

Newsletter

25 June 2016



Duty roster

25 June, Eildon

Nigel Kimber (R), Jamie Goddard (TC), Walter Savini (TC), Ian Milner (TC), Barry Beachley, David Thompson, Robin Condie, Rob Lewis, Geoff O'Loghlen, Franc Tomic, Richard Vernon, Haydn Chapman

2 July, Casey Fields

Stephen Barnard (R), Jenni Collins, John Court

If rostered for duty, you must be there at least 1 hour before start time. It's your responsibility to find a replacement if unable to do your duty, then advise Andrew Buchanan, tjtop2@optusnet.com.au

Editor: Nick Tapp

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Winter racing continued at one of our most picturesque courses on Saturday. Yarra Glen's roads were wet but riders negotiated all those corners without mishap, the actual rain stayed away – mostly! – and the racing was keenly contested. Nigel Kimber was there with camera and has put many great images in the Gallery on the club website at <http://easternvets.com/gallery/>. They're well worth a look.

We're at Eildon this week. Remember the 1.30 pm start – and the 20 km/h speed limit in the reserve where we park. A month of racing against Northern Cycling then follows – check the calendar at <http://easternvets.com/calendar/> for details.

And the Tour de France begins in a little over a week, which means the club's Tour de France night, with guest speaker Noel Sens and a big screen for Stage 20 from Megève to Morzine, is not that far away. It's on Saturday 23 July. Contact David McCormack for details and bookings.



If you thought conditions last Saturday bordered on unpleasant for racing, spare a thought for the afternoon's officials. A shout out to (L-R) Mal Jones, Phil Thompson, Keith Bowen and all the others who made it happen. Thanks!

All photos: Nigel Kimber

Graded scratch races, Yarra Glen, 18 June

Grade	1st	2nd	3rd
A Grade (10)	Guy Green	Trevor Coulter	Phil Smith
B Grade (15)	Paul Firth	Nick Tapp	Dale Maizels
C Grade (13)	Walter Savini	Geoff Darroch	Rob De Bernardi
D Grade (8)	Mark Charlton	Dean Niclasen	Colin Mortley
E Grade (6)	Rob Devolle	Max Michelson	Susan O'Brien
F Grade (3)	John Eddy	Clive Wright	Ron Stranks

A Grade (I)

A cold, wet day wasn't looking good for racing, and after just returning from a Northern Territory holiday I wasn't too keen to venture outdoors. However, guilt got the better of me. After eight days of lying by the pool and drinking piña colodas, I thought that I was overdue for a bit of a workout.

A strong field showed up again, with Team Bike now well represented with three riders. After a slow and cautious first lap, Dave Moreland was the first rider to show aggression and attacked near the finish line, getting a good gap. Dave's move was a good one and had everyone worried, but he was cursed by a puncture and had to pull over and make repairs before rejoining the race a lap down.

Frank Nyhuis, was the next attacker to try his luck, and he got a good gap before Steve Ross and Trevor Coulter chased and bridged. This break of three riders looked threatening and brought some attention from Guy Green, Emilio Romano and myself. It was unusual not to see Rob Amos pulling hard turns. It was later that we learned Rob had a mechanical issue with dodgy cleats and, out of concern for his fellow riders, elected to stay at the McDonough end of the bunch to stay safe.

Frank, Steve and Trevor held a good break over the field for three or four laps and it took a fair bit of work to catch them. Frank was the first to get caught and then shortly after Steve and Trevor were back in the bunch. A few casualties had been dropped during the chase, but most of the field were together halfway through the race.

With the reforming of the bunch, there came more frequent attacks from various riders and this split the bunch and with a few laps left it was down to four riders: Guy Green, Trevor Coulter, Tom McDonough and myself. Dave Moreland was also with us, but after his lap out he was riding as a neutral and not figuring in the final results.



Guy Green (R) and Phil Smith lead the chase.



The last few laps were pretty relaxed, and it was becoming obvious that the finale was to be a sprint. This was to the liking of Guy– he has a legendary kick and is hard to beat on an uphill finish. Attacks on the bell lap were all in vain and the sprint was Guy's for the taking. He took the lead early and soon pulled a gap on the challengers. Result was Guy 1st, Trevor 2nd, myself 3rd and Tom finishing strongly in 4th.

