

29 February 2020

Eastern Cycling Club Newsletter

Duty Roster

Saturday 29 February Garfield

Mark Edwards (R), Tony Kimpton (TC), Graham Cadd (TC), Juanita Stumbles (TC), Ian McGeoch, Andrew Wedderburn, Adam Hinds, Marietjie DeKock, Laurie Gates, Sue Sharples, Peter Ransome

Saturday 7 March Casey Fields

Colin Mortley (R), Tim Maffey, Tim Crowe

If rostered for duty, you must be there at least 1 hour prior to start time. If unable to do your duty, it's your responsibility to find a replacement, then advise Andrew Buchanan, tiptop2@optusnet.com.au.

Editor: Nick Tapp
editor@easterncycling.com

Happy leap day this Saturday! Last Saturday's charity day at Metec raised \$1200, of which \$600 goes to sponsor the ECC team racing in the Below the Belt Pedalthon, and \$600 to the Gippsland Emergency Relief Fund. Thanks to all members who bought raffle tickets and went without prize money. Also a big thank you to members who generously supported the day with raffle prizes: Rob Lackey, Pat Ruys, Nick Tapp, Shelly Timson and John Williams – and Chris Norbury for his organic cucumbers! Results and a race report are over the page. Tuesday and Wednesday racing fell foul of the weather again this week and were cancelled.

It's handicap time again. Entries have closed for this Saturday's 65.2 km handicap at Garfield, which starts at 2 pm. The meeting point is near the corner of Thirteen Mile Road and Beswick Street, Garfield. The weather forecast looks promising.

If you didn't see it last week, please take a moment to scroll down and read an important message from Andrew Buchanan about how the duty roster works, plus some news for anyone interested in becoming a Traffic Controller.



The handicapper tried a new method of allocating numbers at Metec last week. No, seriously, we're not sure what happened here. Photo: Max Michelson

Graded scratch races, Metec, 22 February

Grade	1st	2nd	3rd
A Grade (10)	Jean-Philippe Leclercq	Tony Kimpton	Max Kornhofer
B Grade (12)	Darren Woolhouse	Paul Firth	Steve White
C Grade (10)	Rob Lackey	John Thomson	David McCormack
D Grade (8)	Ken Allan	Jason McCoy	Phil Taylor
E Grade (4)	John C. Wilson	John Eddy	Neil Cartledge

B Grade

By Steve White

My first race with the club was at Metec almost 12 months ago. Since then I've raced the course – sometimes known as the Roubaix of the East – about five times. Which is five times more than the hill-loving Nick Tapp, who had never raced the circuit before Saturday. On this fine occasion the attacks started early – three-quarters of the way through the neutral lap, in fact.

The large field included some strong riders and there were a few attempts to get away. When Darren Woolhouse went off and was joined by Paul Firth, this powerful duo formed a potential race-winning combination. I decided to bridge across, which took a solid half lap. When I joined them, I was too spent

to contribute and we were soon joined by the rest of the bunch.

Chris Ellenby took a distinct liking to a piece of real estate around the back straight – he attacked there so many times, we christened it Ellenby Esplanade in his honour.

None of these efforts were successful, though, and on the bell lap Ray Russo pulled away strongly with Darren, Paul, Chris and me on his wheel. Rounding the bend, I was staring down my third consecutive 4th place finish in B Grade. I dug deep and managed to get my wheel ahead for a podium finish.

The charity raffle was a great opportunity to socialise and raise money for a very worthy cause. Inspirational words from Neil Cartledge: 'Get yourself checked!'

Croydon Cycleworks Summer Twilight Crit Series, METEC, 25 February

Tuesday night racing was again cancelled because of heavy rain.

Wednesday criterium at the Loop, Yarra Boulevard, 26 February

Wednesday morning was only a little better, and referee Grant Farr made the call that riders were free to circulate without numbers for a hit-out before coffee.



Program change

Thanks to Dean Niclasen, who pointed out a clash in our program, with racing at Rocco Drive scheduled for the morning of Sunday 15 March – the same day as the Below the Belt Pedalthon. We have been able to secure the use of Casey Fields for the day before, so we will now race at the usual time (2 pm) on Saturday 14 March at Casey. There will be no club race on Sunday 15 March.

Below the Belt Pedalthon

Any members who may still want to participate in this event (scroll down to see the flyer for details) should let Peter Mackie or John Williams know as soon as possible, and they will try to form another team. We have three teams riding, possibly four, at this stage. To support all the club's riders and donate to the cause of trials for 'below the belt' cancer treatment, get online and go to 2020btb-melbourne.everydayhero.com/au/eastern-cycling-club.

