



behind  
bars

## Newsletter

Eastern Veterans Cycling Club



**14th Nov 2014**

**Contents:** Duty roster. Race reports. Race results. Future events. Training rides. Members' Corner.

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### Duty Roster

**Nov 15 Arthur's Creek:** Phil Smith Adrian Dickenson Colin Obrien Damiano Ambrosini Simon Bone Rhonda Kennedy Craig Chamberlain Rob Devolle Lindsay Bridgeford Nathan Dewar Chris Ellenby.

**Nov 8 Dunlop Road:** Richard Dobson, Martin Stalder, Walter Savini, Mark Granland, Sam Bruzese, Ross Gardiner, Grant Greenalgh, Callum Gough, Anthony Gullace, Alan O'Neil, Mark Edwards, Peter Brann, Tim Crow, Peter Gray and Alan Hicks.

**Note: Members rostered for marshal or traffic control duties must be at the circuit at least one hour before the scheduled start time to assist with the setting up of the course. (But bring your bike, you just never know). If a marshal fails to turn up for duty, a rider will be balloted to do that duty. If you cannot turn up for duty, you must find a replacement and please advise Andrew Buchanan at**

### Race Reports

#### Casey Fields 8/11/14

Eastern Vets must enjoy inflicting discomfort on themselves. Sixty two riders went to Casey Fields for another day of high winds, as was the previous Saturday, but there was a difference this Saturday. Instead of the rain and cold it was around 35° and to add a little more of a challenge to the dehydration and fatigue, a 'Missing out' race was thrown in for most grades along with the normal crit races, just to add a further dimension to the discomfort. Never the less, everybody appeared to enjoy the racing, although a few were a little worse for wear after the crit race.

#### A Grade: (Rob Amos)

Nine riders lined up for A grade after a long warm up whilst the "missing out" races were on. Roy got the race up to speed after a social neutral lap. As Rob increased the pace up the drag, Roy refused to roll over Roy. As Rob hit the back straight JP rolled up and said "we had a gap", before putting in a strong turn to further increase the gap. Ciaran sensed the danger, and crossed the gap with Roy for company and it looked like the race was over on the first lap for the rest of the bunch, as the front 4 shared the work load, with Ciaran doing some fast turns to hurt everybody's legs. With 40 mins gone Ciaran made his move, but the others were able to respond, so Ciaran stopped working before launching his next attack, this





time catching the others napping and getting a gap. Rob and Roy chased hard with JP just off the back, before they realized that they were not going to close the gap and waited to become 3 again as Ciaran rode off into the distance, lapping the bunch in the process of winning the race. Rob tried several times towards the end to get away, knowing that he would be beaten in the sprint for 2nd, but each time Roy and JP responded. On the Bell lap, it was almost track stands before the sprint as Roy got the jump on JP for 2nd with Rob missing out

### **B Grade: (John Williams)**

Walter was the guy to watch. Winner of B Grade in atrocious conditions last week, he then took out the "Missing Out" pre-race warm up from Craig Oliver and Frank Tomsic. Walter is the man to watch!

Feeling comfortable during the neutral lap, can offer a false confidence. Although the early pace of the scratch race was solid, there were no breaks or rapid surges, yet I was barely hanging on. Legs lactic and lungs burning, a big price to pay for finishing 4th in the "Missing Out". Looking around, Ross, Craig, Paul all looked comfortable. Peter Mackie was looking good (where was he in the Missing Out?). Walter, the man to watch, was looking not much better than I felt. Some consolation.

Nearing half-way I noticed Walter executing a cunning plan. He started to gradually break-away off the back of the pack. It was a tactic that I have used many times in racing (never successfully), but this was my chance to see the strategy executed by a master at the top of his form, an opportunity to learn from the elite. So on the next journey down the finishing straight into the wind; I too decided to sneak off the back. In fairness the decision was made by the legs rather than the brain, but the result was the same. As the remaining 5, Paul, Ross, Craig, Peter and Matt rolled away, I had this smug feeling that we (Walter and I) knew something that they didn't..... Well actually Walter knew something that I didn't - I was still not fully appraised of the plan.

When they lapped us a little later, I started to doubt Walter's Plan.

The results show that Walter's plan was crap. Paul out-sprinted Craig and Peter, with Ross just missing out on a yellow envelope on the line. Matt had had enough at the bell.

Congratulations to the place-getters and thanks to all officials and helpers for a great day's racing.

