

## Newsletter

9 March 2019



## Duty Roster

**Saturday 9 March, Casey Fields**

John Thomson (R), Dale Maizels,  
David Mann

**Saturday 16 March, Dunlop Road**

Richard Dobson (R), David McCormack (TC), Nick Hainal (TC), Andrew Nielsen (TC), Ian Milner, Mark Drury, David Griffin, Max Michelson, Garron Buckland, Chris Ellenby, Emma Smith, Phil Smith, Mark Reynolds, Ron Chapman

*If rostered for duty, you must be there at least 1 hour prior to start time. If unable to do your duty, it's your responsibility to find a replacement, then advise Andrew Buchanan, [tiptop2@optusnet.com.au](mailto:tiptop2@optusnet.com.au).*

Editor: Nick Tapp

[nick.tapp@detail-ed.com.au](mailto:nick.tapp@detail-ed.com.au)

With the forecast sitting at 37°C, last Saturday's handicap at Garfield was cancelled on Friday evening under the weather policy. In the event, bushfire warnings were issued for Garfield and several nearby locations on Saturday, and have been current at different levels since then. A fire was still burning in Bunyip State Park, north of the Princes Freeway, as this newsletter was being prepared. There is much more at stake than our bike race, and no doubt we would all hope to see the fires brought under control as soon as possible and with no further loss of property.

This Saturday it's graded scratch races at Casey Fields, off Berwick–Cranbourne Road, Cranbourne East. The registration desk closes at 1.45 pm and racing starts at 2 pm. As usual, you can sign up ahead of time on TeamApp.

Results from Tuesday night at METEC and Wednesday morning at the Loop are inside. No race reports from Saturday this week (obviously) but you might enjoy Mark Edward's account of refereeing at the Loop this week. How hard can it be ...?

The club's AGM is coming up on Wednesday 13 March. Adam Dymond's message regarding committee positions is repeated later in this newsletter. The Below the Belt Pedalthon takes place on Sunday 17 March. And the VCV Open Handicap at Seymour on 23 March, hosted by Eastern in partnership with Croydon Cycleworks, is also not far off. See the end of this newsletter for more information about these events and more.



The C Grade podium at METEC on Tuesday (L–R): Kym Petersen (2nd, plus some new socks for ride of the night), Nick Panou (1st), Gary Pye (3rd).

## Croydon Cycleworks Summer Twilight Crit Series, METEC, 5 March

Grade	1st	2nd	3rd	4th
A Grade (11)	Glenn Newnham	Richard Abel	Jean-Philippe Leclercq	Chris Hughson
B Grade (9)	Max Kornhofer	Dean Niclasen	Shane Crowhurst	David Pyne
C Grade (10)	Nick Panou	Kym Petersen	Gary Pye	Dean Tune
D Grade (10)	Veronica Vandenbroeck	Peter Brann	Ken Allan	Chris Norbury
E Grade (4)	Peter Shanahan	Michael Muscat	Leon Bishop	--

## Wednesday criterium at the Loop, Yarra Boulevard, 6 March

Division	1st	2nd	3rd
Division 1a (6)	Darren Woolhouse	David Rooke (N)	--
Division 1b (8)	Tom McDonough (N)	Nick Tapp	Peter Webb
Division 2 (7)	Michael Lavender (N)	Trevor Perry (N)	Tony Curulli
Division 3 (2)	David Drew (N)	--	--
Division 4 (4)	No result		

Referee was Mark Edwards (see below). Thanks also to Dean Niclasen and other helpers.

### 'I am a bear of very little brain'

**By Mark Edwards**

94.3 per cent? Wow, I know, right, that's a good mark on the referee test. As soon as John Williams reminded me I was on, I remembered to check my calendar, so that's a good start. I turn up. Duty calls. The Loop, it's like, how hard can it be? A bunch of riders who ride together most weeks, know the course, the rules, the goss. It's more a hard training ride, hill repeats, interval training, pretty much a pre-coffee run. I've got this.

