

Newsletter

8 September 2018



Duty Roster

Saturday 8 September, Yarra Glen

Mark Edwards (R), Andrew Nielsen (TC), Peter Webb (TC), Antony Lateo, Mick Dewdney, Emma Anderson, Dave Moreland, Daniel Hulbert, John Blyth, Matt Clarke

Saturday 15 September, Gruyere

Tony Curulli (R), Ian R. Smith (TC), Neil Cartledge (TC), Mark Granland (TC), Chris Sheers, Laurie Gates, Colin Doherty, Steve Ross, Veronica Vandebroek, Damian Toohey

If rostered for duty, you must be there at least 1 hour prior to start time. If unable to do your duty, it's your responsibility to find a replacement, then advise Andrew Buchanan, tiptop2@optusnet.com.au.

Editor: Nick Tapp
nick.tapp@detail-ed.com.au



By all accounts, Casey Fields turned it on last Saturday for the first day of spring. As always, the tough turned up to tough it out. Results and reports are inside.

Racing this Saturday is at Yarra Glen. It starts at 2 pm, and the registration desk, on Glenview Road opposite the entrance to the cemetery, will close at 1.45 pm. Some preliminary reading from race referee Mark Edwards is below. There will be a test at the end. No, actually, there will be hot soup at the end (see 'Social notes').

Referee's notes

This Saturday there will be the normal briefing but can I pre-mention the following:

We *will* check tail lights. We *should* check helmets. You *must* have an Australian Standard sticker (right) in your helmet. I'll ask you to check with the rider next to you. Be warned.

Note: it is *not* allowable to overtake riders on the wrong side of the road – attacking, rolling, downhill or uphill – until the controlled finish sprint (if safe!). Worse, it is unsporting to take an advantage your mate wouldn't. Bunch captains, you have an obligation to keep the race nice, think of club before rider, castigate anyone who does not keep left. Safety and good neighbourliness first, race tactics last. Those gear levers are also brakes!

Also note that the cemetery is a sacred place, where loved ones visit. RESPECT. The trees and bushes are for decoration and windbreak. Don't use that space for any other purpose. Please shout at anyone disrespecting the space. Think about *your* loved ones.

Team time trial

Don't forget to register your team via TeamApp for the team time trial at Thornton on Saturday 22 September, or contact Peter Mackie if you wish to be placed in a team. Entries close the week before, on Wednesday 19 September at 5 pm.

Tour de Cure

And finally, please scroll through to the end of this newsletter for a special bulletin from our Madam Secretary, Susan Williams.





Graded scratch races, Casey Fields, 1 September

Grade	1st	2nd	3rd
A Grade (7)	Phil Smith	Phil Cavaleri	Glenn Newnham
B Grade (8)	Mark Edwards	Ray Russo	Rob Truscott
C Grade (13)	Kym Petersen	Adam Dymond	Tim Maffey
D Grade (7)	Colin Mortley	Veronica Vandebroek	Chris Norbury
E Grade (3)	J.C. Wilson	John Eddy	Rod Goodes

B Grade

By Mark Edwards

I think about racing a bit. I'm not sure if it's too much or too little. What is the right amount?

We like the movies. My wife knows the plots and the intrigues. I can focus if there is a gorgeous woman. I like Penelope Cruz films. All her movies are great but I can't tell you any of the plot lines. Maybe *Woman on Top*. Friday night was *On Chesil Beach* and I was thinking about racing, the weather, the wind, the rain and another possible cancellation.

When Saturday comes we huddle under the awning of the Casey Clubhouse, rugged up against the bitter squalls. Waiting. How perfectly miserable this is. Then the weather gods smile. Muddah, Fadduh, kindly disregard this letter. Only eight green hats, a small but talented field but it's on.

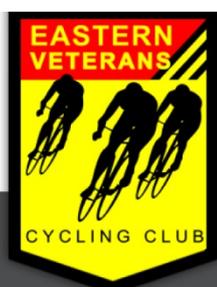
The neutral lap. A few straining at the leash. The two Robs pulling, a couple of sled dogs. Webby as always the whippet. Dave M. the quiet Lab, Mackie the snappy one and Ray Ray, a bit of mongrel in. Watch him. They can all bite. Watch them all.

We roll around small against the wind. Everyone takes a turn, feels the breeze and rolls off. Hard to get away day. Some blood rushers, pulled back easy enough. Ray throws in a few feints, he's restless with that AB syndrome. No fun cruising

with the B team but don't do too much and get sent back up, not yet anyway. So he's yo-yoing, testing, teasing. Somehow a split happens. There was no big surge, maybe the Casey wind picked off Webb, Mackie and McCormack. Eight to five, rolling turns, no sign of a chase so there was little urgency.

