

# Newsletter



## Duty Roster

### 12 September, Gruyere

John Thomson (R), Matt White (TC), Rob Feigan (TC), Kevin King, Scott Lee, Owen Lewis, Nick Thompson, JC Wilson, Shane Dwyer, Darren Eagle, John Eddy, Daniel Ives

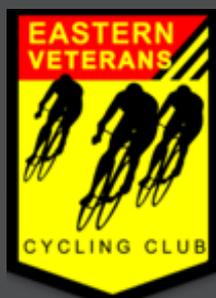
### 19 September, Yarra Glen

Tony Curulli (R), Ian M. Smith (TC), Ken Saxton (TC), Gary Leroy, Bob Lewis, Dale Linaker, Tim Maffey, Gerald McIver, Peter O'Callaghan, Gavin Plummer

*If rostered for duty, you must be at there at least 1 hour prior to start time. It's your responsibility to find a replacement if unable to do your duty, then advise Andrew Buchanan, [tjtop2@optusnet.com.au](mailto:tjtop2@optusnet.com.au)*

Editor: Nick Tapp

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We can't all be like Joaquim Rodríguez. The veteran (yes, he's 36!) Spanish rider was quoted as saying, after a savagely mountainous stage of the Vuelta a España this week, that he had suffered more on the 'easier' 9–10% sections than on the walls and was waiting for 15–20% gradients ... to recover. After some hilly courses in recent weeks, Casey Fields last Saturday probably looked like a good place to recover – but, as anyone who's raced there knows, it's rarely that simple.

There's just the one race report from Casey this week. Doug Reynolds and Kevin King finally got away from the B-grade bunch, but would they stay away? Read on to find out.

And best of luck to any club members who may be riding Amy's Gran Fondo this Sunday. The weather forecast could hardly be better. Enjoy those closed roads!



Amy's Gran Fondo riders enjoy the freedom of the Great Ocean Road.  
Photo: Amy Gillett Foundation

## Graded scratch races, Casey Fields, 5 September

Grade	1st	2nd	3rd	4th
A Grade (9)	Guy Green	Roy Clark	Jean-Philippe Leclercq	
B Grade (14)	Doug Reynolds	Kevin King	Perry Peters	
C Grade (15)	Steve Short	Bob Lewis	Frank Crifo (Eureka)	David McCormack
D Grade (8)	Neil Cartledge	Sam Bruzzese	Greg Harvey	
E Grade (10)	JC Wilson	Nick Hainal	Ray Watts	
F Grade (9)	Tony Lateo	Ron Stranks	John Eddy	

### B Grade

Casey Fields – no wind, flat course, cold, maybe some rain!

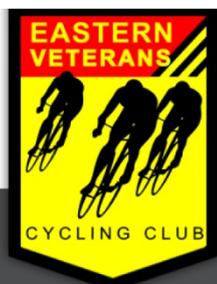
Conditions suggested a relatively easy race. And the first couple of laps reinforced that thought. But personally I don't enjoy rolling around at 34–35km/h, and it didn't take long to get things fired up with a couple of laps at 40+km/h. Then the race really got started. Ian Smith had a wander off the front a few times, and past experience suggested not giving him too much leeway. But the pattern continued, as it does in some races: one attack follows another and none are allowed to last too long. Patience was going to be needed, to test some legs, try and get an advantage and then see if time would play its part.

Ian Milner looked dangerous a couple of times too, really stretching the bunch. A couple of half-hearted Croydon Cycles moves about 45 minutes in suggested a handful of riders were starting to think about the finish. And suddenly, after a slight roll off the front, I noticed Kevin King following, with the bunch just a short distance behind. It

looked as if yet another attempted escape would fail, but Kevin came past, made a comment about 'Let's see how we go,' and it was on.

For a few laps the gap just would not increase. The clock was ticking and we both battled on. Then, with the hour almost up, the gap started to open, and we both knew we were in with a chance. Early on, I felt pretty good. Then Kevin drove on,. He was obviously having a good day, and I started to wonder whether only one of us would make it to the finish in the lead. With an increasing gap, though, and the time now heading towards 75 minutes, we both knew it could not be long before we heard the bell. Kevin's turns continued to rip my legs off, so I dropped the gear, started to wonder whether to go for a long one or hope that I had the legs for the testing uphill finish.

I had raced with Kevin a few times but couldn't recall whether he could sprint, and settled on finding out. We had both worked hard, neither missing a turn, and it was all going to get down to the last 200 metres. Kevin led out, while I hoped I could judge the finish okay and that the legs would respond. They did and, after a long drought, I finally got a win.





