

2 November 2019

Eastern Cycling Club

Newsletter

Duty Roster

**Saturday 2 November,
Casey Fields**

John Williams (R), Paul Webster

**Sunday 10 November,
Dandenong South**

Richard Dobson (R), Ken Saxton
(TC), Stephen Barnard, Paul
James, Geoff Mackay, Steven
Davis, Paula McGovern, Dan Ives

*If rostered for duty, you must be there
at least 1 hour prior to start time. If
unable to do your duty, it's your
responsibility to find a replacement,
then advise Andrew Buchanan,
liptop2@optusnet.com.au.*

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The weather was cruel last Saturday and all racing, including Raclemania 19, was called off in the interests of safety – for riders and officials. The Annual Awards Night, with guest speaker and presenter David McKenzie, was not affected. See inside for a summary of the occasion and plenty of photos.

This Saturday we hope to race at Casey Fields, starting at 2 pm, though the forecast is again pretty grim. Pay attention to your phone, social media or TeamApp for updates. The following Sunday (note the day) at 10 am (note the time) we are scheduled to return to Bazalgette Crescent, Dandenong South. This fast, flat, safe course was well received when we first raced there in April.

Also inside (under News etc.) you'll find a great deal for Eastern members on bike service at Croydon Cycleworks throughout November. Note also: the club is placing another order with Pedla for club kit. Any members who want to order new kit should contact CCW (<http://croydoncycleworks.com.au>) by Thursday 7 November.



The 10 happy place-getters (L–R: 10th–1st) plus series sponsor David Richards at METEC this week

Annual Awards Night, Ringwood East, 26 October

Racing at Gruyere was cancelled but the Awards Night, with guest speaker David McKenzie and MC Max Michelson, was a great success. David was very entertaining and down-to-earth as he spoke about life as a pro racer, including what he went through to net the Linda McCartney Racing Team its one and only Grand Tour win (Stage 7 of the 2000 Giro d'Italia), his work as a commentator with SBS, and plenty more besides. It was also great to have David's wife, Susan McKenzie, present for the occasion. Club President Adam Dymond and major sponsor David Richards, of Croydon Cycleworks, also spoke.

Two highlights of the evening were the awarding of Club Member of the Year to Nick Hainal and Life Membership of Eastern Cycling Club to Ken Woollard. David McCormack spoke about Ken, and David McKenzie presented the awards.

Congratulations to all who received awards. See the next page for more podium photos.

Ken Woollard, Life Member

Ken Woollard was awarded Life Membership at the Awards Night last Saturday. The 92-year-old, who still rides today, was tickled pink with the award and would like to thank the Club greatly.

A summary of Ken's involvement with Eastern is as follows:

- Club member for 34 years
- Won 17 Club Championships
- Winner, Cec Cripps Enduro Stage Race, Brisbane to Adelaide
- Masters Games Road Champion – Canada, Perth and Melbourne
- Masters Road Champion of Russia – 1992, 1993 and 1995; overall Champion of Champions, 1992
- Masters World Road Champion, 1992; runner-up four times; 3rd, 1985
- Club Race Referee
- Club Handicapper, 1991
- Race official (The Loop), 2002–10.



Ken Woollard and David McKenzie

David McCormack



Croydon Cycleworks Summer Twilight Crit Series, METEC, 29 October

| Position | Rider |
|----------|----------------|
| 1st | Leon Bishop |
| 2nd | Peter Shanahan |
| 3rd | Neil Cartledge |
| 4th | J.C. Wilson |
| 5th | Greg Harvey |
| 6th | Michael Muscat |
| 7th | Max Michelson |
| 8th | Colin Mortley |
| 9th | Keith Wade |
| 10th | Kym Petersen |

This week, the first five finishers in each graded qualification race (A–E grades) advanced to a final three-lap handicap. E and D grades stayed away. Ride of the night was awarded to Dean Niclasen.

There is now a link to the Tuesday CCW Summer Series Aggregate online at:

https://docs.google.com/spreadsheets/d/e/2PACX-1vRToGoQABT_I-BKHrXdwqpiA8sPVpmjsAHbN8mvl6MB9LCwL1bCXFmjoPGatfnyqSvBYc6NyzTgCRe/pubhtml.