Rob S. asked me if we should try something. Why not? I'll launch from the back, go hard, you jump on, job done. I went full gas, whack whack, turned to check Rob was still there. He was, but wtf so is everyone else, just sat there smiling, nose breathing. No good with the wind behind, Rob mutters. Now he tells me. We're all edgier now.

We cruise until there's about five or ten minutes to go. Time for another crack. Rob slides off, I wait a bit and jump. Gap made. Two together, hard, hurting hard. The three behind are supposed to crack but they are inching back. The happy suffering turns unhappy. It's a grind now. Time's up, we still have a gap, we look to the referee John Thomson, a flint hard man who would make Harry Callahan turn away. He's never heard of this unhappy suffering, it's all good to J.T. – and he gives us more. Around we go, pleading for the bell. Darkness nears. Webby has packed up and is by the fire in Ringwood now, laughing at us. I start to think about *On Chesil Beach*, a really disturbing movie, there's proper suffering there but no podium salve. There were bits I couldn't look. Bits I couldn't listen. Do not see that movie.





With no idea when the race will finish, Rob and I give in to the stalkers and it's five again. Finally the bell goes. Rob S. goes long and lonely. There's a bit of 'be alert but not alarmed' stuff, Neil understandably doesn't want to drag us back and get skinned. It's a watch and wait situation. I scurry across again and this time I'm sure we're home but we're cooked and damn here they come again and we are all tense along the back straight. We are next to a sheep station. I sneak attack and check back to see them closing me down, but I'm home from Ray and Rob T. looking strong.

Great to get a Saturday race in. Thanks to all.

C Grade

By Kym Petersen

A whole year has flown by at warp speed it would seem ... This time last year I had just arrived home from France, via Spain, having competed at the UCI Gran Fondo World Championships in Albi, France, and full of pneumonia. What an experience that was. After checking out of a great Spanish apartment, I then checked myself into Knox Private for a week!

Thankfully, 12 months on I am fit and healthy and enjoying my racing again. Next time I fly overseas I will definitely invest in a surgical face mask – to hell with the fashion statement.

There is a loose segue to my story in Saturday's pneumonia-inducing weather. Winds straight off the Antarctic and winter holding firm and giving its last gasp. A brave and hardy reduced overall field of 38 riders was testament to this. C Grade should be proud in that we represented over a third of the total, with 13 starters. Well done us!

After a brief downpour, then a break in the weather, John Thomson sent us off on our way. He reminded us that 20 minutes constitutes a race. I'd not raced for nine weeks so, once we hit the 20 minute mark, I mentally sighed some relief, thinking that, yes, it'd be OK for the cats and dogs to come down now!

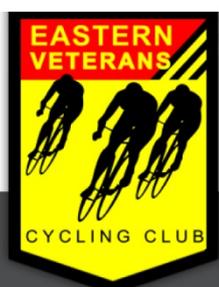
We had Tim Maffey up the front looking particularly strong. Goose Wedderburn, his partner in crime, also put us into some hurt with his efforts.

Unfortunately, he punctured about halfway into the race. At least that was one less to inflict pain! I tried to stay up in the front third, where the pace is always more even, and was mostly successful in doing so. I did find myself on the front but will happily admit to only one, maybe two turns out into that horrible wind. I didn't trust myself to do too much, having not raced for such a long time. There were a lot of like-minded racers doing the same, I certainly wasn't alone! Tim's was an excellent wheel to follow, as was Ad's, and I knew this was where I needed to be. Adam had a spurt off the front and it was always going to be hard to hold this gap to the main bunch. We kept a steady pace and reeled him back in – actually, not 'we', that was probably Tim again!

Into the bell lap and we had the usual foxing, no one really wanting to hit the front and take over Tim's duties. Round the back straight, known as Stinky Poo straight, Paul James throws down his signature move and hammers it, with the tailwind providing some good assistance. He rounds the left-hander into the home straight still with a small gap, but Tim is giving chase and is closing fast. Adam is hot on Tim's wheel, with me glued on. Timbo gave it his all and managed to pass Paul, who is by now chewing on his handlebars. Adam goes left and I pull out to the right, sprinting up the inside, out of the wind, and manage to come over both him and Tim to take line honours.

Tim was just as excited as if he'd won, which made me smile even more. What a power of work he did, and provided the perfect lead-out, thanks buddy! A big thank you also to those who marshalled on Saturday and made racing possible for us – it was certainly freezing!

Below is a quote that Paula sent me in the lead-up to Albi last year. It is one of many (31 in fact) that were sent in the month prior, as motivation. Such a cool thing, and definitely all of them resonated with me.

