



behind
bars

Newsletter

Eastern Veterans Cycling Club



April 11th 2014

Duty Roster

This Week on 12th April –Dunlop Rd: - James Goddard, Nick Hainal, John Wildes, Colin Mortley, Ben DeJong, Nick Bird, Laurie Gates, Gary Leroy, Steve Martin, Nigel Letty, Geoff miller, David McDonald and Kim Marshall.

Next Week on 19th April – Metec: - Richard Dobson, Rob Amos and John Eddy.

Note: Members rostered for marshal or traffic control duties must be at the circuit at least one hour before the scheduled start time to assist with the setting up of the course. (But bring your bike, you just never know). If a marshal fails to turn up for duty, a rider will be balloted to do that duty. If you cannot turn up for duty, you must find a replacement and please advise Andrew Buchanan at tiptop2@optusnet.com.au

Club Championships-Casey Fields, 5/4/14:

It was a great day of racing in the various age groups. Fine and pleasant conditions and a big turn out for the Criterium season age championships with one of the best turn outs for some time. Maybe even a club record. This event usually deters some from entering because they feel they are competing against stronger riders from higher grades. This is true to a certain point but when you look at the results most winners on Saturday are regularly shaking hands with Ron at graded races for the rest of the year. What is different is that we are not accustomed to riding with some and therefore normal graded race tactics aren't applied. For example, the pace is somewhat reduced in the age groups compared to in the grades and this plays into the hands of the riders that are stronger. The effect can even cause stronger riders to take a turn where they would be reluctant to do so in a graded race. It was apparent at the get together after racing that everybody enjoyed their day's racing. Please come back for the next age championships later in the year and thank you for racing on Saturday! There will be no 'new' members to your group.

55-59 Group: (Rob Amos)

A bunch of 12 riders set off in calm conditions for the Club Champs. I did not know many of the other riders apart from Hylton, Nick and Phil Thompson, who always has a fast finish. With the no show of the

Donnelly brothers, I guessed being the only A grader that I would start as favorite. After a very slow neutral lap, the pace went up to race speed as various riders had a dig. I just sat on the back observing the opposition.

After about 25 min Geoff O'Loghlen decided that the pace was too slow and rode off the front, there was little reaction from the bunch and Geoff continued to pull away for a few laps. I decided to try and close the gap and as I got to the front of the bunch Phil had the same idea. The 3 of us then worked together to increase the lead. Unfortunately Geoff's earlier effort saw him dropping off. With 20 minutes to go I attacked Phil to try and eliminate the chance of being out sprinted, soloing to the flag, with Phil and Geoff doing the same for the other placing's

60-64 Group: (Mark Edwards)

60 to 65 isn't ancient. It's old. We baby boomers are getting up there. My dad was dead at 57 so I am pleased just to be around let alone be well enough to race a bike for an hour.



Bayswater





A big field of fourteen turned up to Casey Fields on a warm autumn day. The notorious breeze was just a zephyr by Casey standards. I turned up wanting to (a) do well in the Club Champs as I have been riding a fair bit in preparation for Italy in May and (b) finish a race - after being kicked up to A Grade at Christmas for Tuesday night Crits I had not managed to be able to hang on in any race and was tired of rolling along alone after being spat out the back.

We set off and settled into a steady pace. Early on the man in black (?) set out for a lap or so but was eventually brought back. After a few more feints Ken Mayberry launched and the rest of us waited for someone to pull him back. After a while it looked like he might disappear on that treeless plain so I had better make an effort. It was a serious effort to catch him so I was troubled to take a turn at the relentless pace. After my shortish pulls Ken always surged past and I had to dig deep each time just to catch his wheel. Ken was hauling us along so fast we mixed it on and off with the blokes ten years younger for a few laps. I was too tired and too scared to look back and just assumed we were pulling away although I did wonder about Chris Ellenby who I have seen win riding away at Casey before. Ken was turning those pedals with such furious energy I figured he must have been worried about a sprint finish and better sap the legs just in case. That plan was working.

With about ten minutes left scheduled Chris Ellenby did catch us. He must be a pretty handy time trailer. He didn't actually join us he shot straight past without looking back. We scrambled back on and then the fun really started. Chris and I have raced often enough to know each other's strengths and weaknesses and I wasn't prepared to let him go willingly as I knew he wouldn't stop! He sagged off and hit us at pace again and again. I was hopeful but not confident he was hurting himself more than us. I ended up with a cricked neck just trying to watch front and behind. I kept looking for the bell and when it finally came I wondered what was going to happen. I knew I would struggle to attack or lead so I just waited and hoped I might luck out. Ken manned up and led the whole lap at a steady clip, then before the last bend he took off from the front and I clung on. Just behind, Chris made such an awful frustrated strangled cry I turned to see if he was alright. He was OK, just totally spent I think. I held a length behind, kept asking my legs for more but Ken was too strong for me. He was so strong I collapsed on the line to first gear but he kept pushing so I struggled to catch him to congratulate him on a well-

Casey Fields: 5/4/14

deserved win as he had done the lion's share of the work.

I don't know how close or far behind the rest were, I was spent just getting there myself. Hopefully we'll all be back next year, older but unlikely any wiser. It was a lot of fun. I love racing my bike even though, perhaps because, it is so painful it's lovely when it stops. Thanks to everyone involved in putting the race on.

70-74 Group: (Jim Swainston)

It was extremely gratifying to see the numbers on Saturday. Eastern seem to be one of the few Clubs where people will turn up for Club Champs regardless of what they think their chances may be.

