

Newsletter



Duty Roster

27th June Newham VVCC Open

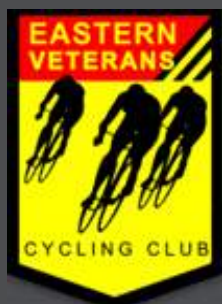
John Thomson, Nick Hainal, Hylton Preece, Kevin King, Nigel Kimber, Peter Gray, Mike Cleary, Ross Gardiner, Peter Brann, Tim Crowe, Grant Greenalgh, Stephanie Coulson, Anthony Gullace, Daniel Couzens

4th July Eildon

Nigel Kimber, Walter Savini, Dave Brown, Zenon Gawronski, Geoff Cranstone, Justin Davis, Sam Bruzesse, Wayne Doherty, Alan Hicks, Michael Hay, Allan O'Neil, Paul Cullen

If rostered for duty, you must be at there at least 1 hour prior to start time. It's your responsibility to find a replacement if unable to do your duty, then advise Andrew Buchanan, tjtop2@optusnet.com.au

Editor: Janita Keating
janita_todd@bigpond.com



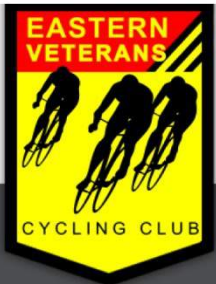
This week's *image of the week* is by Dave McCormack, showing the Yarra Glen Teams Race winners, from left: Richard Abel, David dePedro, Jay Phillpotts, Tom Leaper.

A reminder that the TdF EVCC night is soon approaching .. make sure you book your tickets soon!



