

5 October 2019



# Eastern Cycling Club Newsletter

## Duty Roster

**Saturday 5 October, Casey Fields**  
John Williams (R), Clem Fries,  
Graham Nicolson

**Saturday 12 October, Yarra Glen**  
Tony Curulli (R), David McCormack  
(TC), Hylton Preece (TC), Pat  
Ruys, Chris Beard, Franc Tomsic,  
Marcus Herzog, Phil Taylor, Pam  
Vandersluys

*If rostered for duty, you must be there  
at least 1 hour prior to start time. If  
unable to do your duty, it's your  
responsibility to find a replacement,  
then advise Andrew Buchanan,  
[liptop2@optusnet.com.au](mailto:liptop2@optusnet.com.au).*

Editor: Nick Tapp  
[editor@easterncycling.com](mailto:editor@easterncycling.com)

Last Saturday's pre-Grand Final racing at METEC brought out a few who evidently can't wait for daylight saving and summer Tuesday nights. Some reports were short and to the point, but those that amounted to more than a sentence appear inside.

This Saturday we race at Casey Fields, Cranbourne East, starting at 2 pm. Registrations will close at 1.45 pm, and you can enter ahead of time via TeamApp as usual.

It's the start of a big and busy month for the club.

- The summer twilight crit series at METEC gets under way at 6 pm on Tuesday 8 October and is once again proudly sponsored by Croydon Cycleworks.
- Saturday 12 October is the day of the Club Road Championships, which this year are at Yarra Glen.
- Coming up on Saturday 19 October is the 47.6 km Team Time Trial at Thornton, sponsored by Orger Engines. This is a handicap event and is open to all VCV riders. Women's teams are especially encouraged to take part. Entries (by email to [peter.mackie@citywide.com.au](mailto:peter.mackie@citywide.com.au)) close at midnight on Wednesday 16 October. If you don't have a team, enter anyway and Peter Mackie will assign you to one. See the flyer at the end for more details.
- Then on Sunday 20 October there will be a 'Captain's choice' club ride around Wandin – more details to follow.
- The month winds up (for us) on Saturday 26 October with a big afternoon of racing at Gruyere, including the first 'Raclemania' A Grade super race, followed by a big night at Maroondah Sports Club, Dublin Road, Ringwood East – the Annual Awards Night, with special guest speaker and presenter David McKenzie. See flyers for both at the end of this newsletter, and be sure to book your spot at the Awards Night by midnight on Thursday 17 October.

## Graded scratch races, METEC, 28 September

Grade	1st	2nd	3rd
A Grade (5)	Glenn Newnham	Jean-Philippe Leclercq	Alex Randall
B Grade (12)	Dave Pyne	Mark Edwards	Shane Crowhurst
C Grade (12)	Dale Walton	Ken Saxton	Brendan Wain
D Grade (10)	Colin Mortley	Ken Allen	Max Michelson
E Grade (5)	Leon Bishop	John Eddy	Laurie Bohn

### A Grade

*By Glenn Newnham*

It was a pity to have such a small field at METEC in A Grade. It was just J-P Leclercq, Alex Randall, Kevin King, Rob Suter, me. I know lots of people don't like the circuit, but I love it. It lends itself to aggressive racing, and the bumps – well, they're probably better than many of the roads in Europe that the pros race on. The only problem was it was bloody cold when we headed out for the first lap. Thankfully, on the second time around, Alex stepped up the pace, just to try to help us get warm. I don't think Rob was ready though and unfortunately dropped off the back. Good for him for continuing to push himself in A. Makes me think of the years I spent being dropped from A before I managed to finish one.

The four who were left started rolling turns, changing at the same points, with each person doing a turn on each lap. It was a good pace and we were pretty even in our efforts, so that stopped anyone wanting to attack. We continued like that until about 15 minutes to go, when J-P put in the first attack. Everyone was motivated and fast to jump on his wheel. For the next 10 minutes, J-P and Alex took turns jumping off the front, and Kevin and I kept responding. Alex has some very good form after his Europe trip and it's

only a matter of time before he is back on the top step of a podium.

J-P tried one last attack down the front straight as we approached the bell lap, but we hadn't come this far to let him slip away now. I was second wheel and ended up on the front when J-P peeled off, so I spent most of the last lap looking behind me, preparing to jump onto a wheel as they came through. But everyone was being cagy and sitting in until the sprint. Before the last corner I stepped up the pace a little and then started my sprint on the exit. I had just enough to hold off J-P who was sprinting from the back, with Alex on my wheel in 3rd. Kevin missed the podium but, as always, was very strong for the whole race.