So I sit down to take entries. It's pretty much self-selection except for Ellenby, who always wants to be in Division 4 (my legs are tired etc.) but we are

ready for his tricks. A few others, what Div? Really? A few looks over the shoulder. If *he's* there, *he* should be up there. What about *him*? Last week he said you said she said but then he didn't so that means ...

The list starts to take shape, but then a couple of jets arrive late. The Northern Invasion. So a few you go theres, you can come down but don't stooge again or else, blah blah, yada yada – and then I hit on a cunning plan. No forethought, more a thought bubble. What could go wrong?

So, Jets 1 and 2, you have got to take a lap, and we'll combine 1a and 1b for the rest coz of him and you and them there. *Capisce*? So you'll all race together, but I'll pay both divisions coz







there's 14 of you. Any questions? A couple look like they might ask but they realise they don't actually know what to ask, and anyway everyone wants to get going. So they are off.

Div. 4 gets coffee money back, there's two in Div. 3 and one's not racing, Div. 2 is happy playing nice amongst themselves and the 1a/b Composite Class, well, they've got the substitute teacher, it's chaos, boys are attacking each other repeatedly, retaliation. Sit down, stand up. Push, pull, hold, release. The Northern Jets, Fraser and Troy, they shed 1b immediately but the 1a.iis, Rooke and Farr, and the false 1b, Darren W, they're clinging on for dear life.

Meanwhile I've lost track of where everyone is, bunches are spread all over the Loop and I'm thinking, hmmm. Luckily there are some other, clearer heads there. Keith Bowen has only seen the last third of the race but he's got a better idea than me. It doesn't help that, despite explicit instructions about what to do after the race, some riders still absolutely refuse to cooperate. My blood is fairly up: 'Disqualified!'

I start paying out the winnings. Everyone is happy enough, even those who realise I've got it wrong. But then ...

'Huh? He never got a lap. I was after him, and before him, but not a lap down, and anyway I thought ...'

No one is angry, just confused. Not as much as me, they seem to know what's going on, but there's that little head tilt, that border collie thing: 'Wait, what?'

People even thank me/us for putting it on and getting it wrong. It's a nice friendly bunch, all is sort of forgiven. I owe David Rooke a coffee, but I still got mine free-y free. So that explains it.

So this is how I paid it:

1st	2nd
Fraser Short (N)	Darren Woolhouse

And this is how I should have, unless I still have it wrong (very possible):

1st	2nd
Darren Woolhouse	David Rooke (N)

I don't think everyone collected.

PS I am referee again in just two weeks' time, 20 March. Please bring your abaci!


## News etc.

### Annual General Meeting and committee positions

A reminder that our AGM is coming up on Wednesday 13 March. Please consider putting your hand up for any of the the following positions – or, if you're time poor and just want to help out, let us know and we will find something for you to do. In particular, we need people to fill the following important roles:

- Vice President – Emma Smith has decided not to stand again for this important role.
- Saturday marshalling and duty coordinator – Andrew Buchanan is standing down after six years in the role; this role requires a few emails and phone calls every week.
- Coordinate Saturday traffic control set-up – we have split Andrew's old role in half to make it more manageable.
- Assistant Handicapper – Pete has put his hand up for the 10th year in a row but can't do this forever; we need 2–3 assistant handicappers to help Pete and learn the ropes for when he does eventually stand down
- Assistant Treasurer – likewise, Juanita has put her hand up again, however she can't do this for ever either, so we need someone to come in, learn the ropes and hopefully take over in a year or two.
- Referees coordinator – to take the lead on ensuring all ECC races have an accredited race referee in attendance and also that all our referees have the correct accreditation.



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- State referee – we need to have our own ‘in-club’ state referee, whose main duty is to referee club open handicaps; this is a paid position via VCV.
  - Miscellaneous helpers – let us know if you want to get involved and we will find you something to do.

Feel free to discuss any of this with the current committee executives: Adam Dymond, Susan Williams, Juanita Stumbles, Emma Smith, Max Michelson or Peter Mackie.