Really appreciate the team rostered on for duty – thanks, it was not a pleasant day to be standing around!

Phil Smith



Not long now – the pack closes in on Steve Ross (L) and Trevor Coulter.

A Grade (II)

Ten riders in A grade in wet conditions. My race started a disaster when I realised that I had worn cleats on the old shoes that I was wearing and neither of them would clip in, meaning that I had to sit on the back for safety reasons and keep Tom company. Phil Smith tested everybody's legs early going up the hill, but the first serious attack came from Dave Moreland. Half a lap later he was standing by the side of the road with a puncture. Frank then tried his luck, before team mate Steve decided to try and bridge across, joined by Trevor Coulter. They held their lead for a few laps before they were slowly reeled in. The effort put Frank and Steve off the back. With two laps to go I also went out the back, having been

dropped every lap on the inclines, before chasing back on, the legs cramping with my new pedal stoke. Phil tried a couple more attacks before the bunch sprint, won by Guy from Trevor and Phil.

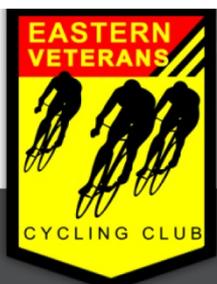
Rob Amos

B Grade

As drizzle and gloom set in on the drive to Yarra Glen, the temptation built to choose from the many fine wineries and nestle in next to an open fire while enjoying the fermented fruits and fare of the valley. Alas, due the perpetual devotion to all things *Bike* by my driver (Paul Firth) we found ourselves clamping on wheels and suiting up in the sodden car park at the Dead Centre of Town.

The absence of Mackie at registration saw Paul swindle his way into B Grade. I, though devoid of riding for a couple of weeks, and given the option to drop a grade, decided I had enough intestinal fortitude to persist with B Grade. Given my potential lack of form, I decided on a strategy very new to me – do absolutely no work and find someone big towards the back to sit on for the entire race. So from the neutral stage I assumed said position. From the get-go it was obvious I was going to struggle. The heart was racing and I was gasping for breath at the slightest lifting of pace. The rubber band effect of sitting down the back was something I hadn't counted on. During the last couple of laps I was gapped a couple of times – very concerning since no one else seemed to struggle that much.

The bell lap saw us stop at the penultimate corner due to traffic. A saving grace for the few of us stragglers after the lung-busting push up the hill. Cars cleared. It was off down the hill and through the last intersection. A little cat and mouse prior to the sprint enabled me to get up to around mid-peloton, however I was disturbingly boxed in on the left. About 200 metres out, the sprint finally wound up pace. Twice I found myself freewheeling while trying to find my way out of traffic. Definitely not ideal. I eventually untangled myself from a web of wheels and managed 5th. I'm pretty happy with that, and surprised to have had a sprint in me at all. Congrats to Paul (put him up), Nick and Dale (sorry, didn't recognise



you during the race!) and the rest of B Grade for a safe race in trying conditions.

Pete Morris



Pete Morris (No. 40) in 'said position' at the back of B Grade.

C Grade

Morning didn't quite start as it should've. Alarm wasn't set and I missed my morning Pilates class. Stuck my head out the door to find the morning cold but not too damp. 'This could be OK for racing at Yarra Glen', I thought to myself.

A few hours later, with the day not getting much warmer, I wander to the Cycling Apparel Dept (spare room) and debate what to wear. Difficult choice, but opt to go full longs (wise choice, I discover).

Pack the bike and leave home with dry skies, only to arrive in Yarra Glen with signs of not so happy conditions – rain! Some clever members opted to leave the bikes on the racks and carry on straight back home. However, the remaining squad members were ready to face some fierce conditions. Our Ref for the day, Richard Dobson, reiterated clearly that anyone crossing to the wrong side would be exterminated – sorry, disqualified. A quick glance across and a wag of the finger to a particular rider emphasised the point. I won't mention names but she did ride well.