Bring on Tuesday nights!

### C Grade

*By Kym Petersen*

Grand Final Day. Tigers are in, I'm a supporter so I'm happy, I'm pumped to race and feeling positive about the day.

GWS put out my hubby's team, Collingwood, the week before, which I thought was a little unexpected and so the GF and its outcome is an unknown quantity. Like most, I'm just out to watch a good, hard game and be entertained a little along the way. As we all







found out, that wasn't to be. A totally dominant display by the Tigers had GWS reeling and didn't make for much of a spectacle. However, a win nevertheless, and the one most coveted, so we'll take it!

Moving on to the racing at METEC. It's been a while since I've done a crit, certainly a lot longer since it's been at METEC. I was wary of this because after a long road season, lots of endurance and base kilometres for me, the reflexes needed sharpening. Those around me may've been in a similar position, so no risks today, please.

The course is as bumpy as ever. In fact, some spot fixing has taken place, but mostly just resulted in more raised bumps! Particularly the long one extending across the track as you round the corner and wind up your sprint down the home straight!

We set off, it's a reasonable-sized group, but nothing outrageous. I sit on the front and have a nice chat for the first lap and think how enjoyable it is, knowing the serenity will be short-lived. I always like to have a few digs off the front. Good for a warm-up, good to control the race at your pace and nice to just throw it in there, really!

Darren Woolhouse was also very active. Hats off to him for his perseverance in getting back to his blistering form. Such an encouraging rider, with an ability to really read the situation and throw words of advice my way. It is appreciated, Daz! Also knows how to hurt himself, which a crit is always good for!

Kenny Saxton also did a lot of work, with both Brendan and Dale 'I've done 400 km this week' Walton thrown into the mix. Pete Ransome, looking fit as all get-out, having a go at chasing down the frontrunners too.

The race continued with no one able to stay away, the usual sprint was looking to be the only outcome. Daz led us all around in the final lap, I was sitting second wheel at this stage, which I was happy with. I could feel the entire bunch breathing down my neck and, sure enough, about four or five swamped us and took the front after the hump and S-bend. I maintained a good position, think Pete led everyone out, and as the sitters fanned out to the right (away from the wind) I followed suit, but stepped out left as late as possible, for some clear road. Rolled over the line in 4th position, happy with my efforts. Really enjoyed it with lots of attacking and quite a few having a go. Well done, all, and thanks especially to our marshals, along with Pete and Shelly taking entries and providing the usual banter – and for giving me no. 69 yet again.

## **D Grade**

*By Susan Williams*

Did you? Yes, I did, and it goes like this.

I hung on for 36 minutes, got dropped. Bunch lapped me on the sprint for the chockies.

If you want, keep this as a proforma and just insert the correct number of minutes for each D Grade race.

## Wednesday criterium at the Loop, Yarra Boulevard, 2 October

Division	1st	2nd	3rd
Division 1a (6)	Mark Seddon (N)	David Younger (N)	Phil Cavaleri
Division 1b (11)	Ross Clark (N)	Tom McDonough (N)	Ray Russo
Division 2 (3)	Dean Tune	Doug Reynolds	Michael Muscat
Division 3 (4)	David Drew (N)	Shane Dwyer	--
Division 4 (3)	Michael Waterfield	John Eddy	Laurie Bohn

Thanks to referee John Williams, Dean Niclasen and anyone else who helped.

## News etc.

### Support Juanita on Mornington Peninsula Ride for Relief

Mental health issues have been close to my heart since working in psychiatric hospitals for 15 years. It made me realise how most families are affected at some point by mental illness.

Mental illness is very common yet it is challenging to openly talk about one's feelings and to ask for help.

That is why I am committed to join Ride for Relief on 20 October to raise funds and awareness for Mentis Assist.

Please support me on my ride by donating any amount you could contribute on this page. Every dollar given will help Mentis Assist make a difference to the lives of people living with mental illness.

<https://rideforrelief2019.everydayhero.com/au/juanita-s-2019-ride-for-relief-page>

*Juanita Stumbles*

### Women's race gains sponsors

In good news, Croydon Cycle Works and Captain Snooze (Ron Gilles) have come on board as sponsors of the Eastern Grand Prix women's race, to be run on 4 April 2020.

Ron is shown (right) on the CCW Spain tour, flanked by Madam Secretary Susan Williams and Paula McGovern.





## Annual Awards Night

Saturday 26 October, 7 pm, Maroondah Sports Club. Scroll down for details.

## Bike for sale

See the end of this newsletter for details.