Committee positions

It's nearly that time of year again when we vote in the faithful workhorses for our committee. Please have a think about if you might stand yourself or put someone else up for a position. It is usually the encouragement of another member that gets someone through the committee door, so be encouraging! You'll find nomination forms, which must be completed and with me before the Annual General Meeting on 11 March, on the website at easterncycling.com/links/documentation/.

Susan Williams, Madam Secretary

Vacancies in Traffic Controller course

Apparently Southern Masters have some spare spots in their Traffic Control course on Saturday 28 March. Any member prepared to become a T.C. can contact me on 0472 699 322 to find out more.

Andrew Buchanan, Roster Co-ordinator

How the duty roster works

As a cycle racing club, we use a number of courses to provide a range of opportunities for members to enjoy their passion. Some are closed circuits; others (most) are on open roads.

In order to race we must supply accredited referees, marshals, and in many cases qualified traffic controllers. To meet this requirement, we can only draw from our membership. Hence it is a condition of ECC membership that members participate in the duty roster. That said, we try to make things as *fair as possible* for all.

In order to find safe, suitable road courses we have been forced to travel to areas some distance from the 'burbs – **Thornton**, **Seymour** and **Jindivick** being those that are furthest to get to. For the purposes of our roster, these three are treated as our 'longer haul' courses. We recognise that there is an extended time commitment in travelling to these locations. Hence the importance of sharing the load, with a system that is as fair as possible.



We aim to frame the roster in such a way that, when a member marshals at one of these places, they won't be called on to do another 'long haul' for around 18 months (at current membership levels). We keep records to support us in achieving this aim. Those members who support the club by committing to roles in traffic control and as referees are rostered on more frequently.

Of course, outside cycling, *life happens*, so members always have the option of swapping their duty with another, or supplying an able replacement on the day. (In this context, 'able' means 18 years or older, and OK with handling signs etc.) The roster co-ordinator can help with seeking swap opportunities, but it is up to the member to secure the swap/replacement. The roster swap page on the website (easterncycling.com/roster/roster-swap/) can be a good place to look.

Thanks for your support.

Andrew Buchanan, Roster Co-ordinator

Future events

Eastern CC events

Please refer to page 1 of this newsletter, or go to easterncycling.com/roster/.

Note: Graded scratch race entries are accepted ahead of time on TeamApp, or on the day up until 15 minutes before the advertised race start time. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap *must* pay the entry fee regardless of whether they participate. Fees are due on race day; entrants will *not* be allowed to start in any ECC race until fees have been paid. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

Eastern Grand Prix women's race

Entries for the Eastern Grand Prix women's race at Casey Fields on Saturday 4 April are open at entryboss.cc/races/4484. For more details, go to the Eastern GP page on the club website at easterncycling.com/events/eastern-grand-prix/.

Northern CC events

For details, go to northerncycling.com.au. Please note that Northern road races start at 10 am on Sunday; start time for criterium races at National Boulevard is 9 am.

VCV events

There's a flyer a couple of pages down for the 2020 Profound Contracting 66 km VCV Open handicap, the first for the year, at Woodstock, just past Bendigo, on Sunday 8 March at 9.30 am.

Other events

You will find flyers and entry forms at the end of this newsletter for the Below the Belt Pedalthon, coming up on Sunday 15 March, and the Very Special Kids Autumn Classic, on Friday 15 May.