Finally neutral behind us and the pace picked up comfortably, with some good early work from Tim Crowe, Dave Worland, Sam Bruzzese and myself. Approaching lap six and the race began

showing signs of hurt, with the weather now adding to the misery. I didn't think I had much more left, when Kym decided to give it a crack up Glenview but found herself quickly reeled in before the King Street turn. Again a cautious approach to the finish and another lap gone. As soon as it disappeared, the Glenview climb was back to haunt us. Now Hylton decided to stretch his legs and found good form up the climb, only to keep the bunch in tow.

Next couple of laps became a blur, might have been the spray and rain onto my glasses, but I did manage to notice an up-tempo from Bernie and Dave doing their thing. Final lap and the sweet sound of the bell, only to find myself at the rear of the bunch with Hylton. Not a place we wanted to be. The last turn into the finish straight and still nowhere to go. I found myself hanging on Franc Tomsic's wheel with a hundred to go when Hylton decided now was the time to cross on to the right. Frank thought the same, but grabbed a handful of wrong gears and baulked. This gave me a slingshot effect and put me in front of the pack. I saw Geoff with a good 3–4 metre lead, only to find that his legs didn't have the travel and relinquished the finish to me.

Great safe race considering the elements, and a grateful thanks to the marshals and controllers on the day.

Walter Savini



Walter (in 'full longs') and the blue hats ride through the cutting.





E Grade

E Grade had six riders, with two new riders – welcome, Andrew and Tony, hope you enjoyed your first time. Bad start for Max, a flat tyre just after roll out. Got back to the car, air in the tyre, around through the neutral section and eventually got back on, one and a half laps down. Leaving three riders to contest the finish. Great ride by Rob to finish 1st, with a strong ride by Susan for 3rd, and 2nd for Max. All enjoyed the day.

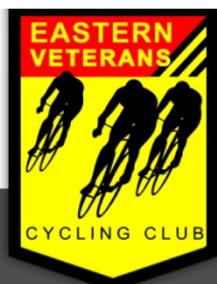
Max Michelson



The contenders in E Grade: Rob Devolle, Susan O'Brien and J.C. Wilson.



The F Grade bunch: Ron Stranks, John Eddy and Clive Wright.



Wednesday criterium at the Loop, Kew, 22 June

Division	1st	2nd	3rd
Division 1 (10)	Fraser Short (N)	Paul Firth	Tom McDonough (N)
Division 2 (10)	Rob De Bernardi	Richard Dobson	Peter Webb
Division 3 (6)	Dean Niclasen	Shane Dwyer	Doug Page
Division 4 (3)	John Eddy	Clive Wright	Barry Rodgers

Thanks to Keith Bowen, Steve Barnard and Barry Rodgers for setting up and running proceedings.

Future events

Eastern Vets

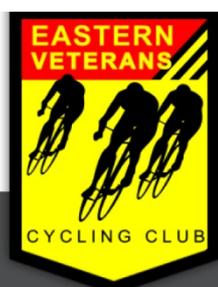
For other events, please refer to page 1 of this newsletter, or go to <http://eastervets.com/roster/>

Note: Graded Scratch Race entries are accepted on the day up to 15 minutes before the advertised race start time. Handicap entries close the Tuesday before the race. Riders entering a handicap MUST pay the entry fee regardless of participation. Fees are due on race day; entrants will NOT be allowed to start in any EVCC race until fees have been paid.

No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted via e-mail to the handicapper or on any race day prior to the event.

Northern Vets

For more details go to <http://www.northerncycling.com/>





Training rides

Day/Time/Place	Route	Style	Contact
<p>Tuesdays 9:30 am (9:00 am during DST) Main Yarra Trail (meet under Burke Road overpass)</p>	Under Burke Road on Main Yarra Trail to Southbank via Yarra Boulevard and bike paths along the river and return	Social, bike paths and roads, coffee @ Southbank	Keithb33@optusnet.com.au
<p>Sunday mornings Beach Road Ride. Leave 8.00 am sharp. Meet at Peanut Farm Reserve, cnr Blessington & Chaucer Sts, St Kilda</p>	Ride along Beach Rd to Frankston. 10 min stop. Then ride back to St Kilda (approx. 65 km)	Social ride, coffee back at St Kilda	
<p>Saturday mornings (7.30 am) and Sundays/public holidays (8.00 am) Meet at Ringwood Clock towers, Maroondah Hwy, Ringwood</p>	Maroondah Hwy to Carlton for coffee, then return	Fast social	

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