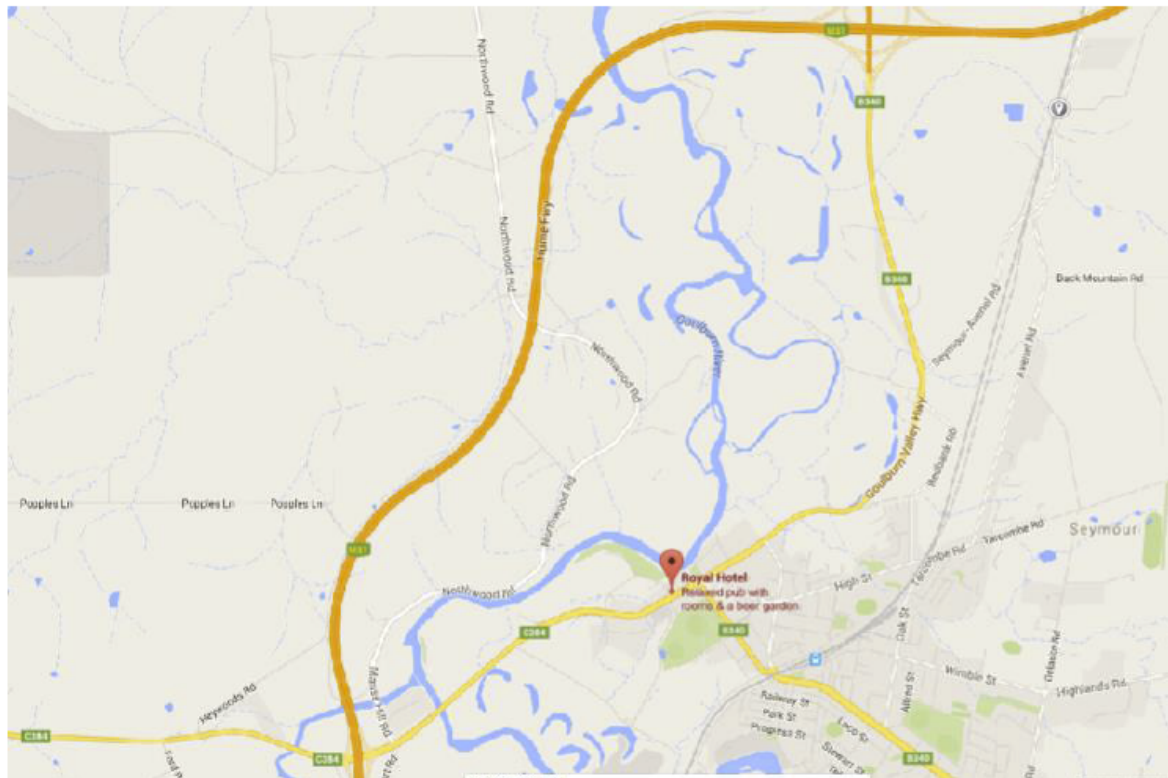
Eastern CC Snooze Handicap



EASTERN CYCLING CLUB
OPEN HANDICAP
SPONSORED BY
SNOOZE NUNAWADING
Open to AusCycling members
Masters event 30yrs+
56KM AT SEYMOUR
SAT 20TH MARCH
RACE STARTS 1:30PM
REGISTRATIONS AT MANNERS ST, SEYMOUR (OPPOSITE THE ROYAL HOTEL)
RACE BRIEFING & START IS 3.5KM ALONG SEYMOUR - AVENEL RD
\$2000 IN PRIZE MONEY & TROPHIES
PAYING DOWN TO 10TH
1ST: \$400 + TROPHY
2ND: \$250 + TROPHY
3RD: \$200+ TROPHY
10TH: \$50
Fastest overall \$200 + trophy
Fastest unplaced female \$50 + trophy
Entry fee \$25 - close Wed 17th March 8pm
Online entry only: www.entryboss.cc
Proudly supported by




Eastern Cycling Club "Seymour Open Handicap" details – 1.30pm start 20th March 2021