## Future events

### Eastern CC events

Please refer to page 1 of this newsletter, or go to <https://easterncycling.com/roster/>.

Note: Graded scratch race entries are accepted on the day up until 15 minutes before the advertised race start time. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap *must* pay the entry fee regardless of whether they participate. Fees are due on race day; entrants will *not* be allowed to start in any ECC race until fees have been paid. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

### Northern CC events

For details, go to <http://northerncycling.com.au>. Please note that Northern has a new start time of 10 am for road races. Start time for criterium races at National Boulevard remains unchanged at 9 am.

### Other events

There is a flyer at the end of this newsletter with details of the inaugural Australasian Masters Cycling Championships (criterium, TT and road race) to be held at Wairarapa, New Zealand, over Easter (11–13 April) 2020. Australian riders are welcome, we are told, though it's not 100% clear whether a Veterans licence will suffice or whether you will need a Masters licence.

## Sponsors







Eastern Cycling Club presents the...

# TEAM TIME TRIAL - 47.6KM

Proudly sponsored by Orger Engines



AUTOMOTIVE ENGINE SHOP

## 19TH OCTOBER

### RACE STARTS 1:30PM

REGISTRATION AND PRESENTATIONS  
AT THORTON RECREATION RESERVE

TAGGERTY - THORTON RD,  
THORTON

\$2000 in prize money + trophies

1st \$600

2nd \$400

3rd \$200

4th \$160

5th \$120

Fastest Team \$400

Fastest womens team \$120



### Entries close midnight October 16

Entry fee \$100 Per team

Team captain must pay at registration

Enter via email - [peter.mackie@citywide.com.au](mailto:peter.mackie@citywide.com.au)



eastern CYCLING CLUB proudly presents

# RACLEMANTIA 19

## Open A Grade Scratch Race

sponsored by BOONGALLA BUILD

**Saturday 26th October, 2pm start at Gruyere**

**15 Laps, 77km, 1125m Climbing, \$20 Entry Fee, AVCC Licence required**

**Entries close Wed 23rd October, details see Web, FaceBook or Team App**

**Entries may be capped**

**Plus usual B, C, D and E Graded Scratch Races on the day**

### Prizes

1st	\$500
2nd	\$400
3rd	\$300
4th	\$200
5th	\$150
6th	\$125
7th	\$100
8th	\$90
9th	\$75
10th	\$60
	\$2,000

featuring

Richard Abel  
Rob Amos  
Stuart Bendall  
Vaughan Bowman  
Garron Buckland  
Philip Cavaliere  
Iain Clark  
John Clarkson  
Chris Ellenby  
Grant Farr  
Paul Firth  
Clem Fries  
Anthony Gullace  
Richard Harvey  
Chris Hughson  
Tony Kimpton  
Kevin King  
Max Kornhofer  
Jean-Phillipe Leclercq  
Lawrence Lee  
Andrew Mapstone  
Glenn Newnham  
Russell Newnham  
Dean Niclasen  
Steve Parker  
Perry Peters  
David Pyne  
Alex Randall  
Steve Ross  
Ray Russo  
Philip Smith  
Rob Suter  
Paul Webster  
Nathan White  
Darren Woolhouse  
and many more



**BOONGALLA  
BUILD**



# **Eastern Cycling Club Annual Awards Night**

**SATURDAY 26TH OCTOBER - 7PM**

**MAROONDAH SPORTS CLUB - DUBLIN RD, RINGWOOD EAST  
2 COURSE MEAL**

**DRINKS AT BAR PRICES**

**GUEST SPEAKER - DAVID MCKENZIE**

**TICKET PRICE - \$70EA**

**TICKETS MUST BE PURCHASED ONLINE BY 17/10/19**

**[www.trybooking.com/BEDIZ](http://www.trybooking.com/BEDIZ)**

*Our special guest speaker & presenter is David McKenzie. David won the Australian National Road title in 1998 & his biggest victory came on stage 7 of the 2000 Giro d'Italia where he rode to victory after a 164 km solo breakaway. David now works as a cycling journalist and commentator on SBS.*





# *Australasian Master's Cycling Championship*

*11 – 13 April 2020*



*Australasian Masters  
Cycling Championship*

*Visit NZ's beautiful Wairarapa  
region for a spectacular 3 race  
cycling series held over Easter  
weekend.*

*[www.masterscycling.co.nz](http://www.masterscycling.co.nz)*



## For Sale

An Oldie but a Goodie

Specialized Transition Pro TT Bike. Once a World Champion, not ridden by me!!

Frame size M. Will accept any reasonable offer.

Contact David McCormack 0419 536 717

