



behind  
bars

## Newsletter

Eastern Veterans Cycling Club



**Sept 13th 2013**

### **Duty Roster**

***This Week on 14th September – Casey Fields:-*** Steve Bernard, Brian Smith, Kevin Mills, Ray Watts.

***Next Week on 21st September – Gruyere:-*** Zenon Gawronski, Mal Jones, Colin Tozer, Rod White, Cameron White, John Williams, Sean Wilkeson, Gary Wishart, Boyd Williams.

**Note: Members rostered for marshal or traffic control duties must be at the circuit at least one hour before the scheduled start time to assist with the setting up of the course. (But bring your bike, you just never know). If a marshal fails to turn up for duty, a rider will be balloted to do that duty. If you cannot turn up for duty, you must find a replacement and please advise Andrew Buchanan at [tiptop2@optusnet.com.au](mailto:tiptop2@optusnet.com.au)**

### **Race reports from the weekend's racing at Ballarat and the AVCC open on Sunday:-**

#### **D Grade (Neil Cartledge)**

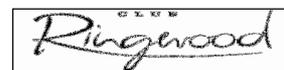
Right from the get-go, two of the local riders set a hot pace. So hot indeed that almost half the bunch was off the back before the middle of the first hill. D grade was closing on C grade before the summit having pulled about a minute off them in that initial sprint. Neil Cartledge was well out the back and didn't get the fly-wheel turning and the glow plugs alight until the short flat before the crest. He was able to close on Dean and Graeme Cadd as they went around the dog-leg. The wind made the following flat section a hard slog and the trio rode a small team time trial to the zigzag. The marshal gave Neil a green flag at the left zig, but a red flag to Dean and Graeme. This caused the two riders to lose 10-20 seconds, several

hundred metres and as a result, the assistance of drafting, critical to getting back on in these conditions.

The main bunch driven by Greg Curnow and either Terry Collie of Eureka or David Phillips of Geelong, continued to push the pace forcing Colin Mortley to eventually drop off the back sometime during the second lap. In the meantime Neil closed on Paul James just before the turn into the finish straight for the first time. They worked turns together and the main bunch came back into view with Colin in no-man's land. Eventually the three riders formed up and started swapping turns until Paul still suffering the symptoms of a persistent cold, were forced to back off. This left Colin and Neil to work together



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along the west to east section. Neil did a long turn and flicked the elbow for Colin to come through but there was no response. Neil had a quick glance over the shoulder going through the corner and found Colin was 20 metres back and a further look up the road showed the bunch was now only about 200 metres in front. What to do? To slow now with the next two legs into the wind would probably see the gap go out again and perhaps the bunch would also attack making getting on even harder. Colin looked stressed, so the decision was to keep going for the time being and if that failed, drop back to Colin.

Towards the end of that second lap Neil was able to re-join the bunch and the shelter behind David Coull was most welcome. The expected attack by the bunch to again dislodge the old bloke didn't come. It would have been a certainty in C grade! The two locals were still taking turns on the front and any attempt to share the load was spurned. Richard Dobson, Peter Mackie and Adam Dymond were close to the front at all times to be ready to jump if the two powerful men decided to attack. On the back of the bunch, David held perfect position in the wind and this gave Neil a good wheel to sit on and recover. The familiar figure of Graeme Parker was sitting quietly in the middle of the bunch looking to be riding very easy. Some things never change.

The final lap was uneventful for the most part. A couple of surges, an echelon into the cross wind, a little spurt through the zigzag and then finally Richard went to the front before the final corner, making the statement that he was going to contest the sprint.

After the turn into the finish straight, the expected wind up was half-hearted until the bottom of the last little climb. Richard was out of the saddle and out on the front and already had a little gap. The rest the group were chasing hard. But that little climb is just long enough to take the sting out of the legs. Graeme was clearly not going to contest the sprint but the other two locals were driving hard after Richard. Neil had stated his wind up later than the others and crested carrying more speed than most. As the road flattened and the big gears were being selected, one of the locals let out a cry of despair, or perhaps pain, accompanied by a slowing that disrupted Adam Dymond's sprint. Richard was well away and

eased a little but as Neil closed, Richard gave a final kick to easily take the honours. Greg Curnow followed Neil with the astute David Coull picking up the last envelope. Sadly, Neil didn't do any work on the front but was heard to be singing the ditty from Oliver after the race, "I like to pick a pocket or two!"