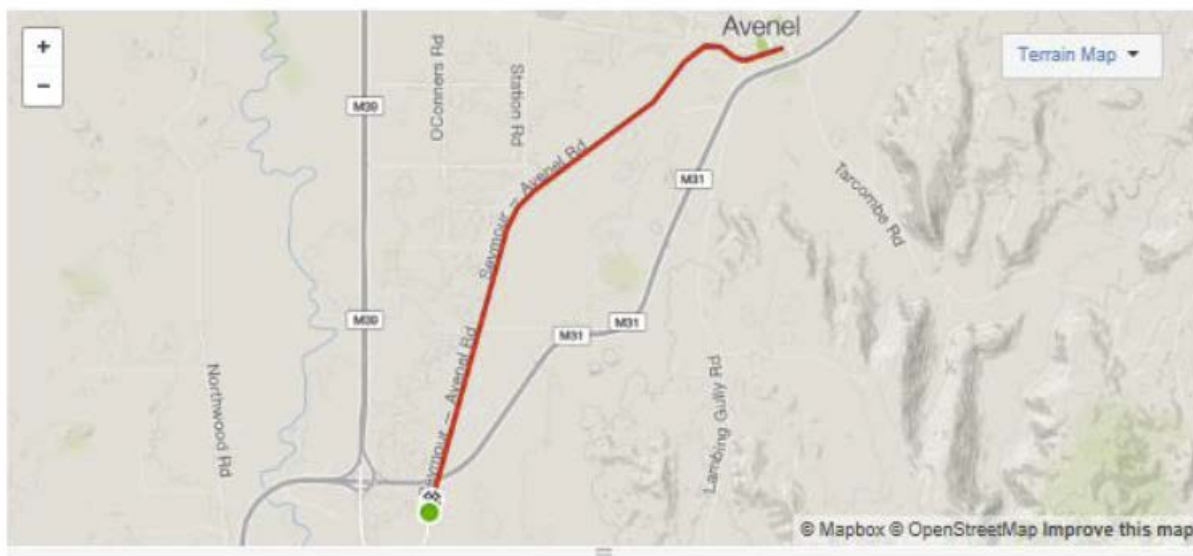


Pre-amble:

- Registrations & parking in public area on Manners Street, across the road from the Royal Hotel (see map above).
- Registration is approx 6k from the race start so allow yourself time to register, set up and ride to the start.
- Public toilets are available just down Manners Street (200m). There are no toilets at race start/finish area.
- Coffee and hot food is available at a roadside café on the corner of Goulburn Valley Highway and Manners Street.
- Presentations will be in the Royal Hotel beer garden, buy a drink on your way through.

Race circuit:

- Rider briefing/race start is 2k along the Seymour Avenel Road (grey pin, top right of map above), 6k from the registration area
- This is an out and back circuit
- The race proceeds straight up the Seymour Avenel Road for 14k (through Avenel), completes a U-turn and returns to the start finish to complete the lap.
- **The above equates to a 28k lap, all riders will complete 2 laps = 56k**
- The road will be controlled for the finish, there is approximately a 400m straight line sprint to the finish, riders are able to use both sides of the road for the sprint, **however** riders are not to cross to the right-hand side of the road until they are **CERTAIN** that there is no traffic between them and the finish line.
It is **your RESPONSIBILITY** to ensure it is safe to cross to the right hand side of the road before you do so.
A vehicle may have passed the traffic controller before you are seen and the TC has had the opportunity to stop the traffic.
A driver may ignore the traffic controller's instructions.



The above does not include the run from registration area to the start/finish line.



Eastern Grand Prix Women's Race

Saturday 1 May is the ECC Womans Grand Prix at Casey Fields. This is a multi race womens only event with more details to follow. So mark this in your diary and spread the word. If you're female, 30+ years of age and would like to give this road racing a try, get yourself an Australian Cycling license and come along. Casey Fields is a closed circuit so is a safe place to learn the art of cycling!

Save the date!

Eastern Grand Prix
3 races in 1 day
brought to you by



*closed circuit!
new fun format!*

eastern
CYCLING CLUB

Saturday May 1st 2021
Casey Fields

*give racing a try!
it's just for women, 30+yo with
current AC race licence.*

Northern CC events

For details, go to northerncycling.com.au. Please note that Northern road races start at 10 am on Sunday; start time for criterium races at National Boulevard is 9 am.



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