

# Newsletter

7 October 2017



## Duty Roster

### Saturday 7 October, Casey Fields

Stephen Barnard (R), Dale Maizels, Ron Chapman

### Saturday 14 October, Arthurs Creek

Tony Curulli (R), Rob Giles (TC), David McCormack (TC), Shane Dwyer, Craig Tucker, John Williams, Peter Bertelsen, Kym Petersen, Bernie Evans, Richard Vernon, Keith Wade

*If rostered for duty, you must be at there at least 1 hour prior to start time.*

*It's your responsibility to find a replacement if unable to do your duty, then advise Andrew Buchanan, [tjptop2@optusnet.com.au](mailto:tjptop2@optusnet.com.au)*

Last Saturday, AFL Grand Final day, we descended on METEC for the first time in quite a while. Results and a couple of race reports are inside. The Get into Road Racing (GiRR) course wound up before the racing started, and some of the participants joined in the club racing. We hope to welcome them back again soon. Congratulations and thanks to GiRR coaches David Richards and Paula McGovern.

Some of you were back at METEC only a couple of days later, on Tuesday evening, for the return of the Croydon Cycleworks Summer Twilight Crit Series. Results are inside. Over the summer months, unless otherwise notified, racing starts at 6 pm every Tuesday, at METEC driver training facility, 112 Colchester Rd, Kilsyth. The series prize list is inside, and it's well worth competing for. Watch your email or TeamApp for updates.



This Saturday we're at Casey Fields. For anyone new to the club, this purpose-built criterium circuit is part of the Casey Fields sporting complex, off Berwick–Cranbourne Road, about 54 km from the CBD. The registration table closes at 1.45 pm and racing starts at 2 o'clock.

A shout out to any club members riding in the 25th Around the Bay on Sunday. The weather forecast for this Melbourne institution, as usual, could be better, could be worse. It probably won't be too hot, or too cold. There may be the odd shower later in the day. There will be some wind, but not too much, which should blow you down the Bay in the morning, and after that ...? There's more on Around the Bay, including links if you want to sponsor a rider for The Smith Family, inside.

Editor: Nick Tapp

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## Graded scratch races at METEC, 30 September

Grade	1st	2nd	3rd
A Grade (11)	Daniel Hulbert	Jean-Philippe Leclercq	Alex Randall
B Grade (10)	Chris Ellenby	John Williams	Adam Dymond
C Grade (13)	Sam Bruzzese	Darren Woolhouse	Paul James
D Grade (11)	Greg Harvey	Peter Gray	Colin Mortley
E Grade (10)	Paula McGovern	Zenon Gawronski	Alan Cunneen

### D Grade

By Peter Gray

*Who dares 'winds'*

I was expecting a gentle breeze at METEC, on I think the only race in Eastern's calendar (other than the VVCC Crit Championships at Casey) which is run in the morning. A westerly front, earlier forecast for the wee small hours, was delayed, resulting in something of an unsympathetic blow at the 10 am departure time. But at least no rain, so nice one Jane!

Eleven D Graders fronted the start on AFL Grand Final day, out of a suprisingly good attendance of 55 participants. Tigers vs Crows. Hmm! Both creatures at the top of their respective trees, so to speak. One predatory, the other a scavenger. Which species would dominate the contest?

On paper, our group looked evenly matched, with most having consistently competed in D Grade throughout the year. It was pleasing to see David Brown stay in touch with the group, after returning from an extended layup.

*Eye of the Tiger*

So off we flow, though the early laps were pretty slow. Most (if they're minded like I) were probably thinking, 'Let's just tuck in for 50 minutes and wait for the final siren (bell)'.

About four laps in and Max Michelson decides to give things a big shake up by attacking on the bump. I wasn't about to let him get away with that one

again. Remember Jindivick? Gap closed, attack neutralised and everyone back together.

