



Newsletter

Eastern Veterans Cycling Club



17th January 2015

Editor: Janita Keating; janita_todd@bigpond.com

Duty Roster

Jan 17 Casey Fields: Steve Barnard, Brian McCann, Edward Smith

Jan 20 Croydon Cycleworks METEC: Ross Morgans, Michael Muscat

Jan 24 Dunlop Road: John Thomson, Ian Milner, Rob Fiegan, Mal Jones, Chris Norbury, John Clarkson, Chris Hughson, David Coull, Tom Leaper, Geoff Miller, Alex Spiteri-James, Alan Hasan, Rob DeBernardi, Hans Werner, Colin Mortley

Jan 27 Croydon Cycleworks METEC: Mark Edwards, David Pyne

Note: Members rostered for marshal or traffic control duties must be at the circuit at least one hour before the scheduled start time to assist with the setting up of the course. (But bring your bike, you just never know). If a marshal fails to turn up for duty, a rider will be balloted to do that duty. If you cannot turn up for duty, you must find a replacement and please advise Andrew Buchanan at iptop2@optusnet.com.au

Race Reports

No race reports this week due to a lot of this:



EVCC at the Road Nationals



Sunday morning on Mt Buninyong commenced with grey drizzly skies and a stiff breeze while the tents and BBQ were being set up on the KOM. However, by 7-00AM we still had overcast skies and blustery conditions but no rain when EVCC and Eureka members started to arrive. I guess about 70 in total. Those that arrived by 7-00AM were able to just beat the barricades and were able to park in the car park. Those that came later just had to ride to our tent site, unless they came up the Midland Highway which was kept open for vehicle access to the hill car park until at least 10-00AM.

At 8-00AM Graham Parker led a bunch of merry men and women on his magical mystery tour through the rolling countryside of Ballarat. This slower group was later followed by a more serious (faster) group led by Eureka's elite (?) riders. The skills of one Eastern rider was on display and certainly impressed myself, as when I was riding next to him he decided to do a bunny hop. You guessed it, over a recently deceased bunny without straying of his line!

For what were supposed to be quiet country roads according to Graham, we seemed to be yelling out a lot "car back" as we were passed by locals and team cars. After much chatting, changes in direction and 53km we finally made it back to our tent city with fewer clouds, some blue sky and less wind. Although some intrepid riders still had some excess energy and decided to ride the race circuit while they still could.

After a change of clothes and a good feed we settled down to watch the race. Our position was on the change in grade just below (about 250M) the KOM, right where many attacks commenced. Standing on the edge of the road you could not possibly get any closer to the action as the riders elbows were just millimeters away from the spectators as they sped (just a blur really) up the 9-10% gradient. It was amazing to see Cadel on one such occasion as the peloton sped past to be more interested in fossicking through his musette looking for food as the peloton was probably doing about 30+ KPH with only centimeters between all the bikes.

Once the telecast became live the audience within the Eastern tent slowly grew as we got closer to the climax of the race. You could stand on the edge of the road and cheer the riders and then go into the tent to watch it again (and yourself) on the TV (a slight delay in the telecast).

We were flying the flag for Eastern as our tents and flags were strategically positioned to catch the TV cameras. There must have been at least 40 people in and around our tent as the sprint for the national champion unfolded.

Thank you to all those people that helped to set up and to pack and clean up afterwards. Thank you to Graham and John and especially their wife's for making it a great day. *Colin Mortley (images: Mal Jones)*

Newbies

Having spoken to several newbies lately, many would really value hearing and learning from other members in the club. So, I am looking to have members provide insights into common questions that new members have and featuring them occasionally in the newsletter. Questions might include:

- Do I have to take a turn at the front?
- Why do they say a handicap road race is a team effort?
- What's with all the lingo – 'sit up'; elbow tilt; neutral lap etc?
- What's the best advice someone gave you as a novice?

If you are a new member, can you email me any questions that perplexed you when you started (or is still a vexing question now).

If you are an experienced rider, can you email your short thoughts on any of the questions above (or other questions that you think are relevant). Responses will be anonymous, unless otherwise indicated, as I am after different perspectives for the newbie to consider.

I will be approaching random people at upcoming races to ask for your support in this new initiative – please share your experience!

2015 AVCC Membership



You **must** present your 2015 AVCC membership for racing in the New Year. **No 2015 membership = no racing**. It looks like this. If you have not received yours yet in the mail, then present the confirming email. If you have not renewed yet, then go to www.ausvetcycling.com and click 'membership'. (Peter Mackie)

Oppy Bike Ride (Knox) – Sunday 1st March



The Oppy Ride is a Knox Festival event, with three routes, 14km, 25km and 36km ride distance. Each of these routes has an activity and challenge stations along the way, as well as some food and water. The ride goes from 10-3pm and riders can start and finish at any point on the route – there are prizes and it's free!

A great little event to take kids, grandkids, novice riders on – go to <http://www.knox.vic.gov.au/oppy> to find out more and register.

Classifieds

Looking to liquidate some bike stuff from your shed? Keen to pick up a bargain from someone else's lot? This is the place to put an advert .. please email the editor for your inclusion (preferably with a small picture too).

Race Results

None due to washouts

Future Events

Eastern Vets Program: www.easternvets.com/

	Date	Time	Location	Melway Ref	Event
Tuesday's	Until April	6:00pm	Metec	51 E7	Croydon Cycleworks Summer Series
Wednesday's	All	10:15am	The Loop, Yarra Bend Park.	2D C7	Graded Scratch Races, all year.
Saturday Jan	17	2:00pm	Casey Fields	134 E10	Graded Scratch Races
Saturday Jan	24	1:30pm	Dunlop Rd	70 K10	Graded Scratch Races
Saturday Jan	31	2:00pm	Gruyere	282F10	Graded Scratch Races
Saturday Feb	7	2:00pm	Casey Fields	134E10	Graded Scratch Races
Saturday Feb	14	1:30pm	Dunlop Rd	70K10	Graded Scratch Races Team Race

Note: Graded Scratch Race entries are accepted on the day up to 15 minutes before the advertised race start time. Handicap entries close the Tuesday before the race. Riders entering a handicap MUST pay the entry fee regardless of participation. Fees are due on race day; entrants will NOT be allowed to start in any EVCC race until fees have been paid.

No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted via e-mail to the handicapper or on any race day prior to the eve.

Northern Vets Program: www.northerncycling.com/

Date 2014	Race	Dist.	Venue	Time	Event
18/1/15	GSR	1 hr. + Bell	National Boulevard (Ford)	9:00 am	Graded scratch race
25/1/15					Australia Day. NO racing
01/02/15	Vin Nuttal Memorial	64km handicap	Avenel Rd, Seymour	9.30am	64km handicap
8/02/15	GSR	1hr + Bell	National Boulevard (Ford)	9:00am	Graded Scratch race

Training Rides

Day/Time/Place	Route	Style	Contact
Tuesdays 9:30 am (9:00 am during DST). Main Yarra Trail (meet under Burke Road overpass).	Under Burke Road on Main Yarra Trail to Southbank via Yarra Boulevard and bike paths along the river and return.	Social, bike paths and roads, coffee @ Southbank.	Keithb33@optusnet.com.au
Sunday Mornings	Ride along Beach Rd	Social Ride - Coffee back	

Beach Road Ride. Leave 8.00 am sharp. Meet at Peanut Farm Reserve. Cnr Blessington & Chaucer Sts. St Kilda.	to Frankston. 10 min stop. Then ride back to St Kilda. (approx. 65 km).	at St Kilda.	
--	--	--------------	--

Sponsors

Support our sponsors

