

15 February 2020

Eastern Cycling Club

# Newsletter

## Duty Roster

### Saturday 15 February Dunlop Road

Andrew Buchanan (R), Peter Webb (TC), Walter Savini (TC), Harry Hibgame, Adam Dymond, Anthony Cox, Mick Jamison, Anthony Gullace, Rob Lackey/Craig Stannard, Ken Saxton/Nick Tapp, Graham Cadd/Juanita Stumbles, Emma Smith/Paul Anderson

### Saturday 22 February METEC

John Williams (R), Keith Wade, Stuart Bendall

*If rostered for duty, you must be there at least 1 hour prior to start time. If unable to do your duty, it's your responsibility to find a replacement, then advise Andrew Buchanan, [tiptop2@optusnet.com.au](mailto:tiptop2@optusnet.com.au).*

Editor: Nick Tapp  
[editor@easterncycling.com](mailto:editor@easterncycling.com)

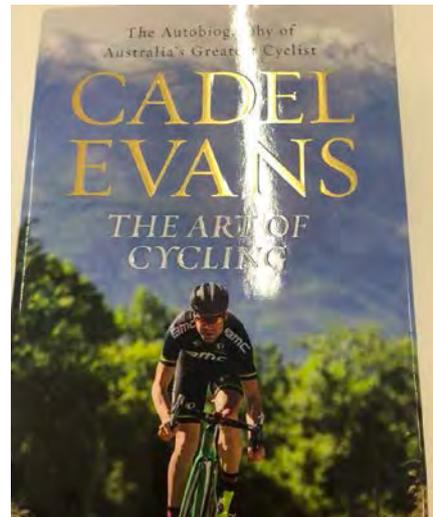
Thirty-seven riders raced at the Loop on Yarra Boulevard last Saturday. Results and race reports are inside. Results from Tuesday twilight racing at METEC and Wednesday morning's crit at the Loop are also there.

## Charity day

This Saturday 15 February is our annual charity day at Dunlop Road, Mulgrave. Please make an extra effort to be there if you can. B, D and F Grades will race at 1.30 pm and A, C and E Grades at 3 pm. There will be a raffle, and donations of items of value for raffle prizes will be gratefully accepted even on the day. Speak to Adam or another committee member if you have something you could donate. Rob Lackey has upped the ante by donating a Team BMC jersey signed by 2011 Tour de France winner Cadel Evans and five signed copies of Cadel's book *The Art of Cycling*.

Half of the proceeds of the charity day will go to Below the Belt, funding research into urogenital cancers. (A flyer for the Below the Belt Pedalthon is at the end of this newsletter, and you can support any or all of the Eastern riders taking part by making a donation and leaving a message of support at [donate.everydayhero.com/d/Ax7Vo-9DVFysdMbVrKJ85w/amount](https://donate.everydayhero.com/d/Ax7Vo-9DVFysdMbVrKJ85w/amount).)

Saturday's other cause will be the Gippsland Emergency Relief Fund, supporting families in East Gippsland affected by this summer's bushfires.



Some of the prizes on offer in this Saturday's fundraising raffle at Dunlop Road. Contact a committee member if there's something you'd like to donate.

  
**eastern**  
CYCLING CLUB

## Graded scratch races, the Loop, Yarra Boulevard, 8 February

Grade	1st	2nd	3rd
A Grade (8)	Jean-Philippe Leclercq	Rob Amos	Phil Cavaleri
B Grade (11)	Nick Tapp	Ross Clark (N)	Paul Firth
C Grade (6)	Sam Bruzzese	Andrew Buchanan	Doug Page
D Grade (9)	Veronica Vandebroeck	Ken Allan	John Williams
E Grade (3)	Neil Cartledge	Shane Dwyer (N)	Martin Deeley

### A Grade

*By Rob Amos*

I thought I should put in a quick race report after a rare placing in A Grade. This was most unexpected after some poor form of late, starting off with my torn MCL back in November, in the same knee that was operated on, then blowing up in the last few races, which I've put down to smoke taint.

Only eight starters, including a trial rider named Stefan, who mixed it up in the grade. In the humid conditions it would be a case of who could take the heat the best, a strong headwind on the back straight helping the body to cool down. The race started quite subdued, with attacks up the hill by Alex, Gooch and J-P each time splitting the bunch until the headwind, where it all came back together.

I was willing to pull a turn there so I was on the front starting the climb in the hope of going with the attacks, which is what happened after about 30 minutes of racing. J-P put in a big effort with me sitting on, and a big gap soon appeared as we worked well together – J-P working up the hill and me into the headwind. It was not long before we started to lap what was left of A Grade.