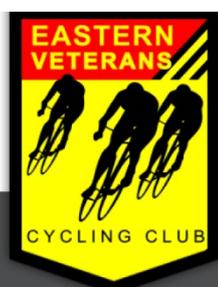
A couple more laps go by, then another attack, just before the bump. This time it was Greg Harvey who thought he might extract a few sleeping sheep from the flock. Not only did Greg separate the inattentive, he successfully managed to establish a 400 metre winning solo breakaway into that relentless headwind.

*Stone the Crows*

The chasing bunch never really got its act together despite some encouraging words from yours truly. Chris Norbury came to the front several times to help lift the pace along, as did Max, Ron Chapman, Colin Mortley and myself. Despite the alternating fresh legs, the bunch was unable to pull back any ground on the leader.

So with Greg assured 1st place, the remainder were left to squabble over 2nd and 3rd pickings. Chris drew the 'short straw' with respect to dragging the chasers around for the final two laps. Given the headwind sprint, I don't think anyone was prepared to lead out too early. Chris called for an interchange just after exiting the final bend, giving me the prompt to position where I like it most. The front. With 150 metres to go, the sprint into the headwind was faster than anticipated, Colin positioning and sprinting well for 3rd place.

Many thanks to Colin for bringing along the barbecue and doing the cooking, with assistance from Ken Allan and Emma Anderson. Not forgetting Petra





Niclasen, who supplied the ice cold drinks in Dean's absence.

*Stats*

Tigers 1st 108 points  
 Crows 2nd & 3rd 60 points

I think the Tigers have it in the 'lunch' bag.

**E Grade**

**By Jim Swainston**

A good turn-up for our Grand Final day outing. This followed on from our GiRR group at 8.30 am. A talented bunch if we can coax them into registering.

Ten red hats was very significant even if there was a bit of variation in abilities. It certainly gives a bit more opportunity to make up a story! Even pace early in the hard conditions, but we had the feeling that Paula and Zen could flex their muscles any minute. We had a few members riding singly (dropped) by halfway.

Mark Granland, Laurie Bohn, Barry Ellem and Clive Wright were doing it hard.

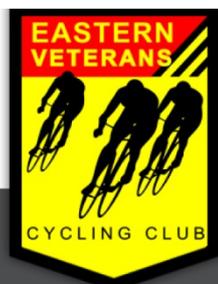
Paula and Zen lifted the pace and I saw this as a vital gap to be closed before the remainder broke up. I then went down the back to recover, however the real attack was then launched and Alan Cunneen was the only one to go with them. The rest of us were spread-eagled around the circuit, led by John Eddy, then me, followed by Petra, locked in our own little battle. I wasn't gaining on John but Petra, determined lady that she is, caught me and we worked together quite well, slowly gaining on John.

I was certainly looking for the bell but Richard's arms remained folded so we really earnt our bell. Paula went on to win well from Zen, with Alan 3rd and John 4th.

Great to see the morning a success and to see Ronnie there with his granddaughter (already indoctrinated to follow Port Melbourne). Thanks to all.

**Croydon Cycleworks Summer Twilight Crit Series, 3 October**

Grade	1st	2nd	3rd	4th
A Grade (10)	Jean-Philippe Leclercq	Glenn Newnham	Chris Hughson	Steve Ross
B Grade (14)	Boyd Williams	Grant Greenhalgh	Chris Ellenby	Adam Dymond
C Grade (16)	Darren Woolhouse	James Somers	Paul James	Andrew Wedderburn
D Grade (14)	Brad Thexton	Ron Chapman	Chris Joy	Geoff Mackay
E Grade (7)	Harry Hibgame	Michael Muscat	Paula McGovern	Alan Cunneen



## Wednesday criterium at the Loop, Kew, 4 October

Division	1st	2nd	3rd
Division 1 (10)	Iain Clark (N)	Phil Cavaleri	Trevor Coulter (N)
Division 2 (13)	Peter Morris	Peter Webb	John Williams
Division 3 (8)	Peter Gray	Neil Cartledge	David McCormack
Division 4 (5)	Barry Rodgers	John Eddy	Barry Ellem

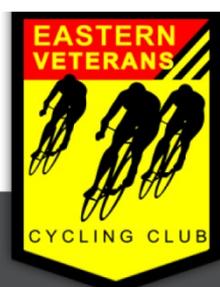
Thanks as always to referee Keith Bowen and his helpers.