Many thanks to the Eureka club for putting on an excellent event and the great table of food after the event. Thanks also to BikeGearNow for the sponsorship of riding gear prizes in each grade!

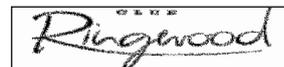
### **A Grade (Rob Amos)**

A smaller field than usual for a Teams race, with Adriatic, Croydon & Skoda down to 3 riders each, while Roy Rob & Nigel were flying solo for Bike Force, Bike Gear Now & O'Mara, along with 4 Eureka riders.

Dry, but windy conditions greeted the field (not up to Casey standards), the first few Ks were very civilised-until Tom started to stir things up, before a counter by team mate Hayden got a gap going along with Roy. A quick chase by Rob & Steve had 4 away with the gap increasing rapidly. Steve found the pace too hot and dropped back to be picked up by the chasing group driven by Phil Smith & Eureka's strong man Tony Mirrabella, whilst JP & Croyden's Andrew Mapstone got an armchair ride by blocking for their team leaders. After one & a half laps the two groups came together and started to roll through to maintain their lead. Back in the bunch, it was very negative with all teams apart from O'Mara represented, and the two series leaders, Tom & Jamie waiting to mark one another's moves. Back at the front Hayden, Roy, Rob & Phil were still driving the break whilst more turns were starting to be missed. An attack by Hayden with half a lap to go had the break spread out before it all came back together, but it showed that those missing turns were just foxing as they were the first to respond. On the approach to the finish Andrew led out Hayden up the small hill, as he launched his sprint, he opened up daylight to Roy in 2nd, with Andrew, who still had enough gas left in the tank to hang on for 3rd..



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### EUREKA OPEN HANDICAP (Rob Amos)

Some great rides by Eastern riders in Sunday's Open. Cool, dry and almost windless conditions favoured the early starters in the 58 Klm race. Eastern had 16 starters out of 83 starters, spread throughout the field with Ron Stranks on Limit, with a 6 min start on the next group containing Alan Sandford, and a 34 min start on Scratch with Roy Clark & Rob Amos. With only 4 riders, scratch had a tough job chasing 2nd scratch with 7 strong riders 1min 30 ahead, with the next bunch of 8 a further 2 mins in front. Ron set off with just Lisa Richie for company and after 15

mins found himself alone at the front as he got into his rhythm. At the half way mark he stopped to check his tyres as he thought that he had punctured on the rough surface before continuing solo to take out the \$500 first prize. (Amazing ride). Further behind the 24 min group was rounding up all the groups in front, containing Glen Pascall who took out 5th place. At the back Scratch caught 2nd scratch after 30 kms, where they started to work well together, but as they caught more groups the chase became disrupted, and they finished 4mins behind, with Roy taking fastest time, and Dave Mc Cormack also in the money. Ron did well to keep his victory speech under two hours!

### Results at Ballarat 7th Sept 2013

	A	B	C	D	E
<b>First</b>	R Clark	I Smith	N Maurer (Geel)	R Dobson	I Bishop (Cen)
<b>Second</b>	H Bradbury	M Peacock	D Smith (N)	N Cartledge	JC Wilson
<b>Third</b>	A Mapstone	C Woodgate	G O'Loghlen	G Curnow (Eur)	J Faulkner (Eur)
<b>Fourth</b>	T Mirabella (Eur)	G Pascall	R Morley	D Coull	J Jonasson (Eur)

### Results for 'The Loop' September 11th 2013

	Division 1	Division 2	Division 3	Division 4
<b>First</b>	A Giramondo (N)	C Ellenby	D Halliday (N)	L Wolfers
<b>Second</b>	D Beovich	R Wheelhouse	A Skene	R Maggs
<b>Third</b>	P Thompson	R Debernadi	P James	L Bohn

### Duty swap anyone?

Sean Wilkeson is looking for a swap for his duty at Gruyere on Sept 21.