I have been in a lot of breaks over the years, and it is always good to be with a rider who is prepared to give it all, to try and get a good result. Great ride, Kevin. Any time you need a

breakaway companion in future, give me a call. Just please don't start doing any sprint training!

*Doug Reynolds*

## Wednesday criterium at the Loop, Kew, 9 September

An untimely shower and some damp corners led to the cancellation of Wednesday's racing at the Loop. Within a short time (of course!) the sun was shining and the road had dried out. Those who were not already ensconced with coffee at the boathouse rolled around for half an hour in two groups and thus achieved most of the workout they had come for. Thanks to Keith Bowen and the usual crew for setting up, packing it all away again, and standing on the line while we didn't race.

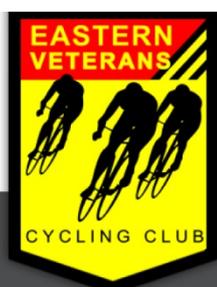
## News

### You make me wanna swoop: dispelling magpie myths

Have you been swooped yet? It's magpie season again, and you may be wondering whether it's worth attaching cable ties or fake eyeballs to your helmet to repel attack. For a somewhat scientific approach to the problem, have a look at this [blog post](#) from CSIRO scientists in Canberra, which includes videos of their 'experiment'. Thanks to Rob Suter for the link.



**Magpie photobomb at the Deep Space Network installation near Canberra**  
Photo: CSIRO



## Cyclers Guild – a new initiative



Cyclersguild is an emblem to unite all cyclists, promote cycling in general and promote driver awareness to increase road safety.

Show your support and display one proudly.

More than just a sticker... well kind of just a sticker.

**For the first 25 orders over \$10 get 30% off – use the promo code EVCC**

<http://cyclersguild.com.au/>

## > ABOUT THE GUILD

CyclersGuild is a simple but elegant emblem to UNITE CYCLISTS NATIONALLY, PROMOTE CYCLING IN GENERAL and most importantly PROMOTE DRIVER AWARENESS to improve road safety.

The ultimate goal is to surprise drivers with just how many cyclists they actually share the roads with and hopefully convert more people to take up cycling. Every time someone takes up cycling the world becomes that little bit better.

Cyclists are a proud bunch and most are not aligned to an official club. Aside from the obvious awareness benefit I also wanted a common emblem proud cyclists nationally could unite under. Just like sports club supporters supporters proudly display their emblem. It shouldn't matter if you race a \$15k bike or just commute 1km to work on a bike with a basket. That's why we have Road, Flat Bar, MTB and BMX options.

The sticker is purposefully generic and not aligned with a brand/organisation or stand for anything other than Passion > Belonging > Awareness.

I drew all the Vinyl decals and spent months testing suppliers to get it right. I designed the packaging and marketing myself. I wrote, designed and built the website. I package each sticker by hand and deliver it to my local postbox.

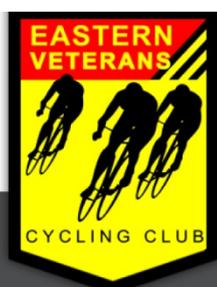
## Future events

Please refer to page 1 of this newsletter, or go to <http://eastervets.com/roster/>

Note: Graded Scratch Race entries are accepted on the day up to 15 minutes before the advertised race start time. Handicap entries close the Tuesday before the race. Riders entering a handicap MUST pay the entry fee regardless of participation. Fees are due on race day; entrants will NOT be allowed to start in any EVCC race until fees have been paid.

No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted via e-mail to the handicapper or on any race day prior to the event.

**Northern Vets – for more details: <http://www.northerncycling.com/>**



## Training rides

Day/Time/Place	Route	Style	Contact
<b>Tuesdays</b> 9:30 am (9:00 am during DST). Main Yarra Trail (meet under Burke Road overpass).	Under Burke Road on Main Yarra Trail to Southbank via Yarra Boulevard and bike paths along the river and return.	Social, bike paths and roads, coffee @ Southbank.	Keithb33@optusnet.com.au
<b>Sunday Mornings</b> Beach Road Ride. <b>Leave 8.00 am sharp.</b> Meet at Peanut Farm Reserve. Cnr Blessington & Chaucer Sts. St Kilda.	Ride along Beach Rd to Frankston.  10 min stop. Then ride back to St Kilda. (approx. 65 km).	Social Ride - Coffee back at St Kilda.	
<b>Saturday mornings (7.30am) and Sundays/Public Holidays (8.00am)</b>  Meet at Ringwood Clock towers, Maroondah Hwy, Ringwood	Maroondah Hwy to Carlton for coffee, then return	Fast social	

## Sponsors



**BikeGearNow**