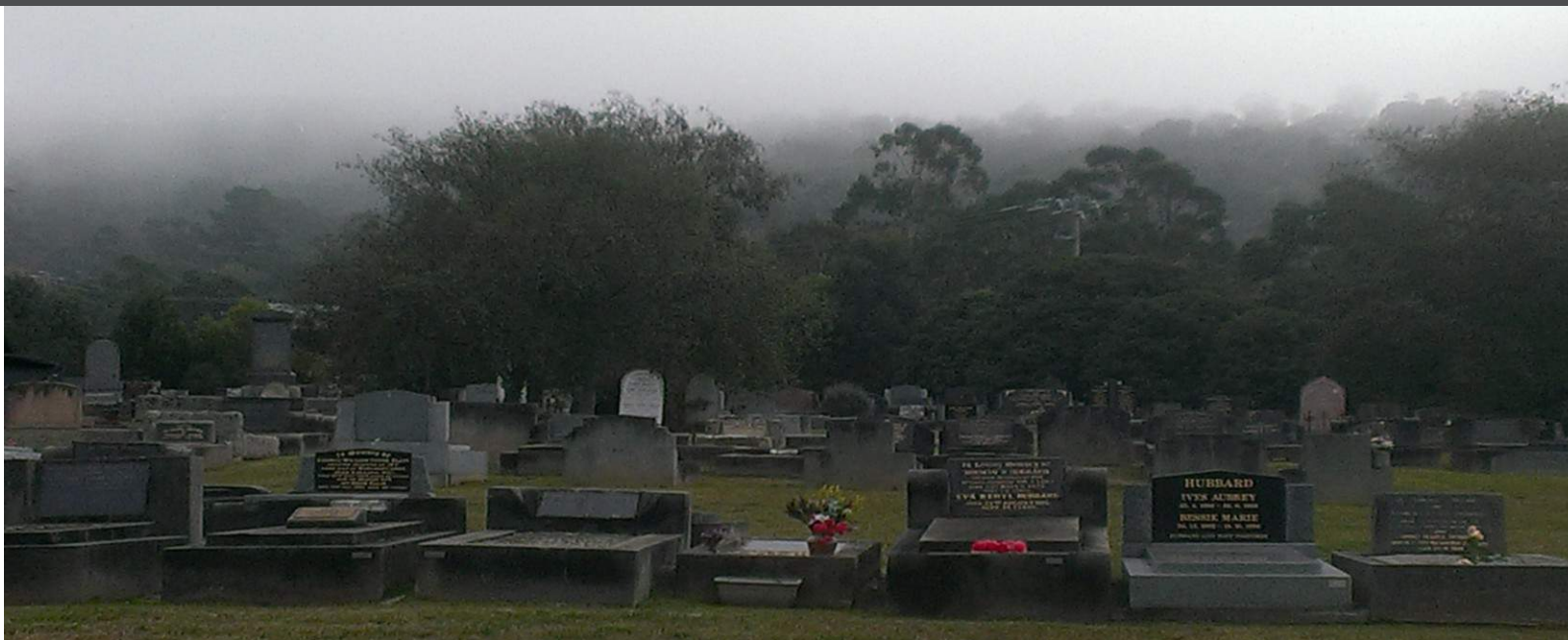


All images Darren Eagle





Race Reports – Yarra Glen



The start line at Yarra Glen

Image: Nigel Kimber

A Grade



A Grade

Image: Darren Eagle

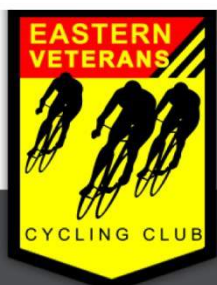
A full strength Croydon Cycleworks team dominated the teams race by taking the first four placings. This was the first time that this has been achieved, although it was aided by Scope only having a full strength team, all the others missing a rider or two, so the battle with TLC did not happen.


The first lap was very civilised before Croydon's Dave De Pedro jumped up the road without any reaction from the bunch. A couple of attempts by his team mates to join him had the bunch responding and the gap almost disappeared before the attempts were abandoned, with Tom and Richard Abel finally breaking the elastic after

about five laps. With Jay left behind to become the police man, jumping on any rider who attempted to get off the front.

As usual some big efforts came from Scope's Phil Smith with some help from Tony Chandler, JP struggling with a worn chain, but they never coordinated the chase between the team or the other teams, as most of the bunch seemed very reluctant to pull a turn. BikeGearNow's Rob Amos got a small gap for a lap, until Phil Smith attempted to join him and it was all together racing for points from 4th to 10th. The break had disappeared out of sight, Tom winning from Dave and Richard, with Jay winning the bunch sprint from TLC's Nick Kennedy and BikeGearNow's Lawrence Lee. *(Rob Amos)*

The sun may have been out on Saturday but there was no heat in it, making it a crisp afternoon race. A small field for the A grade teams race assembled and for half a lap it was very civilised but at the top of the climb all pleasantries were forgotten as Croydon Cycleworks kicking of





proceedings, taking a small gap for a short time. Riders continued to attack each other until Dave de Pedro took a gap in the field and powered on ahead of the field for three laps solo. With his gap slowly decreasing, Croydon went on the attack again with Tom and Richard crossing to Dave and the three of them quickly took a handy lead over the field.

With the pack all looking at each other, no one or team willing to work together and with me policing the field sitting second wheel allowing no one to go up the road my three CCW team mates were out of sight in no time.

The pack quickly resigned themselves to a fourth place finish on the day, small attacks continued to launch throughout the last laps by those looking for the last little bits of glory. Nothing would stick though and for the pack it was an inevitable bunch kick. Still feeling sprightly after my policing role I was more than happy to lead out the sprint and with no one able to come over the top, Croydon Cycleworks took the first four places, a clean sweep, and a big lead in the team race. *(Jay Phillipotts)*

C Grade

Bloody cold in Yarra Glen on Saturday with the temp on the car showing 8 deg and still foggy at one pm. The promise of it getting much warmer was bleak. Surprisingly 23 riders turned up for C grade (all mad), some of whom I didn't recognise and some having their first hit out for a while.

After our neutral ride out to the start finish line the pace quickly hotted up as people were keen to get some warmth into the body. After a couple of laps we noticed an error in the lap counting board and as no one was keen to do any more laps than necessary a protest was yelled out and the problem was rectified. A pattern had formed in the race in which all the stronger climbers would come to the front going up the hill and the sprinters would close up on the downhill and the flat. To my mind the most notable rider was the lady from Northern, Christine Foster - she looked very comfy on the hill and bridged across to any break with ease. Walter Savini was looking strong

and fast. The other lady in the race was Alison Skene, who was always thereabouts, Graeme Bull and Paul Firth (who kills me on Wednesday) were getting stronger on every climb.

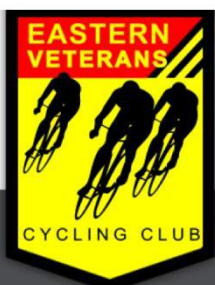
With two and a half laps to go someone rode off the front on the way up the hill and at that point A grade came past and this rider tacked onto the back of them until they nearly got to the top corner.

This caused a large acceleration for the rest of our grade and quite a lot of protesting as well. I thought this acceleration would have dropped quite a lot of the group but as we went down the hill and turned onto the straight we were all together again. This time up the hill it was Paul Firth who led us up with Bernie Evans hanging on doggedly. Russell Wheelhouse was moving up and Walter was hanging in there with Christine Foster looking very comfy.

So onto the bell lap up the hill for the last time Paul was still whirling away, Alison came to the front briefly, Christine also pushed up, Martin Stalder, Russell Wheelhouse and Michael Allan were also in the mix.