On the bell, J-P easily won the sprint, I was happy I had not blown up, and Phil Cav rolled

across in 3rd place behind Stefan, who as a trial rider was not eligible to place. The rest of A Grade pulled out.

### B Grade

*By Nick Tapp*

Chatting before Saturday's race, you'd reckon it was a miracle anyone could actually turn the pedals but, aches and maladies aside, there was plenty of form in the group of 11 (the biggest field of the day). Throw in an unusual south-easterly wind blowing straight in your face along the bottom part of the Loop, which might upset the natural order, and it could get interesting.

The pace was quite high early on. A number of attacks went off the front without getting a clear gap. The one that looked most likely came from Craig Stannard and Ross Clark. I could see those two going the distance, so I put in a big effort and bridged across. Nearly a lap later Paul Firth, who had thought the same, dragged the rest across. Danger averted. Rob Suter took off at one stage, and when we made the catch at the start of the hill I couldn't resist a counterattack, but it was short-lived like most of the others. Darren Woolhouse was riding aggressively, Paul always causes a stir when he goes to the front, and the unstoppable Roman Suran

made a number of cheeky moves. Did I mention Grant Farr? But after several laps of this surging and chasing, and with the warmth and the headwind starting to bite, things calmed down.

As a regular Wednesday morning rider at the Loop, you have to adjust for the extra distance when we race there on Saturday. Eventually the bell came. It was Roman who had got the jump, but his narrow lead was gone by the end of the sweeping bend. Dean's GoPro ([www.facebook.com/113284612067419/videos/195492811825217/](http://www.facebook.com/113284612067419/videos/195492811825217/)) shows it well. Ross is first past Roman, with me, then Paul, then Darren, in an echelon behind. Craig is there, too, and Grant is out of frame but can't be far away. Dean now powers past everyone on

the right and leads through the final corner and onto the climb. Steve White appears on the left, going long and hard up the hill, then Ross goes further left again, but everyone shifts to the right to avoid a slower rider, presumably race over, who is not exactly hugging the kerb on the left. Paul is between me and the right gutter, but there's enough width for the four of us. A headwind into the corner means a tailwind at the finish, and I can feel it coming to my aid as I sail across the line, with Ross just behind in 2nd place, Paul 3rd and Steve 4th. Thanks, all – ref, handicapper, marshals and riders – for a safe, fun afternoon.

### Croydon Cycleworks Summer Twilight Crit Series, METEC, 11 February

Grade	1st	2nd	3rd	4th
A Grade (8)	Chris Hughson	Steve Ross	Garron Buckland	Shane Crowhurst
B Grade (9)	Adam Hinds	Ray Russo	Darren Woolhouse	Chris Ellenby
C Grade (10)	Sam Bruzzese	Dean Tune	Nick Panou	Doug Reynolds (GCM)
D Grade (10)	Greg Harvey	Peter Brann	Ron Gillies	Michael Muscat

Ride of the night was awarded jointly to Sam Bruzzese and Shane Crowhurst.

### Wednesday criterium at the Loop, Yarra Boulevard, 12 February

Grade	1st	2nd	3rd
Division 1 (15)	David Rooke (N)	John Hasouras (N)	Roman Suran
Division 2 (5)	Tony Curulli	John Williams	Doug Page
Division 3 (4)	David Drew (N)	Shane Dwyer (N)	Michael Waterfield

Thanks to referee Mark Edwards, Dean Niclasen and other helpers. All prize money this week was donated to the Below the Belt Pedalthon.





## News etc.

### Eastern Grand Prix women's race

Entries for the Eastern Grand Prix women's race on Saturday 4 April are open at [entryboss.cc/races/4484](http://entryboss.cc/races/4484). For more details, go the Eastern GP page on the club website at [easterncycling.com/events/eastern-grand-prix/](http://easterncycling.com/events/eastern-grand-prix/).

### Renewing your membership

To those who have not yet renewed your membership: a reminder that renewing ensures you are covered by the insurance that comes with membership whenever you are out training or racing.

Give Juanita Stumbles a call on 0408 180 673 if you have any problems with online renewal here: <https://easterncycling.com/membership/>. You can renew your membership over the phone if you prefer – just have your credit card handy. Please do not start a new membership online just because you cannot remember your username or password.

If you are turning 70 (or older) anytime in 2020, you are entitled to a reduced membership fee, which is only the AVCC and VCV portion of the fee. This is effective from 1 January 2020, regardless of when in 2020 you turn 70. Again, if you have any issues renewing, please call Juanita.

## Future events

### Eastern CC events

Please refer to page 1 of this newsletter, or go to <https://easterncycling.com/roster/>.