## News etc.

### Croydon Cycleworks Twilight Crit Series

As noted elsewhere, it's back! Tuesday evenings, METEC, Kilsyth. See TeamApp for the latest updates. The overall prizes for the series, generously donated by Dave Richards and Croydon Cycleworks, are as follows.

Place	Prize	RRP
1	Zipp 302 CCL wheelset	\$2200
2	SH+ helmet/sunglasses	\$550
3	CCW jersey, shorts and socks	\$320
4	CCW Guru bike fit	\$250
5	Pirelli tyre and tube pack	\$170
6	Shimano shoes	\$150
7	CCW Race Service	\$149
8	SIS nutrition pack	\$80
9	Cygolyte Hotrod	\$70
10	BBB clean and lube pack	\$65
11	Azur track pump	\$50
12	CCW gift voucher	\$40





## Around the Bay turns twenty-five

By Nick Tapp

Many Eastern Vets riders have rolled around 'the Bay' over the past 25 years in the annual Around the Bay ride (formerly Around the Bay in a Day) organised by Bicycle Network (formerly Bicycle Victoria – and who remembers the Bicycle Institute of Victoria before that?). The honour roll of riders who have finished more than 10 times is long, and includes several hardy souls who have done all twenty-four. Familiar names on the '10 or more' list include Peter Mackie (way ahead on 21), Haydn Chapman (17), Michael Waterfield (17), Nick Tapp (16), a certain Ian Michelson (14), Ken Saxton (12), Graham Cadd (11) and David McIndoe (10). Apologies if we missed you. And that's just those who paid up and did the ride officially. I will be there again this year – more 'beside the Bay' than around it – with my daughter Amy on the 50 km ride to Altona and back, twice over the Westgate Bridge. If you're also riding, have a good one!

For many years Around the Bay has been a major fundraiser for The Smith Family, an independent charity that supports disadvantaged Australian kids through education. Note that none of the money collected through ride entry fees goes to The Smith Family; all of it goes towards staging the event. The Smith Family only receives money that individual riders raise through pledges of support. If you'd like to make a contribution, small or large, to this excellent cause, it's easy to support anyone you know who has registered to ride this year. Just go to <https://aroundthebayfundraising.com.au/> and search for their name. Or you can go straight to [my page](#) and sponsor me!



## What a dope

Thanks to Nigel Kimber for this link to the story of mechanical doping in veterans cycling in France: <http://www.cyclingnews.com/news/french-veteran-rider-reportedly-caught-using-mechanical-doping/>.

And his defence? 'I didn't ride my bike for three months': <http://www.cyclingnews.com/news/french-veteran-racer-defends-his-use-of-mechanical-doping/>.

## Future events

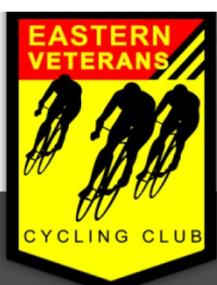
### Eastern Vets

For other events, please refer to page 1 of this newsletter, or go to <http://easternvets.com/roster/>.

Note: Graded Scratch Race entries are accepted on the day up to 15 minutes before the advertised race start time. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap *must* pay the entry fee regardless of whether they participate. Fees are due on race day; entrants will *not* be allowed to start in any EVCC race until fees have been paid. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

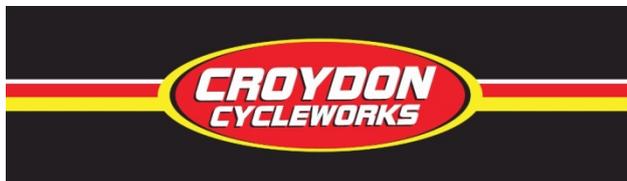
### Northern Vets

For details, go to [www.northerncycling.com](http://www.northerncycling.com).





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