### **C Grade: (Paul James)**

On arrival at Windy Fields it was good to see situation normal, 40 knot winds. Then into today's plans came the missing out. So with that now in play, do you try to go well in that and then just hang on in the GSR or drop out in the first lap. So my plan was what it always is make it up as we go along.

#### **Missing Out**

First lap neutral and many looking around and then we are away. First plan get to the front and try and stay there. That worked for the first lap then everyone else seems to have similar plans. So next plan, don't get caught on the inside at the back, now this worked for the next few laps and then with just 4 left Tayfun sprinted to the front and that was it. I was able to hang in for second with the very strong and just returning from injury Dale in for third.

#### **GSR**

Now to hydrate and try and cool down for the GSR. With Frank and Martin back in from the B grade missing out we had quite a strong field.

The first few laps were full on, so much so that we started to get up to B grade. A slowing of the pace started to initiate some trying to get away. This also brought about much moving in the pack and in the conditions was not smart, just remember we all ride or drive to our races and the plan is to ride or drive home. With a few trying to get away and the rest of us just trying to hang on it was a very hard race. I can remember Tayfun riding away at one stage and then thinking he must have pulled out as I couldn't see him on the course.

Just after halfway Cam and Rob looked like they would get away. Whether they slowed or the rest picked up the pace, I am not sure, but very soon we were all back together.

Not long after that someone yelled out B grade coming, no it wasn't B grade it was Tayfun and he just kept going, what a fantastic effort. It was just about then that Rob enquired if I would use the same plan as the missing out, thanks for that Rob, it wasn't my plan but why not give it a go. It was just after this that the change of weather kicked in and it wasn't a head wind up the finishing straight, so change of plan and thinking that all would be thinking it's just for 2nd, new plan. So take off down the back straight and then use the wind to keep going up the rise and lo and behold it worked, so lucky enough to get 2nd with Cam getting a 3rd just in front of the fast finishing Gary. Again a fantastic effort by Tayfun who finished





almost a lap and a half in front he looks ready for a higher grade. Thank you to all helpers and officials.

**D Grade: (David Thompson)**

As a new member to the club and my second race, I felt unsure of today's race with it being hot and the usual north wind at Casey fields. Saving energy will be the plan today.

Having run in the missing out, which was a great concept, thank you Peter, which unfortunately ended sooner than I wanted. I felt rolling around with the grade would bring the race to a bunch sprint.

The missing out showed me a couple of sprinters to be aware of. So D grade gets the call and we are off quickly. The group rolls along and a few jostle for position and after a while I decide to stretch the legs up the incline to the finish and usual the bunch comes after me. Roll with the bunch and do it again next lap. As I don't sprint well I need to establish a break to have some sort of a podium.

If the bunch came back I would resign and sit in. That was not the case as only four others came across to

me, so straight into keeping the break. We did stay away and I could see one after another not chasing. My hat goes off to Michael as he did the work off the front, some came to help but he went straight back there brilliant riding.

**F Grade: (Laurie Bohn)**

With everybody adjusting to the windy conditions things started off easily enough for about twenty minutes or so but we all knew what was going to happen and it did. Juanita made a move into the wind and reduced the field to half. She really attacked a lap later and Paula went with her. The three remaining male riders all looked at each other waiting for someone to lead the chase, to late chaps, the ladies were well gone. Juanita and Paula worked comfortable turns to the finish where Juanita just pipped Paula on the line. Clive and Laurie we're working uncomfortable turns to the finish where Clive took third place from Laurie. Well done everybody under very adverse conditions. By the way, why does the word "Abbreviation" contain so many letters?

**Thanks to the officials/helpers at this week's criterium;**

To Ron Stranks and Peter Mackie for taking entries and to the officials:- Ref: Keith Bowen with Darren Sutherland Peter Shanahan and Matt Rice. Additional thanks go to Andrew Buchanan for managing the duty roster, David Hyde for bringing the trailer, Kevin for 1<sup>st</sup> aid and Dean Niclasen for bringing the drinks.