Everyone made it onto the straight although it looked a very long line, with about 400 to go the pace shot up as someone shot past. A mad scramble started as people looked for ways to pass riders ahead and the road was just about gutter to gutter with riders with ambitions of winning. I got a bit lost and gradually eased up near the line and it looked like a very close finish from where I was.

I'm sorry that the report hasn't mentioned a lot of people but I was always near the front because I don't like being too far back if an attack happens and it's hard to get an idea of what's going on behind. Congratulations to all the place getters in what was one of the fastest races I have had at Yarra Glen, mainly because it was windless and cold. According to Strava I had a PB on one lap and a race average speed of 33.8. Thanks to all for a good race and to all the support staff. *(Peter Webb)*



F Grade



F Grade

Image: Darren Eagle

waiting to see if anyone was going to try get away but all was quiet.

On the third climb Ronnie took the opportunity to get away with Tony after Juanita doing the whole lap in the front which left Juanita and Robin, as

Peter had been dropped by this point. Ronnie and Tony rode away and it was left up to Juanita or Robin to fight it out for third. Robin pulled out after the bell so he didn't have to climb the hill again leaving third to Juanita with Tony second and Ronnie taking first place. It was a good safe race. (Robin Condie)

Well the five of us started out at an easy but constant pace and on the climb everyone was

News and stuff

Eastern Vets

**Le
de TOUR
FRANCE
Night**

Saturday 18th July 2015

7:00pm for 7:30pm start
The Kilsyth Club
Corner Canterbury & Colchester Rds. Bayswater Nth.

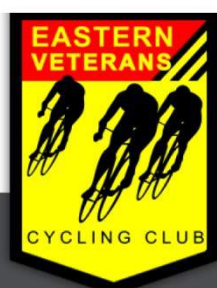
Guest Speaker – John Beasley jnr.
Head Coach Malaysian Cycling Team
National Coaching Director Malaysian Cycling
Proprietor of Beasley Cycles

Tickets \$65 (no tickets sold on the night)

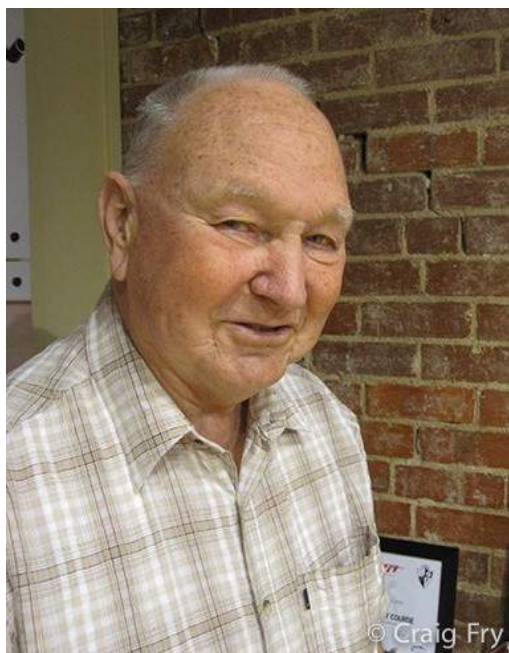
Online Entry: www.veterancycling.com.au **price**

Tickets available from Ian Smith on Race Day or ismith@internode.on.net

Mark in your Diary, Not to be Missed!



John Beasley to Speak at Eastern Vet's TdF Night



John Beasley Image reproduced with permission by Craig Fry

John Beasley is from a family of three generations with vast experience and expertise in cycling. His father, John snr, is the oldest living Australian to have ridden in the Tour de France. He rode in the 1952 and 1955 tours. Apart from running Beasley Cycles Pty Ltd together with wife Vicki Beasley, John is a professional cycling coach at an international level.

Prior to becoming employed as a Professional Coach in 2000, John spent years developing his skills by training cyclists Anna Wilson (two time overall World Cup Champion), Ben Day (Australian National Series winner), Katie Mactier (World Champion and Olympic Silver Medalist), Mitchel Docker (now cycling with Orica Green Edge Cycling team) and Gary Neiwand (Olympic Medalist) to name a few.

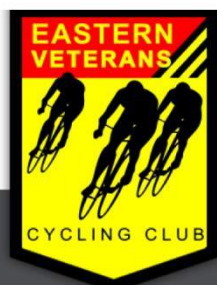
In 2000, John started as a Professional Coach with the Victorian Institute of Sport for a period of 4 years as the Assistant Coach. During that period, he was employed by the Australian Cycling Federation as National Junior sprint Track Coach. The following year, John was appointed as the Australian National Senior Sprint coach for one season before turning to Road.

In 2004, John left the Victorian Institute of Sport to develop his craft as a High Performance Coach and joined the newly formed Drapac Cycling Team. In 2005, John became the Director Sportif of the AG2R team for the Sun Tour which they went on to win.