## **Below the Belt Pedalthon**

This ride in support of research into urogenital cancers – the ones below the belt – is on again, on Sunday 17 March at Sandown Racecourse. Three teams with members from Eastern Vets took part in the 2018 Pedalthon. Neil Cartledge’s team raised the third-highest amount of money and finished 4th in the three-hour event. See the flyer at the end of this newsletter for more.

## **Tour de Cure dinner dance**

Susan Williams continues in her efforts to raise \$20,000 in support of cancer research and the ‘Fit for Life’ program in primary schools before she rides from Sydney to Geelong with the Tour de Cure. As part of this, Eastern CC members are all invited to the Tour de Cure Dinner Dance on Saturday 6 April at Royal Brighton Yacht Club. See the flyer at the end of this newsletter for full details and a link to book.

## **Tom Finning dinner**

Scroll down for details of a dinner to recognise the long service of former VVCC/VCV President Tom Finning, at which Eastern members are welcome.

## **Future events**

### **Eastern CC events**

Please refer to page 1 of this newsletter, or go to <https://easterncycling.com/roster/>.

Note: Graded scratch race entries are accepted on the day up until 15 minutes before the advertised race start time. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap *must* pay the entry fee regardless of whether they participate. Fees are due on race day; entrants will *not* be allowed to start in any ECC race until fees have been paid. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

### **Northern CC events**

For details, go to <http://northerncycling.com.au>. Please note that Northern has a new start time of 10 am for road races. Start time for criterium races at National Boulevard remains unchanged at 9 am.





## Sponsors



# Like cycling? Don't like cancer?

**RIDE WITH US  
IN MELBOURNE**

**SANDOWN  
RACECOURSE  
SUNDAY  
17 MARCH  
2019**

## Join us in the ride to defeat testicular, prostate, bladder and kidney cancers!

Following on from the success of the inaugural Below the Belt Pedalthon in Melbourne, we are doing it again. Register, ride and raise vital funds in the ultimate community challenge on Sunday 17 March at Sandown Racecourse.

Whether you are an avid cyclist, new to the sport or just looking for a challenge, we invite you to ride to help those living with urogenital cancers and to improve outcomes for the next generation.

Ride as many laps as you can in 3 hours (open race) or 1 hour (family challenge) on Melbourne's iconic Sandown Racecourse. The day also includes the short course competition, best dressed, post ride lunch, awards presentation and great entertainment. A fun day out for all!

The Pedalthon was founded to promote awareness of these common but 'less glamorous' cancers and to provide ANZUP with critical funds needed to improve the lives of so many.

Every cent raised by the Pedalthon goes directly towards clinical trials research, which means straight into the hands of experts committed to treating testicular, kidney, bladder and prostate cancer better.

We can defeat these cancers – but only with your support!

### How are you helping?

All funds raised will benefit ANZUP Cancer Trials Group in their efforts to improve treatments and outcomes for those affected by urogenital cancers.

It can be challenging to obtain initial funding to move a concept through to being a viable clinical trial. That is why the Below the Belt Research Fund has been established: to move new ideas into the next evolutionary phase and ultimately completion.

Fundraising efforts from the Pedalthon has provided 18 medical researchers' funds for their successful projects. These projects are crucial to improve treatments and outcomes for those living with these cancers.

### We need your help to fund more trials.

[www.belowthebelt.org.au](http://www.belowthebelt.org.au)

With thanks to our venue partner MRC Foundation



Through your support, the Pedalthon aspires to change how we view, act, respond, and treat below the belt – testicular, prostate, kidney and bladder – cancers.

Every dollar raised will help ANZUP improve the treatment and outcomes of those affected by these cancers.

**OVER  
23,988**

PEOPLE DIAGNOSED  
EVERY YEAR NEED  
YOUR HELP

## Package highlights

- Individual, team or family registration
- Access to food, coffee, refreshments, and entertainment
- Insurance
- Awards for champions and other categories
- Post ride lunch with awards ceremony
- Complimentary 2019 Pedalthon jersey and t-shirts for children
- Plenty of entertainment and fun!