**Race Results**

**Results Casey Fields criterium 8/11/14**

Grade	First	Second	Third	Fourth
<b>A Grade (9)</b>	Ciaran Jones	Roy Clark	JP Leclercq	
<b>B Grade (7)</b>	Paul Consto	Craig Oliver	Peter Mackie	
<b>C Grade (18)</b>	Tayfun Ugrasbul	Paul James	Cameron White	Gary Stoppar
<b>D Grade (11)</b>	David Thompson	Geoff Cranstone	Graham Cadd	
<b>E Grade (8)</b>	Rob Devolle	Ray Watts	Geoff Miller	
<b>F Grade (9)</b>	Juanita Cadd	P McGovern	Clive Wright	

**Results Casey Fields 'Missing Out' 9/11/14**

Grade	First	Second	Third
<b>A</b>	Missed out totally		
<b>B Grade (7)</b>	Walter Savani	Craig Oliver	Franc Tomsic
<b>C Grade (18)</b>	Tayfun Ugrasbul	Paul James	Gale Maizels
<b>D Grade (8)</b>	Michael Muscat	Les Robertson	Neil Cartledge
<b>E Grade (8)</b>	Rob Devolle	JC Wilson	Geoff Miller
<b>F</b>	Just like A grade		





### Croydon Cycle Works Summer Series 11/11/14.

Grade	First	Second	Third
<b>A Grade (15)</b>	Rob Amos	Richard Abel	Andrew Mapstone
<b>B Grade (20)</b>	David McDonald	Matt Rice	Grant Henderson
<b>C Grade (17)</b>	Cam White	Scott ? (New)	Peter Shanahan
<b>D Grade (19)</b>	Paul Hutcheon	Phil Taylor	Colin Doherty
<b>E Grade (12)</b>	Kym Peterson	Rob Devolle	Ivan Tarrant
<b>F Grade (7)</b>	Phil Tomaszewski	Paula McGovern	Harry Hibgame

### Croydon Cycleworks marshals November/December

<b>November 11<sup>th</sup></b>		<b>Peter Brann</b>	<b>Darren Wheelhouse</b>
<b>November 18<sup>th</sup></b>		<b>Nick Thompson</b>	<b>David de Pedro</b>
<b>November 25<sup>th</sup></b>		<b>JC Wilson</b>	<b>Andrian Zubovic</b>
<b>December 2<sup>nd</sup></b>		<b>Darren Smith</b>	<b>Craig Chamberlain</b>
<b>December 9<sup>th</sup></b>		<b>Ian Smith</b>	<b>Ross Tinkler</b>
<b>December 17<sup>th</sup></b>	<b>Wednesday</b>	<b>Matt Davis</b>	<b>Grant Greenhalgh</b>
<b>December 23<sup>rd</sup></b>		<b>David MacDonald</b>	<b>Neil Cartledge</b>

### Croydon Cycle Works Summer Series as of 10/11/14.

Marshalled	Name	Grd	Pts	Marshalled	Name	Grd	Pts	Marshalled	Name	Grd	Pts
Green	Guy	A	38	Amos	Rob	A	20	Ransome	Peter	C	18
Constantinou	Paul	B	34	Clark	Roy	A	20	Robertson	Les	D	18
White	Cam	C	34	McGovern	Paula	F	20	Thomson	John	C	18
Doherty	Colin	D	32	Russo	Ray	A	20	Woolhouse	Darren	A	18
Dymond	Adam	C	30	Devolle	Rob	E	18	Greenhalgh	Grant	B	16
Wilson	John C	E	30	Dewar	Nathan	D	18				
Clarkson	John	B	28	Granland	Mark	E	18				
Niclasen	Dean	D	28	Henderson	Grant	B	18				
De Pedro	David	A	22	Howard	Peter	A	18				
Abel	Richard	A	20	Petersen	Kym	E	18				

### The Loop 12/11/14

	First	Second	Third
<b>Division 1 (12)</b>	S Miller (G)	A Giramondo (N)	D Burke (N)
<b>Division 2 (15)</b>	G Wright	B Will	O Anstey
<b>Division 3 (11)</b>	A Cunneen	S Lee	S Dwyer
<b>Division 4 (5)</b>	L Bohn	J Eddy	C Wright

Thanks go to Keith Bowen for managing this popular mid-week social race.

### The Loop: (Laurie Bohn)

Light winds, warm sun and a record 43 entries. Come down and join the fun and the 20 odd uphill sprints and then relax and enjoy a social coffee at the Kew boat house. A big welcome to new rider Anne Hocking, who is returning to sport after a long break.