Sponsors





THE CENTRAL VICTORIAN VETERANS CYCLING CLUB
AND

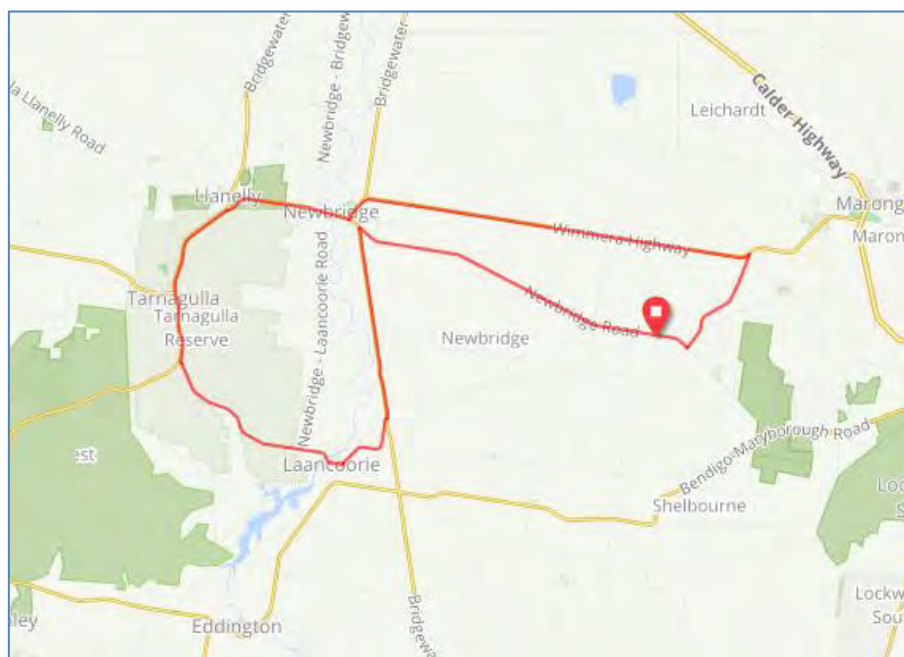
Profound Contracting Pty Ltd

ARE PROUD TO PRESENT

The 2020 Profound Contracting Open *\$2,000 in prize money*



Registration, start/finish and presentations at Woodstock Recreation Reserve Hall



Like cycling, don't like cancer?

Fight cancer below the belt by riding or supporting the Melbourne Pedalthon.

REGISTER
NOW!

www.belowthebelt.org.au/melbourne

Sunday 15 March 2020

Sandown Racecourse,
Springvale, Victoria



LIKE CYCLING?

The Melbourne Pedalthon returns for its 3rd year and invites you to ride and help those living with below the belt, (kidney, bladder, testicular, penile and prostate) cancers. Whether you're a keen cyclist, novice, are just looking for a challenge or want a fun day out with the family – then this is the ride for you!

DON'T LIKE CANCER?

Every cent raised by the Pedalthon goes directly towards clinical trials research, which means straight into the hands of experts committed to improving treatments and outcomes for those living with kidney, bladder, testicular, penile and prostate cancer.

SINCE 2014:

OVER
1,800
RIDERS

24
BELOW THE
BELT RESEARCH
FUND PROJECTS
AWARDED

OVER
\$1.65m
RAISED

With thanks to
our venue
partner:

MRC Foundation

Open race challenge registration (team of 4): \$600

Registration to open race (3 hour challenge),
sprint challenge.

Individual registration: \$180

Registration to open race (3 hour challenge), sprint
challenge.

Family challenge registration for 2 adults and 2 children (team of 4): \$150

Registration to family challenge
(1 hour challenge).

Extra Child Registration: \$30

Registration to family challenge

Sideline Supporter Registration: Free

If you're unable to ride, but would like to support
the Pedalthon through fundraising

Registration includes: jersey or t-shirt, breakfast, coffee, lunch,
beverages, day insurance, awards, supporter page,
entertainment



VERY SPECIAL KIDS

Autumn Classic

FRI 15 MAY 2020

7AM – 11.30AM

VERY SPECIAL KIDS

321 GLENFERRIE ROAD, MALVERN

The Very Special Kids Autumn Classic is a virtual cycling race, bringing together Melbourne's cycling community as they compete for podium places and ultimate bragging rights.

Riders will attack mountain and prologue stages individually, with the winning team taking home the sought after perpetual cup. Trophies and prizes will be awarded to the winning teams at a celebratory lunch. Check out the 2019 coverage [here!](#)

With up to 16 teams competing, the racing - and spectating - will be more exciting than ever. Limited team places available for 2020, get in quick!

All proceeds will assist Very Special Kids in providing free of charge services to families caring for children with life-threatening conditions at the hospice onsite.



To express interest or for further information, please contact Kristi Ingrilli at Very Special Kids 03 9804 6217 or kingrilli@vsk.org.au





VERY SPECIAL KIDS

Autumn Classic

FRI 15 MAY 2020
7AM – 11.30AM

Registration details:

Name: _____ Mobile: _____

Email Address: _____

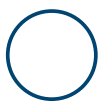
Team Name: _____

Team Captain Details (if different from above):

Name: _____ Mobile: _____

Email Address: _____

Fundraising commitment:



We are committed to team participation of \$6,000 through personal donations and/or fundraising, plus an additional minimum fundraising goal of \$4,000

Proudly supported by



The Cycling Fix
Tune Your Bike | Tune Your Body