We had quite unusual conditions with a strong Easterly blowing meaning a head wind on the long back straight. Kenny Bone would have been the bookies favorite in our group and the smart money proved to be correct although the odds would have been terrible! Our tempo was mostly civilised although Geoff Cranstone threw in a couple of bursts of aggression but didn't have anyone else to help him out in that department. John Eddy and Clive Wright disappeared quietly during the journey with John trying hard not to drop a lap.

I hadn't had much of a look at Harry Hibgame until Saturday but he was quite impressive and trundled along pretty comfortably throughout. He is a Footscray Amateur from 5 or 6 decades ago, about the same time Boney was a Brunswick Amateur and I was a Carnegie Amateur (just beginning our lives!).

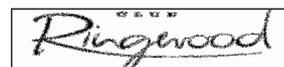
Neil had done a significant amount of work and was in charge as we got the bell and gradually wound the pace up. All was peaceful down the back straight until Boney jumped hard from the back about 80 metres prior to the last corner.

This was a good tactic as it strung us all out with nobody getting much shelter. I chased Kenny home for second with Neil hanging on well for third. Thanks to all in the age group for turning up.

These events are rather fascinating as you are going around and trying to work out how the other age groups are going. I usually end up totally confused and it isn't until the results are announced that you have much of a clue.



Bayswater





Age Group	First	Second	Third
35-39 Group (2)	Duncan Hansford	Ross Morgans	
40-44 Group (5)	Andrew Mapstone	David Holt	Laurence Lee
45-49 Group (11)	Ciaran Jones	Simon Bone	Jean-Philippe Leclercq
50-54 Group (12)	Roy Clark	Steve Ross	Guy Green
55-59 Group (12)	Rob Amos	Phillip Thompson	Geoff O'Loughlen
60-64 Group (14)	Ken Mayberry	Mark Edwards	Chris Ellenby
65-69 Group (6)	John Thomson	Martin Stalder	Harold Simpson
70-74 Group (7)	Ken Bone	Jim Swainston	Neil Cartledge
75-79 Group (1)	Ron Stranks		
80-84 Group (2)	Keith Bowen	Rod Goodes	
85+ Group (1)	Ken Woolard		
F45-49 Group (1)	Dale Maizels		

Thanks to the officials **Last Week: Casey Fields 5/4/14.**

Nigel Kimber and Ron Stranks for taking entries, Nigel Kimber (Referee), Craig Chamberlain and Michael Pearce for marshalling duties. Also thanks to Andrew Buchanan for managing the duty roster, Dave Hyde for bringing the trailer and Dean Niclasen for bringing the drink refreshments.

The Loop: 2/4/14.

	First	Second	Third
Division 1	F Short (N)	P Ferrie (N)	T McDonoughgh (N)
Division 2	A Spiteri-James	D Willet (N)	Owen Anstey
Division 3	Rob Feigan	John Neil	Shane Dwyer
Division 4	Frank Lees	Richard Maggs	Barry Rodgers

The Loop: 9/4/14: No racing

Future events:-

Eastern Vets Program: www.eastervets.com/

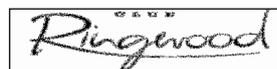
April	Date	Time	Location	Melway Ref	Event
Saturday.	12	1:30pm	Dunlop Rd.	70 K10	Graded Scratch Races (A Grade teams)
Saturday.	19	2:00pm	Metec	51 D8	GSR (Easter Saturday)
Saturday	26	2:00pm	Gruyere	282 F10	GSR
Monday	28	7:30pm	Club Kilsyth. Note change		Monthly meeting
Saturday. May	3	2:00pm	Casey Fields	134 E10	GSR

Note: Graded Scratch Race entries are accepted on the day up to 15 minutes before the advertised race start time. Handicap entries close the Tuesday before the race. Riders entering a handicap MUST pay the entry fee regardless of participation. Fees are due on race day; entrants will NOT be allowed to start in any EVCC race until fees have been paid.

No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted via e-mail to the handicapper or on any race day prior to the event.

Northern Vets Program: <http://www.northerncycling.com/>

	Race	Dist.	Venue	Time	Event
13/4/2014	Chooka's race	42/55km	Pyalong Rd, Seymour	10:00am	Chooka's Race
20/4/2014	No Racing				Easter Sunday
27/4/14	Open Age Championships	42/70km	Lancefield	9:30am	Open age Champs.
4/5/14	Ladcom Benghazi Open	77km	Lancefield	10:00am	Benghazi Open





The 17th South Pacific Championships will be held at Maryborough, Victoria, on the Easter weekend, 18th April to 20th April, 2014.

These championships are age-group competitions with road races on Friday starting at 12.30pm, a 300m sprint race on Saturday morning, 15km Time Trial on Saturday afternoon and a Criterium on Sunday morning.

Details with maps can be found on www.facebook.com/SouthPacificChampionships

Enter online on the VVCC website <http://www.veterancycling.com.au/>. Note that entries close on **April 4th** .

Annual General Meeting 24/3/14

At the annual general meeting held at the Croydon Club on March 24th the following positions were filled:-

President: Hylton Preece.

Vice Presidents: Keith Bowen, Colin Mortley and Neil Cartledge.

Secretary: Nigel Kimber.

Treasurer: Juanita Cadd.

Handicapper: Peter Mackie.

Club Captain: Jim Swainston.

Roster Officer: Andrew Buchanan.

Safety Officer: Ron Stranks.

Editor: John Neil.

These members represent the club on the committee and in other rolls. As a member of Eastern Vets Cycling Club, you, the members, are expected to render assistance to the committee when possible in such capacities as marshals at races and other functions.