## Future Events

### Eastern Vets Program: [www.easternvets.com/](http://www.easternvets.com/)

	Date	Time	Location	Melway Ref	Event
<b>Tuesday's</b>	<b>All</b>	<b>6:00pm</b>	<b>Metec</b>	<b>51 E7</b>	<b>GSR Summer Series</b>
Saturday Nov	15	2:00pm	Arthurs Creek	510 N12	Graded Scratch Races
Saturday Nov	22	1:30pm	Dunlop Rd	70 K10	Graded Scratch Races
<b>Monday Nov</b>	<b>24</b>	<b>7:30pm</b>	<b>Maroondah Club</b>	<b>50 A7</b>	<b>Monthly General Meeting</b>
Saturday Nov	29	2:00pm	Casey Fields	70 K10	Graded Scratch Races
Saturday Dec	6	2:00pm	Casey Fields	70 K10	Graded Scratch Races

Note: Graded Scratch Race entries are accepted on the day up to 15 minutes before the advertised race start time. Handicap entries close the Tuesday before the race. Riders entering a handicap MUST pay the entry fee regardless of participation. Fees are due on race day; entrants will NOT be allowed to start in any EVCC race until fees have been paid. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted via e-mail to the handicapper or on any race day prior to the eve.

### Northern Vets Program: [www.northerncycling.com/](http://www.northerncycling.com/)

Date 2014	Race	Dist.	Venue	Time	Event
16/11/14	GSR	45/57k	Broadford/Pyalong	9:30 am	Woodwards "President's Mountain Goat Classic
23/11/14	GSR	1Hr+Bell	National Boulevard (Ford)	9:00 am	Criterium
30/11/14	GSR	30/60/90k	Lancefield	9:30 am	Criterium
<b>7/12/14</b>	<b>GSR</b>	<b>1Hr+Bell</b>	<b>National Boulevard (Ford)</b>	<b>9:00 am</b>	<b>Dave Ryan Memorial. Northern vs Eastern</b>

At the Northern Vets presentation night this November 21, they will be handing out trophies and medallions to winners and placegetters from last year's 'Dave Ryan Memorial'.  
Winners & placegetters from Eastern are:

Stefan Kirsch 3rd A grade  
 Steve Szalla 1st B grade  
 Daryl Beovich 2nd B grade  
 Mark Edwards 3rd B grade  
 Richard Abel 1st C grade  
 Ken Bone 3rd C grade  
 John Neill 3rd D grade  
 John Wilson 3rd E grade

Northern would like to invite any of Eastern members and spouses to attend, but especially those riders above, to collect their Trophies and medallions.

Full details are now on their web page, and we have Allan Iacune as guest speaker.

Tables of 10 are available, so please pass this on to those above

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 Next Sunday, November 16 Northern Cycling are holding the 'Woodard's Presidents Handicap' at Broadford.

They would like to invite any of the Eastern members who enjoy a tough course to come along and enjoy the day.





The race will be run as a dual distance handicap, to allow aging members the chance to participate over 43km, with the younger/fitter guys riding over 55km.  
Prize money has been boosted thanks to the generosity of race sponsor, Woodards Real Estate.  
Full details on the Northern web site (see above).

## Training Rides

Day/Time/Place	Route	Style	Contact
<b>Tuesdays</b> 9:30 am (9:00 am during DST). Main Yarra Trail (meet under Burke Road overpass).	Under Burke Road on Main Yarra Trail to Southbank via Yarra Boulevard and bike paths along the river and return.	Social, bike paths and roads, coffee @ Southbank.	Keithb33@optusnet.com.au
<b>Sunday Mornings</b> Beach Road Ride. Leave 8.00 am sharp.  Meet at Peanut Farm Reserve. Cnr Blessington & Chaucer Sts. St Kilda.	Ride along Beach Rd to Frankston. 10 min stop. Then ride back to St Kilda. (approx. 65 km).	Social Ride - Coffee back at St Kilda.	

## Member's corner

### How to load a Bobcat onto a truck.

While this is not about bicycles, it is about 2 wheels!

\*Now, this guy is GOOD !!\*

Besides demonstrating a Skill Set.... This will put a Smile on your Face.

<https://www.facebook.com/video.php?v=10202588186977854&fref=nf>

### “Request to borrow TT gear for Tour of Bright”

I have signed up for the Tour of Bright on the weekend of Dec 5-7, and am looking for any advantage!  
If there are any Eastern members out there with spare gear they would be happy to lend a journey(wo)man, I would be most grateful.

Specifically a TT helmet (smallish) and/or aero wheels (already have carbon brake pads). Will pick up from anywhere metro. And I promise a share of any winnings.

Thanks, Alison Skene. [amskene@gmail.com](mailto:amskene@gmail.com)