In 2006, John joined the Malaysian Institute of Sport where he was appointed as National Coach, the position he still holds coaching track cyclists like Josiah Ng (3-time Olympian and Commonwealth Gold Medalist), Azizulhasni Awang (Olympic Finalist, Asian Games Gold Medalist and World Cup Champion) and Fatehah Mustapa (World Championships Finalist, Asian Champion).

John is a Professional Certified Coach Level 3 in Australian Cycling and is currently completing a Bachelor of Science and coaching at Victoria University to further enhance his skills and passion.

John will have a number of interesting experiences and stories to tell at our TdF Night on the 18th July. Book your ticket with Ian Smith on race day or email ismith@internode.on.net



Classifieds - WANTED



Wanted to buy

Old style helmet/s.

I have a friend in Queensland who is opening an Australian bike museum on the Gold Coast. He's looking for an old style helmet or 2 to use as part of his displays.

Happy to buy, or will be even happier if you'd like to donate one to the museum.

Please call Mal Jones on 0412 569 100 or email: mal@shotproperty.com.au



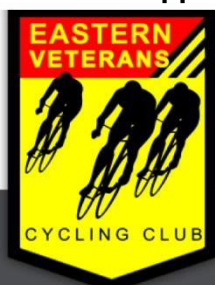
Results

Yarra Glen, 20th June 2015

| Grade | 1st | 2nd | 3rd | 4th | 5th |
|--------------|---------------|-----------------|----------------|------------------|-----------------------|
| A Grade (21) | Tom Leaper | David De Pedro | Richard Abel | Jay Phillpotts | Nick Kennedy (NC) |
| B Grade (21) | Steven Foster | Tony Quick (NC) | Brian Gray | Perry Peters | Daniel Couzens |
| C Grade (23) | Graeme Bull | Walter Savini | Darren Eagle | Vic Mason (GSCC) | Christine Foster (NC) |
| D Grade (10) | Leon Bishop | Sam Bruzesse | Paul James | | |
| E Grade (7) | Ray Watts | Geoffrey Miller | Susan O'Keeffe | | |
| F Grade (5) | Ron Stranks | Tony Lateo | Juanita Cadd | | |

| Wedn 24 th June The Loop | 1 st | 2 nd | 3 rd | 4 th |
|--|--------------------|-----------------|-----------------|-----------------|
| Division 1 (13) | R Newnham | P Cavaleri | JP Leclercq | |
| Division 2 (14) | S Van Der Paal (n) | P Webb | D Brown | |
| Division 3 (4) | S Lee | D Page | S Barnard | |
| Division 4 (5) | J Eddy | B Rodgers | C Wright | |

Thanks to Keith Bowen for Loop race organising and Neil Cartledge for 'behind the scenes' newsletter support.



Future Events

Eastern Vets

Please refer to page 1 of this newsletter, or go to <http://easternvets.com/roster/>

Note: Graded Scratch Race entries are accepted on the day up to 15 minutes before the advertised race start time. Handicap entries close the Tuesday before the race. Riders entering a handicap MUST pay the entry fee regardless of participation. Fees are due on race day; entrants will NOT be allowed to start in any EVCC race until fees have been paid.

No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted via e-mail to the handicapper or on any race day prior to the event.

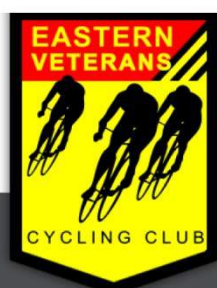
Northern Vets – for more details: <http://www.northerncycling.com/>

28th June Northern Winter Crit Series #3 National Blvd

5th July Northern Winter Crit Series #4 National Blvd

Training Rides

| Day/Time/Place | Route | Style | Contact |
|--|--|---|--------------------------|
| Tuesdays 9:30 am (9:00 am during DST). Main Yarra Trail (meet under Burke Road overpass). | Under Burke Road on Main Yarra Trail to Southbank via Yarra Boulevard and bike paths along the river and return. | Social, bike paths and roads, coffee @ Southbank. | Keithb33@optusnet.com.au |
| Sunday Mornings Beach Road Ride. Leave 8.00 am sharp. Meet at Peanut Farm Reserve. Cnr Blessington & Chaucer Sts. St Kilda. | Ride along Beach Rd to Frankston. 10 min stop. Then ride back to St Kilda. (approx. 65 km). | Social Ride - Coffee back at St Kilda. | |
| Saturday mornings (7.30am) and Sundays/Public Holidays (8.00am) Meet at Ringwood Clock towers, Maroondah Hwy, Ringwood | Maroondah Hwy to Carlton for coffee, then return | Fast social | |





Sponsors



BikeGearNow