Wednesday criterium at the Loop, Yarra Boulevard, 30 October

| Division | 1st | 2nd | 3rd |
|------------------|-----------------|---------------------|--------------------|
| Division 1a (9) | Mark Seddon (N) | Russell Newnham | Chris Munro (CV) |
| Division 1b (11) | Dean Niclasen | Nick Tapp | Chris Ellenby |
| Division 2 (7) | Roman Suran | Doug Reynolds (GCM) | Rae Lesniowska (N) |
| Division 3 (7) | David Drew (N) | Tony Curulli | Shane Dwyer |
| Division 4 (3) | John Eddy | Paul Griffiths (N) | Michael Waterfield |

Thanks to referee John Williams, Mark Edwards and anyone else who helped.



Croydon Cycleworks November 2019 service offer

During November, Croydon Cycleworks is offering Eastern members a Gold Service at \$40 off. Get a great service on your bike, including bottom bracket and hub services, wheels trued, plus you will also get fresh brake pads, cables and new bar tape. Call or drop in to book your bike in.

| | Bronze Service | Silver Service | Gold Service | Road Value Pack | MTB Value Pack |
|--|----------------|----------------|--------------|-----------------|----------------|
| | 45mins | 60mins | 90-120mins | 120 mins | 120-150mins |
| Service Item | \$75 | \$119 | \$199 | \$349 | \$549 |
| Assessment | | | | | |
| Safety Check | | | | | |
| Standard Assessment | | | | | |
| Comprehensive Assessment | | | | | |
| Complete stripdown of frame and inspection | | | | | |
| Quote | | | | | |
| Wash/Clean | | | | | |
| Bike Wash | | | | | |
| Drive train removed comprehensively cleaned | | | | | |
| HeadSet | | | | | |
| Check/adjust headset bolts | | | | | |
| Check/adjust/refresh Brakes Front/Rear | | | | | |
| Service/rebuild Headset | | | | | |
| New brake pads ** | | | | | |
| New Brake Cables ** (where applicable) | | | | | |
| New bartape/grips ** | | | | | |
| Hydraulic Disc Brake Bleed | | | | | |
| Gears/Groupset | | | | | |
| Check/adjust gears front/rear | | | | | |
| Chain relubed | | | | | |
| Cables relubed | | | | | |
| Service/rebuild BB | | | | | |
| Service/rebuild rear derailleur (where applicable) | | | | | |
| New Gear Cables ** (where applicable) | | | | | |
| Electronic gearing firmware updates | | | | | |
| Wheels/Tyres | | | | | |
| Tyres inflated | | | | | |
| Front and rear wheels spot trued | | | | | |
| Front and rear wheels removed and trued | | | | | |
| Service/rebuild hubs | | | | | |
| New tubes/sealant topped up ** | | | | | |
| Fork/Shock/Speciality | | | | | |
| Service/rebuild fork | | | | | |
| Service/rebuild rear shock | | | | | |
| Remove/regrease pivots | | | | | |
| Test Ride | | | | | |
| Test Ride | | | | | |



Subscribe or view the new Eastern Cycling Club Calendar

For all the advantages of a regularly updated race calendar on your device, including notifications and reminders (if you want them). Note that these instructions work on desktops, not phones or tablets as far as I can tell. Once you have subscribed on a PC, you will see the Calendar on your mobile device, but I don't think you can subscribe from a phone. I could be wrong.

Windows format

<https://calendar.google.com/calendar/embed?src=markedwards%40easterncycling.com&ctz=Australia%2FMelbourne>

Go to the bottom and click add + if you already use Google Calendar.

Apple format

<https://calendar.google.com/calendar/ical/markedwards%40easterncycling.com/public/basic.ics>

and then do whatever it is you mac types do with iCal.

If you want to be an editor of the Calendar so you can add or modify events, let me know and we can make it happen. The more, the merrier.

MarkEdwards@easterncycling.com

Future events

Eastern CC events

Please refer to page 1 of this newsletter, or go to <https://easterncycling.com/roster/>.