## Event details

**Sunday 17 March 2019**

**7.00am - 7.45am**

Registration and breakfast

**7.45am - 8.00am**

Safety and event briefing

**8.00am - 11.00am**

Open race (most laps in 3 hours)

**11.05am - 12.05pm**

Family challenge (most laps in 1 hour)

**12.15pm - 12.45pm**

Sprint challenge

**12.45pm**

BBQ Lunch and awards presentation

## Registration fees

Open race challenge registration  
team of 4): .....\$600

Family challenge registration  
(2 adults and 2 children): . . . . . \$150

Individual registration: . . . . . \$180

### Individual fundraising goals:

Individual: . . . . . \$500

Children: . . . . . \$100

To register go to [www.belowthebelt.org.au](http://www.belowthebelt.org.au)

# Let's fight cancer below the belt!



*'Keep riding,  
spread the  
message and  
thank you for  
being part of  
the Pedalthon'*



Simon Clarke,  
Pedalthon Founder

For further information please contact [pedalthon@anzup.org.au](mailto:pedalthon@anzup.org.au) or 02 9562 5042



Susan Williams invites you to



*The Tour de Cure*  
*DINNER DANCE*

Saturday 6th of APRIL 2019  
Royal Brighton Yacht Club  
6pm – 11pm

Dress: Cocktail

HELP US FIND A CURE FOR CANCER

**Your ticket includes**

2 course Sit Down Dinner

All Beverages

Special Guest Speaker

Live & Silent Auctions

Conducted by Auctioneer Extraordinaire

Andrew Reynolds

The White Tree Band

**Tickets**

\$200 per person

\$150 under 30's

<https://www.trybooking.com/465203>

Tables of 8 and 10 available

Please note that tickets are non-refundable

Tax deductions will be emailed to you as the ticket contains a donation.

Be a part of finding a cure for cancer. Tour de Cure funds cancer research projects and the 'Fit for Life' educational program for Primary Schools.

I had Breast Cancer in 2016 and reaped the benefit of the years of research that has been made possible by public fund raising and philanthropic donations. For this and the care I received from every single professional, I am eternally grateful.

To mark the 3 year anniversary of my breast cancer diagnosis and treatment I am riding from Sydney to Geelong, inland, via the Blue Mountains for 1275 kilometres over 8 days. My Aim is to raise **\$20,000** over 6 months and I am currently sitting on **\$11,235**.





Eastern Cycling Club  
in partnership with  
Croydon Cycleworks  
presents the...

Prize from 1st to 10th

1st \$500

2nd \$400

3rd \$300

4th \$200

5th \$150

6th \$120

7th \$100

8th \$80

9th \$70

10th \$50

Fastest overall \$250

Fastest unplaced female \$50

# 60km Open HANDICAP at Seymour

## Saturday 23rd March

Online entry: [www.veterancycling.com.au](http://www.veterancycling.com.au)

Entries close at midnight on Tuesday 19th March

Race Start Time 1.30pm

Registration Manners St, Seymour  
(Opposite the Royal Hotel)

Rider briefing and race start is 3.5km along the Seymour-Avenel Rd)

\$2000 in Prize Money plus Trophies



[www.croydoncycleworks.com.au](http://www.croydoncycleworks.com.au)

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*Join Us  
For*

**Tom Finning's**

**DINNER**

*At*  
**The Ponds Hotel**

*1154 Princes Hwy, Waurin Ponds*

*Sunday 24th, March 2109*

*Commencing at 4.00pm*

*Full menu available and drinks at bar prices*

*Come along to help celebrate Tom's lifelong  
service to Veteran Cycling*

*Presented by: Geelong Surf Coast Cycling and  
Veteran Cycling Victoria*

*RSVP : Mar 15 to Gordon Spargo [secretary@gscc.net.au](mailto:secretary@gscc.net.au)*