Any takers can contact Andrew Buchanan on 0418 281 073, or by email on [tiptop2@optusnet.com.au](mailto:tiptop2@optusnet.com.au)



**Bayswater**





## How many times can you do the 1in20 in a day?

This Strava entry shows a 350km ride up and down the 1in20. This guy claims he rode it **24** times...

01/09/2013 The Basin, VIC, Australia Happy Fathers day!  
24x1in20! And how long does a fully charged Garmin last?  
Just long enough!

John V. rode on Sunday, September 1, 2013

**350.7 km**   **7,222 m**   **16:08:50**   **9,366**

Distance   Elevation   Moving Time   Calories

**John V.**  
The Basin, VIC, Australia

Follow on Strava

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JOHN'S 2013 STATS

**126**  
Activities

**8,931 km**  
KM Ridden

**124**  
Followers

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**Top Achievements on this Ride**

- PR on 1 in 20 x 4 (02:29:00)**
- 2nd fastest time on Mountain Highway Climb (00:07:28)**
- [+ 3 more](#)

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**Popular Segments on this Ride**

1 in 20	<b>25:21</b>
1 in 20	<b>26:45</b>
1 in 20	<b>25:00</b>

[+376 more](#)

**Comments**

**Joel N.** 24?!?! amazing!

**Marcus H.** Your mad...lol You wernt kidding when you said you've done it already 11 times when we passed

**Kudos**

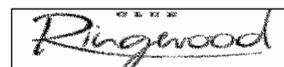
I don't think we are in breach of any copyright or individual invasion of privacy as he has made this ride public on Strava. Apparently it is genuine. What do you think??

I think he crazy!

Info courtesy of Walter Savini.



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## Future events:-

### Eastern Vets Program: [www.easternvets.com/](http://www.easternvets.com/)

	Date	Time	Location	Melway Ref	Event
<b>September</b>					
Sat	7	2:00pm	Ballarat	927 A3	Graded Scratch Races
Sun	8	10:00am	Learmonth Yacht Club, Ballarat	927 A3	VVCC Open handicap
Sat	14	2:00pm	Casey Fields	134 E10	Handicap with GSR qualifier
Sat	21	2:00pm	Gruyere	282 F10	Graded Scratch Races
Sun	22	9:00am	Launching Place	287 H2	Don Road Hill Climb TT - Handicap
Sat	28	2:00pm	METEC	51 D8	Graded Scratch Races
Mon	30	7:30pm	Ringwood Club	50 C3	Monthly General Meeting

**Note:** Graded Scratch Race entries are accepted on the day up to 15 minutes before the advertised race start time. Handicap entries close the Tuesday before the race. Riders entering a handicap MUST pay the entry fee regardless of participation. Fees are due on race day; entrants will NOT be allowed to start in any EVCC race until fees have been paid. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted via e-mail to the handicapper or on any race day prior to the event.

### Northern Vets Program: <http://www.northerncycling.com/>

1-09-2013	Eagle Handicap (Super Series - RACE 7)	65km	Broadford/Pyalong	10.00am
8-09-2013	Balliang Time Trial	20km TT	Balliang Hall, Balliang	9.30am
	VVCC Handicap - Learmonth			
15-09-2013	Graded Scratch	1hr+Bell	National Boulevard (Ford)	9.00am
22-09-2013	Graded Scratch	1hr+Bell	National Boulevard (Ford)	9.00am
	VVCC Handicap - Benalla			
29-09-2013	Spring Road Classic	60/81km	Lancefield	9.30am

### Victorian Veterans Cycling Council program: [www.veterancycling.com.au/](http://www.veterancycling.com.au/)

08/9/2013 10:00am	Open handicap (Eureka Vets)	Learmonth Yacht Club Ballarat	58k	not yet open
22/9/2013 10:00am	'George Goodwin' Memorial (Hume Vets)	Scout Hall, Coster Street, Benalla	52k	not yet open

**Note:** Entries are to be on the appropriate VVCC Open entry form (available on VVCC website) and are to be accompanied by the requisite fee.

Thank you to all the contributors for this week's newsletter.

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