Note: Graded scratch race entries are accepted on the day up until 15 minutes before the advertised race start time. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap *must* pay the entry fee regardless of whether they participate. Fees are due on race day; entrants will *not* be allowed to start in any ECC race until fees have been paid. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

### Northern CC events

For details, go to <http://northerncycling.com.au>. Please note that Northern has a new start time of 10 am for road races. Start time for criterium races at National Boulevard remains unchanged at 9 am.

### Other events

You will find flyers and entry forms at the end of this newsletter for the Below the Belt Pedalthon, coming up on Sunday 15 March, and the Very Special Kids Autumn Classic, on Friday 15 May.





## Sponsors



**AUTOMOTIVE ENGINE SHOP**



# Like cycling, don't like cancer?

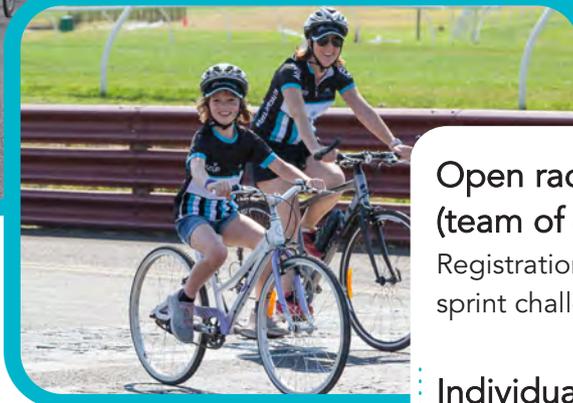
REGISTER  
NOW!

[www.belowthebelt.org.au/melbourne](http://www.belowthebelt.org.au/melbourne)

**Sunday 15 March 2020**

Sandown Racecourse,  
Springvale, Victoria

Fight cancer below the belt by riding or supporting the Melbourne Pedalthon.



## LIKE CYCLING?

The Melbourne Pedalthon returns for its 3rd year and invites you to ride and help those living with below the belt, (kidney, bladder, testicular, penile and prostate) cancers. Whether you're a keen cyclist, novice, are just looking for a challenge or want a fun day out with the family – then this is the ride for you!

## DON'T LIKE CANCER?

Every cent raised by the Pedalthon goes directly towards clinical trials research, which means straight into the hands of experts committed to improving treatments and outcomes for those living with kidney, bladder, testicular, penile and prostate cancer.

## SINCE 2014:

OVER  
**1,800**  
RIDERS

**24**  
BELOW THE  
BELT RESEARCH  
FUND PROJECTS  
AWARDED

OVER  
**\$1.65m**  
RAISED

With thanks to  
our venue  
partner:

**MRC Foundation**

### Open race challenge registration (team of 4): \$600

Registration to open race (3 hour challenge),  
sprint challenge.

### Individual registration: \$180

Registration to open race (3 hour challenge), sprint  
challenge.

### Family challenge registration for 2 adults and 2 children (team of 4): \$150

Registration to family challenge  
(1 hour challenge).

### Extra Child Registration: \$30

Registration to family challenge

### Sideline Supporter Registration: Free

If you're unable to ride, but would like to support  
the Pedalthon through fundraising

**Registration includes:** jersey or t-shirt, breakfast, coffee, lunch,  
beverages, day insurance, awards, supporter page,  
entertainment



# VERY SPECIAL KIDS

## Autumn Classic

FRI 15 MAY 2020

7AM – 11.30AM

VERY SPECIAL KIDS

321 GLENFERRIE ROAD, MALVERN

The Very Special Kids Autumn Classic is a virtual cycling race, bringing together Melbourne's cycling community as they compete for podium places and ultimate bragging rights.

Riders will attack mountain and prologue stages individually, with the winning team taking home the sought after perpetual cup. Trophies and prizes will be awarded to the winning teams at a celebratory lunch. Check out the 2019 coverage [here!](#)

With up to 16 teams competing, the racing - and spectating - will be more exciting than ever. Limited team places available for 2020, get in quick!

All proceeds will assist Very Special Kids in providing free of charge services to families caring for children with life-threatening conditions at the hospice onsite.



To express interest or for further information, please contact Kristi Ingrassia at Very Special Kids 03 9804 6217 or [kingrilli@vsk.org.au](mailto:kingrilli@vsk.org.au)





# VERY SPECIAL KIDS

## Autumn Classic

FRI 15 MAY 2020  
7AM - 11.30AM

### Registration details:

Name: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email Address: \_\_\_\_\_

Team Name: \_\_\_\_\_

Team Captain Details (if different from above):

Name: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email Address: \_\_\_\_\_

### Fundraising commitment:



We are committed to team participation of \$6,000 through personal donations and/or fundraising, plus an additional minimum fundraising goal of \$4,000

Proudly supported by



**The Cycling Fix**  
Tune Your Bike | Tune Your Body