Note: Graded scratch race entries are accepted on the day up until 15 minutes before the advertised race start time. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap *must* pay the entry fee regardless of whether they participate. Fees are due on race day; entrants will *not* be allowed to start in any ECC race until fees have been paid. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

Northern CC events

For details, go to <http://northerncycling.com.au>. Please note that Northern has a new start time of 10 am for road races. Start time for criterium races at National Boulevard remains unchanged at 9 am.

VCV events

The 2019 VCV Road Championships, hosted by Eureka, will be held at Lake Learmonth on 17 November. This will be the last VCV event for the year. See the flyer at the end of this newsletter.





AVCC events

Entries for the 2020 AVCC National Championships, to be held in Adelaide on 18, 19 and 20 January, the weekend prior to the Tour Down Under, are now open.

Here's the link: <https://www.samc.org.au/2020nats/>

This link will also take you to plenty of other information about the Nationals, including race location, times and distances, plus course maps.

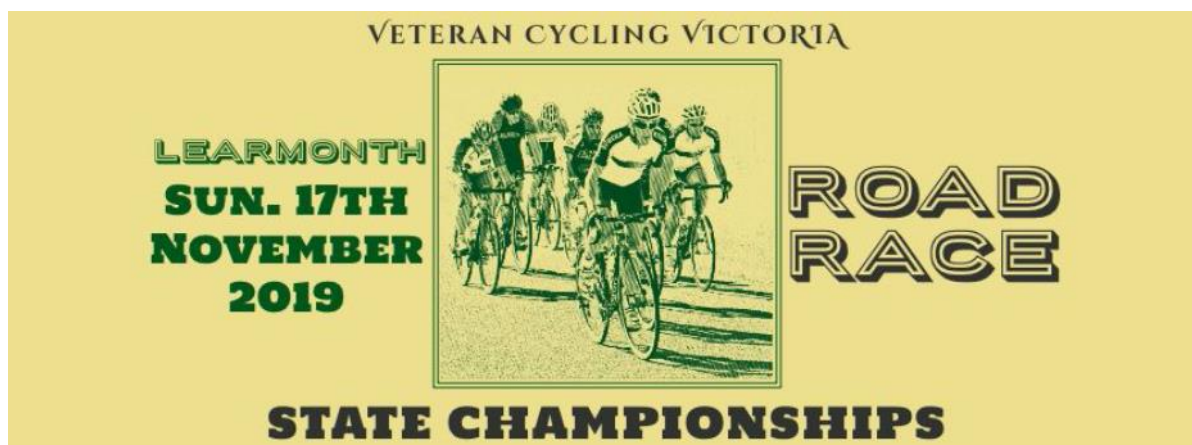
Lock in the dates for great racing and a chance to enjoy the TDU as well.

Other events

There is a flyer at the end of this newsletter with details of the inaugural Australasian Masters Cycling Championships (criterium, TT and road race) to be held at Wairarapa, New Zealand, over Easter (11–13 April) 2020. Australian riders are welcome, we are told, though it's not 100% clear whether a Veterans licence will suffice or whether you will need a Masters licence.

Sponsors





VCV State Road Race Championships

<http://www.veterancycling.com.au/events.html>

Sunday 17th November 2019 - 2 Aggregate Points

Hosted by Eureka on behalf of Veteran Cycling Victoria

To be held as graded races. Men and women race separately.

Women. Start time **10:55am**. All women's events will start at the same time, and all women will do the same 45km circuit. Number of divisions depends on entries.

Men. Men's events will start in 3 waves. Divisions A to F
Men's Distances.

Men Division A - 77km

Men Division B - 77km

Men Division C - 55km

Men Division D - 55km

Men Division E - 45km

Men Division F - 45km

Wave 1. **10:00am** Men Division C. **10:05am** Men Division D

Wave 2. **11:00am** Men Division E. **11:05am** Men Division F

Wave 3. **11:45am** Men Division A. **11:50am** Men Division B

Entries close midnight Tuesday 12th November 2019.

<https://www.registernow.com.au/secure/Register.aspx?E=36619>

Entry Fee \$10. Transponder hire \$5

Australasian Master's Cycling Championship

11 – 13 April 2020



*Australasian Masters
Cycling Championship*

*Visit NZ's beautiful Wairarapa
region for a spectacular 3 race
cycling series held over Easter
weekend.*

www.masterscycling.co.nz