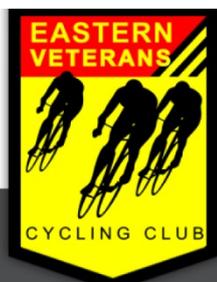


Champion of Champions

With two out of three Club Championships for the year decided, standings at the top of the competition for Champion of Champions, which combines all three, are as below. The remaining event is the Club Road Race Championships, to be held at Seymour on Saturday 20 October. Thanks to Adam for compiling.

	criterium, Casey Fields, 5 May	ITT, Thornton, 25 August	Total
Women 50–54			
Paula McGovern	5	5	10
Women 55–59			
Susan Williams	5	0	5
Women 60–64			
Sue Sharples	5	0	5
Men 35–39			
Rob Lackey	0	5	5
Matt Clarke	5	0	5
Men 45–49			
Glenn Newnham	5	5	10
Perry Peters	3	3	6
Darren Woolhouse	2	0	2
Men 50–54			
Phil Smith	2	5	7
Tony Kimpton	5	0	5
J-P Leclercq	1	3	4
Anthony Gullace	3	0	3
Paul Webster	1	2	3
Men 55–59			
Phil Cavaleri	5	3	8
Colin Doherty	1	5	6
Rob Amos	3	2	5
Russell Newnham	2	0	2

	criterium, Casey Fields, 5 May	ITT, Thornton, 25 August	Total
Men 60-64			
Colin Mortley	1	5	6
Chris Ellenby	5	0	5
Hylton Preece	2	3	5
John Williams	3	0	3
Peter Gray	1	2	3
Men 65–69			
David McCormack	2	5	7
Mark Edwards	5	0	5
Peter Webb	3	1	4
Andrew Buchanan	1	3	4
David Worland	0	2	2
Men 70–74			
John Thomson	5	5	10
Neil Cartledge	1	3	4
John Pritchard	3	0	3
Colin O'Brien	2	0	2
Men 75–79			
Keith Wade	5	5	10
Harry Hibgame	3	3	6
John Eddy	2	2	4
Men 80–84			
Ron Stranks	5	0	5
Men 85–89			
Rod Goodes	5	0	5





News etc.

Social notes

This Saturday, Helen will bring about 45 serves of hot homemade minestrone soup with bread and butter. Donation to charity, pay what you like or what you can afford. Please bring a cup if you remember, it's easier for us.

Awards Dinner, 17 November, with Matt Keenan

We want to make it a cycling awards night (Champion of Champions!) *and* a good social night. All partners welcome and encouraged. Pretty please come.

We have about 80 seats, 13 already taken. To help us with planning, we really hope you get in early.

Can you please fill out this simple [one minute survey](#) – you can change your answer later, and we'll put it on Facebook, too

Mark Edwards

Cycling movies

ACMI at Federation Square is screening a season of cycling documentaries from 10 to 25 September. On offer are old favourites *MAMIL*, *All for One* and *Le Ride* as well as the Australian premiere of *Time Trial*, featuring David Millar and with a soundtrack by Dan Deacon. There's a button to book if you go to <https://tinyurl.com/ycvh3rpo>.

Save another date

On Thursday 11 October at Curve Cycling, [36 Bond St, Abbotsford](#), a criterium info night is being organised by the SheRace crew, to kick-start crit season. Stand by for details.

Future events

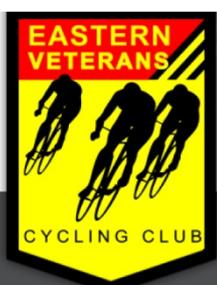
Eastern events

For other events, please refer to page 1 of this newsletter, or go to <http://easternvets.com/roster/>.

Note: Graded scratch race entries are accepted on the day up to 15 minutes before the advertised race start time. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap *must* pay the entry fee regardless of whether they participate. Fees are due on race day; entrants will *not* be allowed to start in any EVCC race until fees have been paid. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

Northern events

For details, go to <http://northerncycling.com.au>. Please note that Northern has a new start time of 10 am for road races, as of Sunday 9 September at South Gisborne. Start time for criterium races at National Boulevard will remain unchanged at 9 am.

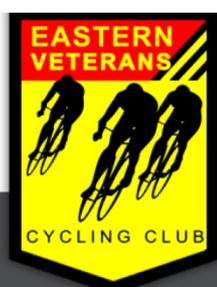




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AUTOMOTIVE ENGINE SHOP





News from your Madam Secretary

In May 2019, on the third anniversary of my breast cancer diagnosis, I am riding from Sydney to Geelong, a mere 1275 km over eight days, as part of the Tour de Cure team. The tour raises money to find a cure for cancer and promotes a healthy lifestyle among the communities we visit en route. Each participant for the tour must raise a minimum of \$11k.

We all know that research is the key to beating this beast, so this is why I want to do my bit. It's one thing for my generation to deal with cancer, but I worry about the next generation and am determined that, by helping to fund research and clinical trials, they will make huge progress in the next few years.

You can help too by sponsoring me!

Sponsor me for 5 cents per kilometre = Rounded up to \$60.00

OR

10 cents per kilometre = Rounded up to \$120.00

Click on this link to donate:

<https://tourdecure.com.au/profile/?memberId=87580&tourId=1018>

